

House & Garden's HOBBY PARADE



hobby lessens the tension of wartime. To find an unusual new hobby (or to brush up your lore on the one you have) see the Special Section of July House & Garden. This issue will be a forty-eight state poll of the most interesting collections and collectors in America.

Our 1942 House & Garden hobby show will be a variety show. In it, we'll photograph and describe a Lilliputian circus . . . a country store . . . voodoo drums . . . ballerina slippers . . . old china, glass, lustre, pewter, brass . . . Hitchcock chairs . . . herb raising . . . horses' bridles worn by mounts of the Kings of England . . . sea-shells . . . war medals and flags . . . old clocks, cookie cutters, toys—and many other fascinating collectors' items.

Whatever your particular *penchant*, look for splendid examples of it in July House & Garden. Take tips from experts on the fine points of collecting. Take cues from House & Garden's decorators on how to key a room scheme to your hobby.



In the General Section:

CHINESE MODERN ROOMS

July House & Garden (General Section) will raise the curtain on a new group of original rooms that will continue the brilliant trend we launched a year ago... Chinese Modern. There will be a stirring message, too, from Madame Chiang Kai-shek on the rôle that China and Chinese culture will play in the post-war world. In addition—this section will bring "how-to-grow-it" advice on roses... and a new chapter in our Civilian Defense Series explaining the latest methods of fire prevention.



Ch. Aha of Willoughby

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Ch. Aha of Willoughby, outstanding son of Int. Ch. Aha v. Lindenbuhl. Both at stud—also Ch. Helmi Flottenberg and Ch. Gold Standard v. Teckelhof—puppies and grown stock for sale.

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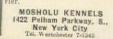
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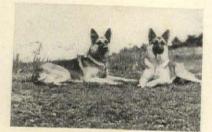
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THE DUG MAI



GERMAN Shepherds are one of the many breeds that can and will be called upon in some degree to provide solace, companionship and protection in those homes from which loved ones have gone to war. Champion Argos Schloss Kesselweiher, owner, Mrs. M. Hartley Dodge.





THE German Shepherd possesses vivid mentality, highly developed sense, plenty of temperament; is strongly individualistic and has unique powers of intelligence. These two German Shepherds, with three obedience titles, are owned by Dr. and Mrs. William R. Compton.

CHAMPION Alf, honorary member New Mexico State Police, after being wounded by a bandit, saved his master's life and caused bandit's arrest after an attempted hold-up on highway near Gallup, New Mexico. This is the second daring achievement by this brave dog.





A GERMAN Shepherd has not only a quick and ready understanding and alert response to the wishes of his master, but also affection, not lightly given but steadfast, with courage and loy-alty. B. H. Wilson owns this superb, trained, imported German Shepherd.

POLICE work is only one of the many service activities of the Shepherd. His faithful service as war dog, in the rôles of messenger, listening post sentry, wire carrier, searcher for the wounded, are a matter of history. These coming champions were bred at Giralda Farms.





No animal has a truer heart, is more capable of affection, is a better pal for children or grown-ups, than a German Shepherd. No breed has been so justly praised and unjustly condemned, nor has any breed been so exploited. Champion Lump von Piastendam. Owner, J. L. Sinykin.

German Shepherds

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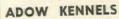


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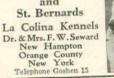
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Ben H. Wilson, owner

Rushville, Ind.





In selecting your German Shepherd, give attention at least to the following details: 1, ears clean inside. 2, clear bright eyes. 3, clean, healthy teeth. 4, good coat. 5, strong hindquarters. 6, sound feet. Baron von der Bararossagruft. B. H. Wilson is the importer and also the owner.

General appearance of the German Shepherd is a well proportioned dog showing suppleness of limb, neither massive nor heavy, but at the same time free from any suggestion of weediness. Ideal average height twenty-three inches. Joseph C. Quirk's Hexe of Greenfair.

Few breeds have been subjected to such unwise partisanship or such venomous attacks as the Shepherd. No dog lacking great and unquenchable virtues could have survived the storm. Ch. Thora v. Bern, owner, Mrs. M. Hartley Dodge, breeder of fine German Shepherds.

BOTH in Europe and the United States the German Shepherd has demonstrated the full measure of his trustworthiness, intelligence and aplomb in the splendid humanitarian work of acting as leader of the blind. Asta of La Salle with her owner, a Mr. Jackson of Omaha, Nebr.

THE German Shepherd is now appreciated for his real worth: an animal of grace, strength and agility. Smooth and harmonious in movement, he is stamped with that nobility of carriage which marks a dog of high lineage. Frank S. Kupfer's Ch. Amigo v. Hoheluft.











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Featuring German Shepherds



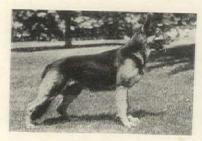
Miss Montague, blind University student and her Master's Eye German Shepherd dog, Sir Launcelot, receive a "God speed you" from railroad officials and Army enlisted men as she is about to depart for her home from the Minneapolis, Minnesota, railroad station.



Сн. Giralda's Ulla. During 1941 she was shown seven-teen times. Best of breed fifteen times; twice best of opposite sex. Placed in variety group every time. Was first, six times and won best in show three times. Bred, owned, shown by Mrs. M. Hartley Dodge.



In addition to the splendid work with the blind, there are also here and there about the country heartening cases of the Shepherd being used in connection with war activities, particularly Dogs for Defense, Inc., described last month; B. H. Wilson's Alf v. Hemetugenhofen.



THE German Shepherd is primarily a dog of high intelligence, great adaptability to training, and properly trained, unswerving obedience. Abroad he has rendered useful service as a police dog after thorough training. Ch. Pfeffer von Bern who is owned by John Gans.



THE German Shepherd, whose ancestry is recorded in perhaps the most complete and accurate stud book ever devoted to dogs, has no more wolf blood than the Boston Terrier. The Shepherd has been a pure breed for hundreds of years. Ch. Army of Northmere, Giralda Farms,

Advertisers give first attention to letters from readers who mention House & Garden.

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Long, slow curves lead the eye down a delightful flower-banked vista in Harvey C. Robb's fine perennial garden

The land and our survival

Through the present Victory Garden Campaign

we may learn responsibilities

that will decide our nation's future

PERHAPS the wisest advice the Department of Agriculture issued, among its various suggestions for the Victory Garden Campaign, was that lawns and flower beds should not be destroyed to make space for potato patches and vegetable rows. Gardens such as the charming, colorful spot on Long Island, pictured opposite, are to be preserved and maintained at all costs. The serenity of close-cropped grass, the succeeding flowers in borders, the nobility of sheltering trees—these should survive.

As the weeks roll on through this grim War of Survival, people everywhere in the United States will have to decide what in their lives is necessary for survival, what worthy of preservation. Behind our wars and economic systems lies organic nature on which we must depend for life. "The common problem of all mankind," says a recent writer, "is that it will soon perish unless it devotes its enhanced powers to the respectful culture of the earth. . . . We cannot go on subduing the earth unless we are allowing it to be replenished." We have not realized our dependence on the land. Let emergencies arise, such as the one now upon us, and we expect it to furnish a quick recovery from our most pressing calamities.

That is the bland faith so many patriotic gardeners are clinging to today. They are sure the land won't let them down, forgetting how many times they themselves and generations before them have let down the land.

Let us say, then, that the first tangible gift necessary to our survival is the land. The reality of dust bowls may awaken us to the grim fact that if we pursue our present wasting and neglect of the land, it is possible for us—we of the abundant and far-flung United States—to face starvation.

Now the value of the land to us lies in what springs from it. Plowing under the sod land of Oklahoma eventually produced the dust bowl that set a whole race of Okies wandering about the country. Generations of faithful, tireless tillage will be required to replenish the fertility in what is now a desert.

A piece of sod and a sky-reaching tree may seem worlds apart, but each is a product of the land. And to each we have been giving much cavalier treatment. So aggressively have we exploited and robbed them that their judgment will inevitably be upon us.

Due to the requirements of war, great forests are being cut down in many parts of the country. Between 1931 and 1940 the forest industries of the western states from Washington to New Mexico logged 120 billion board feet of timber. This was enough to build 2,800,000 homes, 120,000 schools and libraries, 35,000 churches and 25,000 factories. In 1940 and 1941 the army alone

took $2\frac{1}{2}$ billion and in 1942 will take almost 2 billion board feet. The navy took 450 million and this year will use 250 million more; and the end is not yet.

What is being done to replant those forests? In Washington and Oregon a determined effort is being made to plant trees as trees are cut down. Timber is being treated as a crop to be sown, grown well and harvested when ready for use. This cannot be said of all parts of the country, however. So great is the greed and so appalling the neglect that the day may soon come when the States will have to force reforestation as part of the public control of privately owned timber lands.

The great Russian philosopher Solovyev once wrote that unless we respect what is below us, it will become our master. If it is exploited it soon reminds us that we are its dependents. Responsibility to the land and the green growing things that spring from it—trees and all sorts of vegetation—is our first necessity for physical survival. This respect for what is below us is the philosophy implicit in the present Victory Garden Campaign to grow as much of our own food as possible.

But food alone is not enough to keep us alive. In choosing survivals we must also realize the actuality of man as a spiritual being and revalue those things that minister to his spirit. Food for the body's health, growing beauty for the health of that which is internal, intangible and designed to serve divine purposes. These two are linked and closely interdependent. Man cannot divorce his natural tasks from his supernatural end.

That beauty which assures his spirit's sustenance may take many forms—it may be found by some in sculpture and in painting, by others in the creation and enjoyment of the printed word, by still others in the stimulation and exaltation of music; not the least of this beauty is revealed by the physical cultivation of the soil. Only a man who with his own hands has turned the dun earth, sown the seed, nurtured the uprising plant and brought it to ultimate fruition will know what ministering angels can companion him in the process, what revelations swing out from the illimitable for his beholding, what complete nearness he is capable of feeling to that which was and is and is to come.

And if we do survive, let us learn the lesson so grimly taught us by our present-day necessities. Let us not, come peace, drop this effort to produce bodily and spiritual food, considering it merely an emergency measure. We can never go back to the old ways. This which we have learned must be the way of life henceforth. We cannot know freedom or enjoy it unless we have faith in the land and take our part in laboring to defend it.

RICHARDSON WRIGHT

The transplanting of evergreens

Midsummer is the time to plant evergreens.

These how-to drawings will simplify this job.

Shown are 7 types of evergreen foliage



DIGGING UP

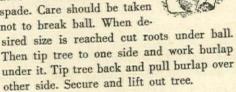
Evergreens should be balled when being moved. The same goes for new trees purchased at the nursery. This way the roots are intact and the tree



won't mind the move to a new spot. To ball, dig a trench about the entire tree. Trench should be farther away from trunk than size of ball. Depth governed by size ball desired.

SHAPING BALL

The next step is cutting away soil to form the ball. This is done with the back of the spade. Care should be taken not to break ball. When de-



PREPARING SPOT

The hole made for a new tree should be at least 10" larger than the ball. Cart away soil and bring in good garden loam. Work soil at bottom of



hole and put in several inches of rotted manure. Place tree at same height as it was formerly planted. Unfasten burlap and push down at sides. Don't take out as it will rot.

PLANTING

Don't fill in about tree with soil removed from hole. Bring in good top soil and use this. Water is important and the hose should be left running



slowly into hole while it is being filled. This packs down soil and excludes air. You should also pack soil with pressure. Make basin to hold water on surface.

SUPPORTING

Evergreens of any size will need to be supported or they will be blown off line by wind. Don't just tie on wires, but first wrap the trunk with bur-



lap and then attach wire. This keeps wire from cutting into the trunk. Three wires on different sides are sufficient. Anchor them securely to stakes and twist them tight.

WATERING

Water is the most important item in the life of a newly planted evergreen. Each small needle on an evergreen is a small storage tank for



water and they must store up sufficient quantity to carry them through Winter. Evergreens then, must be soaked regularly twice a week right up until the time the ground freezes.

MULCHING

After the ground freezes a manure mulch should be put on the ground at the tree's base. This will keep soil from alternate thawings and freez-



ings which are apt to heave tree out of the ground. In the Spring this mulch should be turned under when the soil is worked. Of course, this will supply valuable organic food.

PROTECTION

Newly planted evergreens should be given some manner of protection from the wind during the first Winter as wind and burning Winter



sun is apt to dry them out. One good way is to stretch burlap around most exposed sides. Another is to enclose tree in small frame covered with burlap or build a lath shade.



KEY TO EVERGREENS

- 1. Aborvitae
- 2. Irish Juniper
- 3. Taxus
- 4. Hemlock
- 5. Pine
- 6. Fir
- 7. Juniper

How to grow various irises

PLANTING

Tall bearded iris demand no special soil requirements. It is true that larger flowers will result from enriched soil but garden loam will grow them well. They have but two requirements—adequate sun

requirements—adequate sun and drainage. In planting, the rhizome should rest on the ground and be only partially covered for the best growth.



DIVIDING

There is no set rule for dividing iris. That is you can't say that they should be separated every 3 or 4 years. You have to judge whether they need it or not. This is obvious if rhizomes

appear crowded and flowers small. July is the best time to lift the clumps and cut them into strong, single rhizomes for satisfactory plants.



IRIS ROT

There are also few diseases that affect iris. Iris rot, however, is common in wet seasons and will cause trouble if left unchecked. Destroy affected clump if possible. If expensive variety cut away all signs of rot and dust the cuts and rhizome with sulphur.



Iris which grow from rhizomes prefer to be grown on the dry side. In fact too much moisture will cause rot. Japanese and Siberian and other tangled root sorts like water.

The leaves of water loving types will, if held to the light, show dark blotches. Soak them by removing nozzle from hose and placing at roots.

Place in sun and allow them

to dry out well.



BULBOUS IRIS

Dutch and Spanish iris are perhaps the two best known bulbous iris. These grow from bulbs which are put into the ground in the Fall. In severe climates they should be well mulched to assure their com-

ing through the Winter. They like a rich, well-fed soil. Plant Dutch iris 5½" deep and Spanish 4" deep.



IRIS BORER

Iris are relatively free from insect pests which affect other garden plants. The iris borer is the chief trouble maker. Just as flowers appear, tiny punctures may be seen

on leaves and this means the borer. Remove leaves and burn. When dividing cut away all spots where borers have eaten into the rhizome.



RESETTING

To obtain an immediate clump effect when resetting rhizomes they can be planted in groups of three. The distance apart should be from 8" to 18" according to the effect desired. Remember that iris

desired. Remember that iris are most attractive when used in clumps in the border and that there are species good for rock gardens.



FALL CARE

Iris foliage should be cut down to within a few inches of the crown the latter part of August or early September. Cart away these removed tops and burn them as they

are apt to contain borers. A general cleanup should be done around them and if any signs of rot are seen get at it at once. Don't Winter cover.



Practical pointers for the general garden treatment of iris throughout the year. Illustrated are some of the many types that are easy to grow

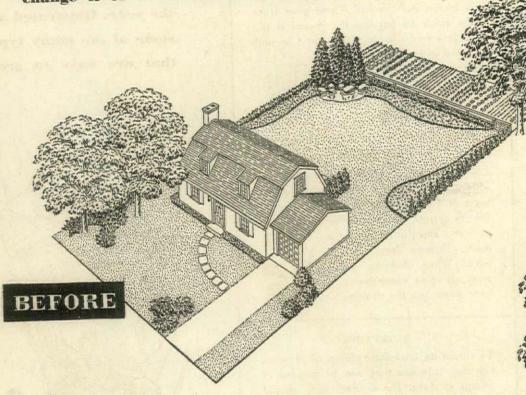


KEY TO IRIS TYPE

- 1. Japanese
- 2. Bearded
- 3. Beardless
- 4. Oncocyclus hybrid
- 5. Siberian
- 6. Spanish
- 7. Dutch

Adding fruit to the small plot

Here we take an average small suburban plot and, using fruit as planting material, change it to a well-landscaped garden



ABOVE (before) is a small, nicely planted plot. It has a trim foundation planting, well-kept lawn bordered with flowers and a vegetable garden. It is similar to many gardens found in every suburban section. The owner has a vision of gradually enclosing the garden area with plant material that will afford privacy and increase the value of his home.

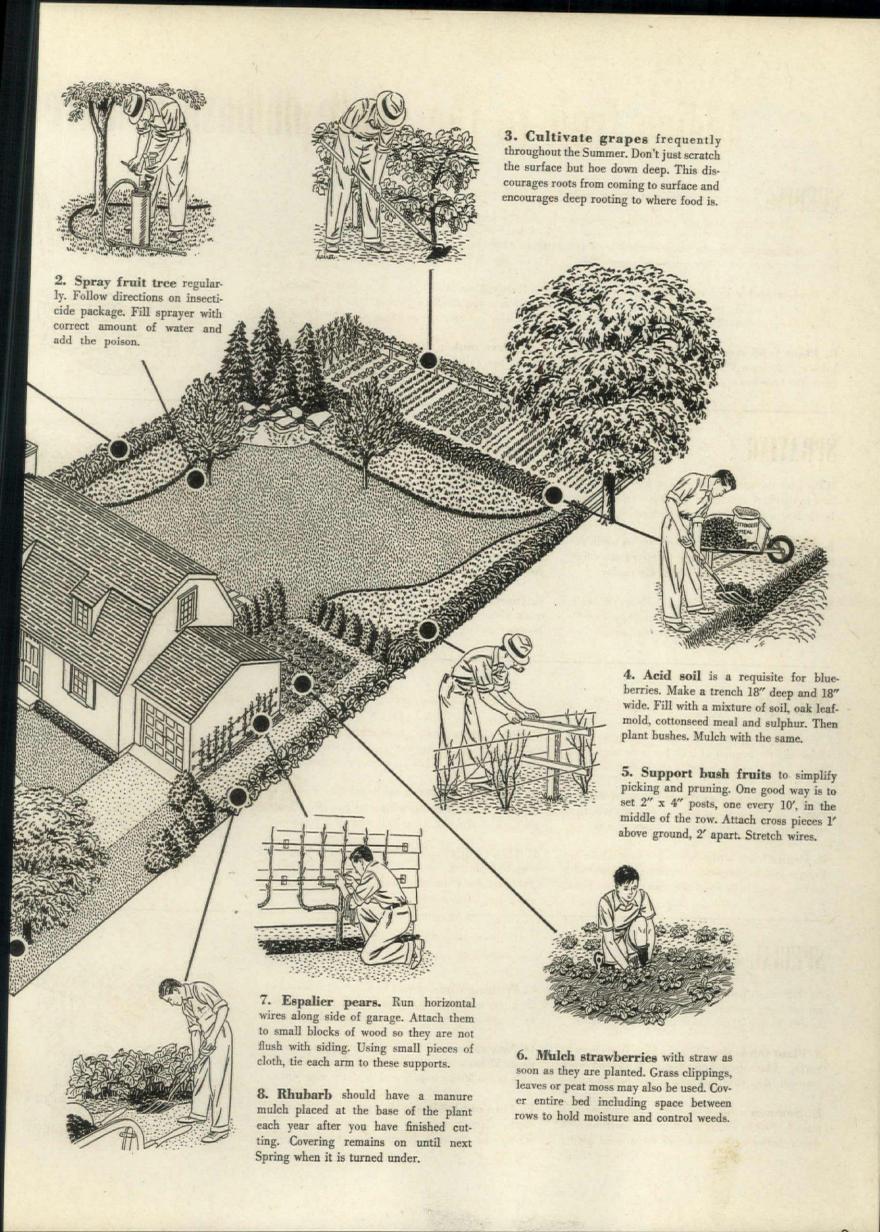
At right House & Garden shows how this can be done (after) with a modest expenditure for fruit trees, berry bushes, strawberry, rhubarb plants and grape vines. We have kept in mind that there must be good lawn space, adequate room for flowers and vegetables and, at the same time, we have achieved an attractive and well-laid-out Victory Garden.

(1) We have extended the flower bed further into the lawn, to make a more pleasing line and at the same time allow space for a background planting of blackberries. (2) A pair of dwarf fruit trees placed on either side of the pool gives this corner balance. (3) The fence separating flowers from vegetables was moved to back of lot to accommodate grapes. (4) In its place we planted a hedge of blueberries and extended the flowers a bit forward. (5) The line of this flower border was changed to harmonize with the rest of the garden and to make room for a background of raspberries. (6) Waste space behind garage was made into a strawberry bed, bordered by a gravel path. (7) Espalier pears were planted against side and back of garage. (8) On the opposite side of path we fitted in a row of rhubarb. (9) To balance large shade trees we put in a full size apple tree.

In this Victory Garden you can easily grow your own fruit for the table and have plenty left over for canning and making jams and jellies as recommended for every home owner by the United States Department of Agriculture as a part of the Garden for Victory campaign.



9. Planting apple tree. Make hole at least 10" wider and deeper than size of ball. Work soil in bottom and add enough loam and manure to set graft on tree's trunk just below the ground. Fill.



Care of bush and tree

FEEDING

The proper soil and a constant supply of food are the most important steps in the growing of fruit in the garden. Here are a few practical suggestions.

A. Proper soil is important in the growth of a young fruit tree. Dig the hole deep and work soil well, mixing in quantities of rotted manure.

B. Plant food should be given in Spring. Bore holes at roots about 8" deep extending under tree as far as the branches spread. Fill with food; water in.

C. Cover crop of grass allowed to grow up under trees is invaluable to restore natural food to soil. This is especially good in small orchards.

D. Cultivation about tree is needed to keep ground in shape. Really work soil, don't just hoe it. Turn under any cover crops, to supply natural food.

E. Manure mulch placed on ground under fruit trees in the Fall builds up soil during Winter. Be sure manure is well rotted. Dig in, in Spring.



SPRAYING

If the fruit you grow is to be good, insects must be kept in check. A systematic schedule as shown here is the best way to eliminate these worries.

A. First spray is of miscible oil put on while the tree is dormant. Spray should be mixed according to directions, applied on a warm Winter day.

B. Second spray is applied as the buds are swelling and before the leaves break. Consult your seedsman for the best type of spray for your section.

C. Third spray goes on the tree as the blossoms are falling and the tiny fruit is forming. At this spraying a stomach poison is usually recommended.

D. Fourth spray should be given when the fruit is about one third developed. Here again a stomach poison, such as arsenate of lead, is best to use.

E. Insect bands about 6" wide painted around trunk about 10" above the ground. This will stop insects crawling up tree. Use a prepared paint.



PRUNING

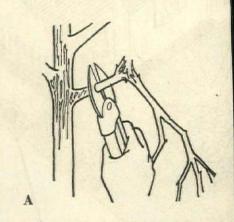
Unless properly pruned, fruit trees will grow out of shape and the amount of fruit borne be negligible. Prune each year as shown in these sketches.

A. Broken branches should be cut off immediately. Make the first cut away from trunk and then trim branch off evenly at trunk. Paint over the cut.

B. Prune back whips while dormant. These are straight-growing branches sometimes confused with suckers. Shorten to about 5"; thin out if too thick. C. Side shoots growing from cut back whips are taken back to 3" as soon as they are 5" long. This is important as next year's fruit grows on these.

D. Empty spaces in tree can be filled in by proper pruning. Select a strong whip and cut above outfacing bud. Rub off other buds and allow to grow.

E. Thin fruit when it is about half grown. Go over branches and cut out smallest and poorest shaped. This enables remaining fruit to mature larger.



SPECIAL CARE

Small fruits of bush type are easily grown. In every garden there is some space in which they can be raised. Follow these pointers for best results.

A. Plant food should be given bush fruits in early Spring. Place food around each bush and work into soil. Best time to apply is just before a rain.

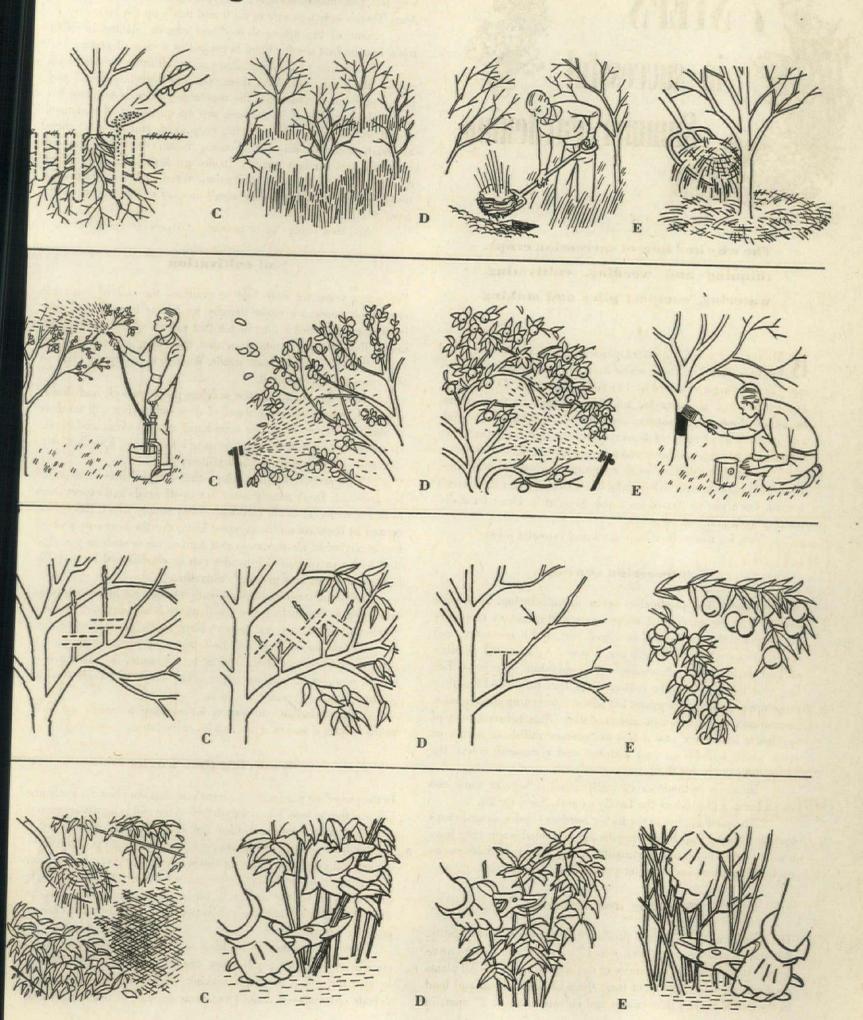
B. Summer mulch of grass clippings or peat moss is good to retain moisture and control weeds. Apply between the rows and up around plants. C. Fruiting canes should be removed as soon as fruit has been picked. These should be cut clear to the ground. New canes grow up to replace them.

D. New canes on raspberries should be cut back about 5" when about 2' high. Simply cut off tops. This keeps bush compact and produces more fruit.

E. Thin out bushes in the Spring before growth starts. Remove weakest canes, leaving 8 or 10 strong ones on bush. Remove Winter-killed wood.



uits in the garden





The why and how of succession crops, thinning and weeding, cultivating, watering, compost piles and staking

BY Midsummer seven important gardening operations swing into full-time activity. These seven are: (1) successive crop sowing, (2) weeding and thinning, (3) soil cultivation, (4) watering, (5) composting, (6) spraying and (7) staking. To them should be added three more—sowing for next year's crop of biennials and perennials, pruning of flowering shrubs and trees that have bloomed in Spring, and lawn and edge maintenance.

In order to do this work adequately, schedule your time. Have both outdoor and indoor jobs listed so that rainy days aren't wasted. Once you've started on a job, keep at it. Don't let a distracting weed pull you off a task.

Now for those seven important and essential jobs:

Succession sowing

What straight line production is to manufacturing, successive sowing is to the garden—it keeps crops rolling out. A crop produced and gathered, the soil is turned over, fed if necessary, and a new crop seeded. Early peas are followed by a second planting of bush beans and early onions by another line of carrots. For late planting use varieties indicated for that purpose. Long-time crops are grown by themselves, but where intervening space allows, short-time crops are run in and produced. Thus between rows of turnips, a long crop, sow a line of Summer radish or lettuce or cress which will be up and matured and consumed before the turnip foliage crowds the rows.

By these methods every inch of soil is kept at work and a small area will produce the family's quota. See page 20.

The same applies to the flower borders—quick annual crops such as alyssum and baby's breath are replanted when they have begun to cease flowering. Fortnightly setting out of gladiolus corms up to August first keeps flower production up until frost.

Weeding and thinning

The purpose of thinning is to produce quality rather than quantity. Whether vegetables or flowers, it is better to grow a limited number of plants well than a quantity of mediocre starvelings. All plants need elbow room. They want their share of soil and sun and food in the earth. So you thin onions and carrots to about 2" apart in

the row, beets 3"-4", lima beans 8", snapbeans 4", chard 12", kale 16", peas and spinach 1". This spacing requires ruthless thinning. There's only one way to do it and that's on the knees.

Some of the uprooted seedlings can be planted in other rows, but the best use for them is cooked as a mess of greens.

At the time of thinning, also pull up all infant weeds which appear along the rows. Take them root and branch. A weed may be a flower out of place, but the vegetable garden is no place for them. They grab food in the soil, sop up quantities of moisture, crowd and push, thereby reducing crop yield, and many of them are host plants for diseases. Weeding is an essential process in maintaining a sanitary garden. It also gives the plants you want to raise a chance to attain perfection. Weed early and half your troubles are solved. Keep after weeds as soon as the soil has dried from Summer showers.

And that brings us to another soil process-cultivation.

Soil cultivation

For many years we were told to cultivate the soil of vegetable and flower gardens because thereby we let air into the soil and, in dry times, formed a dust mulch that preserved the moisture beneath. Recent experiments show that the main purpose of cultivating the soil is to eliminate weeds. We also break up the crust so that rains may penetrate it.

If in the beginning the soil has not been well and deeply prepared, apparently no amount of deep cultivating will improve it. Shallow cultivation, on the other hand, cuts off weeds and breaks up a semi-baked crust. If extra feeding is advisable, a shallow stirring will suffice to work in the fertilizer.

This process is done with either a wheel hoe or a scuffle hoe and rake. Don't merely cover up cut-off weeds and expect them to be smothered to death forthwith—they simply won't. Rake them up and let them rot on the compost heap. For the long row a wheel hoe is advisable, shorter rows and broken areas such as you find in a flower or rose garden border can be conditioned by a scuffle hoe, a small hoe, or a pronged cultivator.

Above all, avoid deep cultivation which might disturb roots and bring to the surface moist soil where it will dry out. Quite a number of vegetables and flowers have roots just under the surface and hacking at them will be fatal to the plants. Better use a surface, pronged scratcher. And as for moisture, the place this is needed is under the surface where roots, which take their food in solution, can easily make use of it.

While shallow cultivation is contrary to much we have heard before, it makes sense. It also saves labor.

Watering that works

In the preceding paragraph we have said that the place for moisture is below the surface. When the surface of the soil is lightly scratched rains will more easily penetrate the earth. Usually in Summer a hot day follows a day of rain and weeds soon spring up. It has been the general custom to cultivate the soil, say, the day after a rain. We believe it would be the better part of wisdom to wait a couple of days—wait till the surface is fairly dry (for no soil should be worked when wet) and the cultivation then will also take care of aspiring weeds.

Artificial watering by hose or overhead mechanical sprayers can only benefit plants when enough water falls on one spot to give the soil a thorough soaking. Merely to coat the surface defeats our ends—it doesn't penetrate enough to reach the roots.

Water channels each side of the vegetable rows and seeping water into a border through a porous fabric hose are sound methods of irrigation. Certainly they are most desirable for rose gardens where night overhead spraying will induce blackspot.

Where, in times of dire drought, a shrub or tree needs watering, punch holes around the perimeter of the foliage and seep water to the roots through them. Several sub-surface watering tools for this purpose are on the market.

Compost pile

No man or woman who burns a leaf, save it be diseased, is worthy to be called a gardener. Even on the smallest plot some corner can be found for a compost pile. As we pull up plants that have given their crops, accumulate grass clippings, weeds, sods, these can be hauled away and, for the time being, be heaped as we dump them. Then, on a slack day, start making the compost pile—a foot of leaves trodden down and soaked, 6" of soil and sods and manure if you can get it, then another layer of leaves and garden refuse. Make the base 5' wide and slope the sides. Dust each layer with a balanced fertilizer or sulphur phosphate and lime. Keep watered, tread down. Rotting can also be speeded by specific chemicals. An English formula for this purpose consists of 60 lbs. ammonium sulphate, 66 lbs. ground limestone and 20 lbs. superphosphate.

The purpose? To make leaf mold, compost. Return this to the soil the following year, after the heap has been turned over two or three times, and you are giving back to the land at least a measure of the fertility your plants have taken from it.

Pests and diseases

As Cynthia Westcott wrote in the April House & Garden, the first step in combating garden pests and diseases is to keep your garden clean. Thorough preparation and fertilizing of the soil will assure plants more capable of resisting diseases than those which struggle for existence underfed.

Nevertheless none of us can avoid a certain amount of spray-

ing and dusting. We must be prepared with both spraying material and equipment not only to slay the varmint when we find him but to condition the plant so that poison already is there awaiting him when he makes his attack.

Most of the bugs that devour foliage and root attack from underneath. Spray the undersides of leaves and adjacent soil. Complete coverage is the secret of successful spraying.

Another secret is proper preparation of the materials. Follow the directions on the package. Spray often rather than giving an overdose that may injure the plant. Wash the sprayer after each application so that it is ready for instant use.

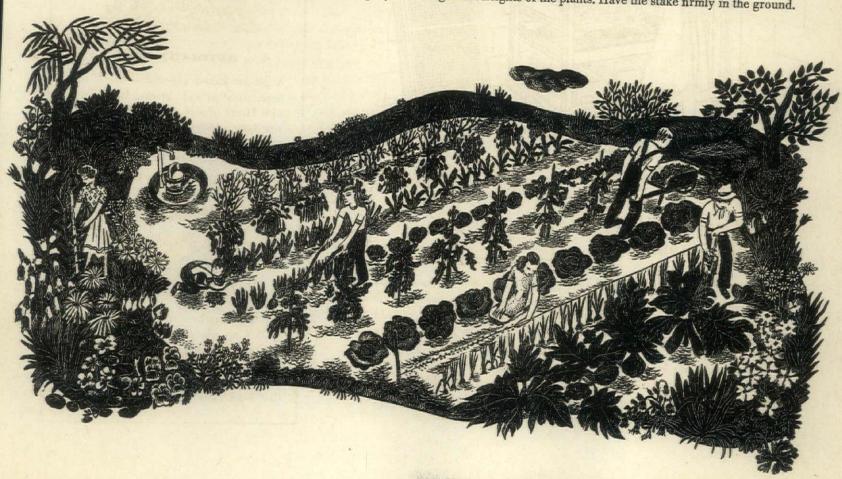
With most spraying preparation comes sufficient literature by which the amateur can recognize his foe and the treatment to accord him. We also suggest that you turn back to Miss Westcott's article for further particulars, especially as to the pests and diseases that attack vegetables in the Victory Garden.

Staking is an art

The average untrained amateur makes a pretty poor fist at staking. Either he bunches his tall plants and lashes them to the stake till they are almost squeezed to death, or he is not skillful enough to hide his stakes.

Stakes are used to support plants that might be beaten down by wind and rain or fall down by the weight of their own flowers. In vegetables, stakes are used to lift the plant off the ground where it will get the maximum of sunlight and air. The secret of the art is to tie the stake to the plant. Bind the stem or stems by the cord, cross it and then tie it to the stake. This will leave the plant free to grow and will allow for "play". In flower borders cover as much of the stake as possible with foliage.

Soft cord which will not injure stems is accepted material. There are many kinds of ties. For instance, pieces of rag are good for securing tomatoes to their stakes; and there are also those wonderful commercial ties, which your seedsman has, that you just have to twist and they're fast. Various heights of stakes are used according to the heights of the plants. Have the stake firmly in the ground.



Storing Victory crops

How to keep vegetables and fruits in soil and under cover for Winter supply

THE oldest and simplest methods for preserving vegetables and fruits over winter are: (1) housing the tender kinds in a storage cellar and (2) burying the hardier sorts outdoors. This cellar may be dug into the side of a hill and insulated to keep out frost or it may be located in a cool corner of the average house cellar. Many people have found the rear of a garage sufficiently dry and ventilated to keep fruits and vegetables in condition.

Hardier kinds can stand the rigors of Winter if buried in well-insulated caches outdoors. The only drawback is that you have to re-stack the covering after each visit-not too arduous a job, however, and well worth the trouble in

these times when more and more things are being rationed.



The dark cellar corner or the rear of the garage in which you plan to store surplus fruits and vegetables should be dry and have fresh air circulation. If air is inadequate, provide for it as shown. You should also have a rack to hold screen trays of onions, boxes of sand for carrots and French endive and flat surfaces for fruit.

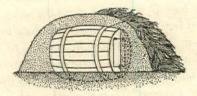
By planting late varieties you have tender vegetables to store. Avoid saving old beets and carrots. Keep temperature 35°-40° so vegetables remain dormant. Store squash and onions in good air circulation. An electric fan will circulate air, dry excessive moisture and lower or raise temperature.

Four methods of preserving vegetables outdoors



BURY IN THE EARTH

A pit 1' deep and 3' wide and as long as you need can hold transplanted carrots and celery. These are hilled up with soil till practically covered and then insulated with a heavy coating of straw. Uncover plants at one end of row as needed.



STORAGE BARREL

A barrel with a door cut in one end will store quite a lot of vegetables. It is sunk into the ground about 4" and, after packing, insulated with 1' of soil and one of straw. Keep doorway well mulched to keep from freezing to facilitate opening.



VENTILATED HEAP

A pit for mixed vegetables-beets, cabbage, parsnips and carrots-is insulated with layers of soil and straw and has a ventilator which can be closed easily in extremely cold weather. Be sure to set traps or poison bait for rats and mice.



CABBAGE CACHE

Cabbage may be stored as shown here or pulled up whole and the roots set in a box of moist soil in the root cellar or garage. Keep them as cool as possible without freezing and fairly damp at roots but don't allow water to wet the leaves.

How to increase perennials

Practical suggestions on four methods of increasing perennial plants now growing in your garden



1. Perennials from seed are easily started. The soil should be well prepared: ½ loam, ½ peatmoss and ½ sand. Seedlings should be thinned out while small. When they have reached sizeable growth, transplant to pots. Make potting mixture of equal parts loam, leafmold and peatmoss. Lift carefully and set in pot, firming soil.



2. Transfer to coldframe after seedlings have been potted. You will find they'll Winter better in frame than if set right into the garden. The plants should be kept well watered during growing period. Ventilation is another important factor. Keep sash open so as not to force growth. Keep covered in Winter but open to change air.



3. Wintering plants in garden can be done if a coldframe is not available. You are apt to have some loss, however. Set them in a protected spot and keep cultivated to force growth. After ground freezes, mulch well with straw or salt hay for Winter. Softcrowned plants should be covered with strawberry boxes before covering.



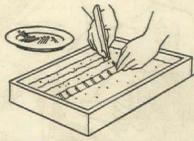
4. Perennial divisions are made in the Spring or early Fall with the exception of a few, like Oriental poppies, which are separated in August when they are dormant. To divide, lift the entire clump from the border and remove enough soil to see roots. Then cut apart in sections with a sharp knife. Make new clumps with 3 or 4 stalks.



5. Resetting divisions should be done immediately after they are made. Work the soil and have it ready before lifting the clump. Dig the soil well to a depth of 18" and incorporate well-rotted manure. Then set divisions in permanent spot. Make hole large enough to accommodate roots freely, fill with water and firm soil about roots.



6. Root cuttings are easily taken from heavy rooted perennials such as phlox and Oriental poppies. Remove plant from growing spot and wash away all soil from roots. With a sharp knife cut heaviest roots into 2" pieces. The roots must be kept damp and away from sun to prevent their drying out. Covering with damp burlap is good.



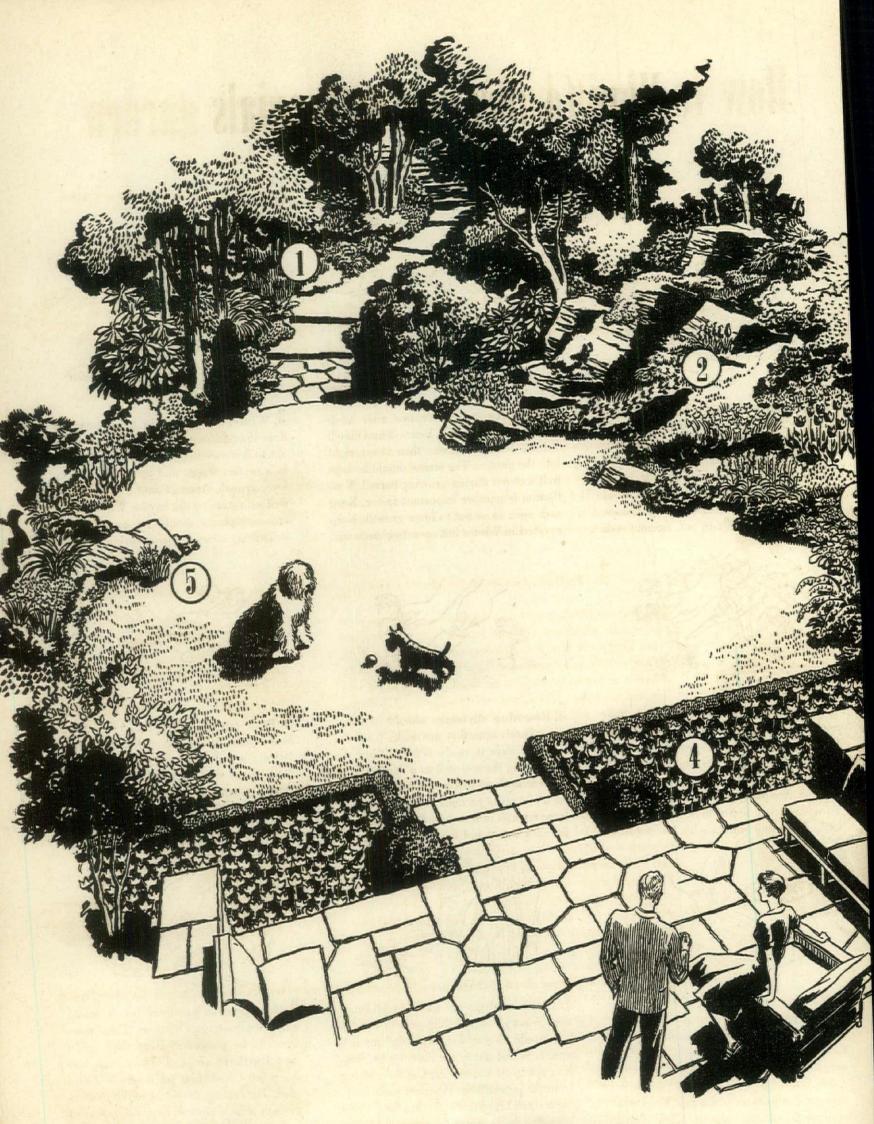
7. Rooting cuttings made from roots is a simple process. Fill an ordinary seed flat with sand. Soak the sand thoroughly and then mark off in rows. The sections of root are planted on a slant and spaced about 1" apart. Cover ½" deep with sand and over this put damp leaves or burlap. Keep covered until sprouts appear. Keep damp.



8. Plant cuttings are taken in Midsummer. Select strong, healthy growth such as you would choose for "slipping" geraniums. It is best not to use newest growth as it is apt to be too tender. Cut the cutting from the perennial at the main stalk, leaving a small bit of this stalk attached. Place immediately in water to prevent wilting.



9. Root growth powders are an untold aid to the rooting of cuttings. These powders can be purchased from your seedsman. Dip the rooting end of the cutting into the powder and then set it out in damp sand. The cutting should be moist so powder will adhere to stem. Keep newly set out cuttings shaded and never let them dry.

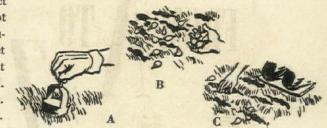


Bulbs make this garden as colorful in early Spring as in Midsummer

How to plant bulbs for next year's garden

I. Naturalizing daffodils along a garden path or in a woodland spot

(A) Bulb planter removes soil and turf making hole correct size for one bulb. You may also use a trowel, though not as easily, making hole 5" deep. This is for planting irregular groups of bulbs. Place sand and bonemeal on bottom, set bulb and cover. (B) Broadcasting is the best way to plant quantities of daffodils. Dig soil well leaving it unworked. Sprinkle with bonemeal. Scatter bulbs over area freely. (C) Set bulbs upright and push into soil 5". Rake over area.



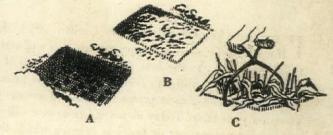
2. Planting specie tulips and other small bulbs in the rock garden

Many smaller bulbs such as specie tulips and daffodils, grape hyacinths, crocus and others are ideally suited for the rock garden and will flourish there if care is taken in their planting. (A) With a garden trowel dig out soil to about 10". Put in about 6" of good garden loam. (B) Make a base of ½" sand and put in as much bonemeal as will cover end of trowel. (C) Place bulb and cover to proper depth for each variety. Pack soil down well to exclude pockets.



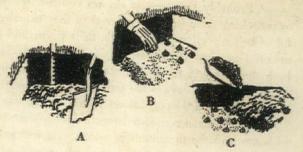
9. Tulips planted in drifts for early color in the perennial border

(A) Dig out planting spot to a depth of 7". If soil is poor take out an additional 10" and replace with good garden loam. Tulips will give better bloom each year if lifted after foliage withers and replanted in Fall. To simplify this make a basket of hardware cloth to fit hole. Place sand on bottom and set bulbs. (B) Cover with good soil. (C) Entire basket, bulbs and all can be lifted easily with ice tongs. Baskets also eliminate any trouble from moles.



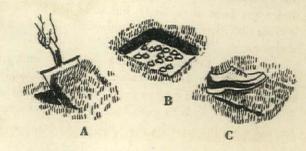
4. Tulips used solidly in formal plantings or as an early border

(A) Dig out entire bed to 7" whether it is a large bed or just a small border. You'll find it much easier and faster to plant if you follow this procedure. (B) After digging out, cover bottom of whole bed with sand about 1" deep. Place bulbs about 6" apart each way. (C) To cover bulbs put a little soil around them so they will stand erect and then replace soil. Pack it down well and after the ground freezes cover with straw or salt hay for Winter.



5. Crocus and other small Spring flowering bulbs planted in the lawn

Bulbs planted in groups of 8 or 10 bulbs in the lawn make a welcome sight in early Spring. By the time the grass is ready for its first cutting their foliage will be withered and can be run over with the lawn mower. Each year give them a feeding of plant food after blooming. (A) Carefully lift piece of sod large enough to accommodate bulbs. (B) Work soil in bottom of hole and place bulbs. (C) Cover bulbs with good soil, replace sod and tamp it back into place.



FROM A TO 7

Jean Freeman brings the Victory Garden into the kitchen and transforms it into a succession of memorable dishes

If you have planted that Victory Garden which the Editors of House & Garden have been promoting, you will certainly want to utilize your crop to the best advantage. But even if you lack the ambition or the facilities to become a small-scale farmer, vegetables in the face of rising meat prices are going to assume a new significance on your table. Today as never before you will want to avoid serving limp asparagus or tasteless spinach which the family eats only under protest. Just because you have come to recognize the importance of Vitamins for Victory, you are going to try making them joyful to consume.

Probably the greatest sin we commit against vegetables is over-cooking them in more water than they actually require. Fearful of being negligent, we throttle their flavor and boil away their essential properties. In view of this common failing, I'd say that both the best and the most patriotic investment any householder could make these days is the purchase of a pressure saucepan. The initial outlay is a thousand times repaid by the results.

If you have ever tasted vegetables cooked with the minimum of water and the maximum of speed, you will never want to eat vegetables cooked in any other way as long as you live. There is, of course, no guarantee that a pressure saucepan preserves all the valuable constituents of a vegetable (some of them inevitably escape under any form of cooking), but according to the view of today's leading nutritionists, less vegetable value is lost under steam than under water.

Failing the purchase of a pressure saucepan, try to cook vegetables in just as little water as you can possibly manage. For this purpose I would suggest a good stout aluminum pot with a closely fitting cover, built to resist heat without the undue use of liquid. Use it for vegetables only. Your palate and health will profit.

Asparagus

This delicious green is with us for such a comparatively short time that it seems never quite to cease being a luxury. Treat it accordingly. To cook asparagus (after careful scraping and cleaning), tie it first in portion-sized bunches and place, heads down, in cold

water until ready to use. Plunge it then into rapidly boiling salted water, covering the stems only. When these are tender tip over the bunches so that the ends too are submerged (these take only a short time to tenderize) and continue to cook without cov-

ering until the entire stalk is soft, but not floppy. A rectangular asparagus cooker with a removable tray is the most satisfactory cooking utensil in this case.

While the asparagus is boiling, brown some sweet butter by placing it in a small iron skillet to simmer. When it shows color, remove it from the flame. After careful draining—the secret of fine asparagus depends chiefly on thorough draining—place the stalks on a hot platter, remove the strings, and pour over them the browned butter and serve at once, accompanied by a bowl of freshly grated Parmesan cheese.

If you intend serving a Hollandaise sauce, however, cover the platter with a fresh, white napkin and place the drained vegetable on this.

Cooked in a pressure saucepan, asparagus takes ½ minute at 15 pounds of steam and keeps its verdant color.

Beans

Waterless cooking is the answer if you want the ultimate in stringbeans. Use only enough boiling salted water to cover the vegetable you have on hand; add the beans, and when the water has resumed a merry bubbling tune, seal tightly, reduce the heat and simmer at

just the boiling point until the beans are tender. Fresh young beans require only about 25 minutes to cook in ½ cup of water. Since the water is almost entirely absorbed by the time that they are tender, much of their color and their perfume is retained.

I like beans divided into the thinnest imaginable slivers (a "beaner" does this with a minimum amount of wasted motion) but the broad variety of green bean is delicious if left whole, especially if they have only recently come from the garden. Still another school of thought approves snapping them or cutting them with a sharp knife into inch size pieces. Wax beans especially respond well to this treatment. No matter what their shape, after boiling drain thoroughly and reheat with sweet butter, salt and white pepper.

Should you care to vary your program, try them à la Creole, mixed with minced green pepper, sliced onion and peeled tomato quarters, or in the form of purée. Both of these, served with fresh pork sausages and thick buttered squares of white toast, form the basis of a pretty fine weekend luncheon. Sweet-sour beans are miracles of goodness, too, as an accompaniment to boiled smoked tongue or roast of veal; and bean salad, to my mind, is the tastiest escort on earth for cold meats or leg of lamb. Lots of chopped parsley and lots of finely chopped young scallions should animate this salad, and the dressing, which should be on the tart side, is applied while the beans are still warm. For sweet-sour beans you proceed in this fashion:

SWEET-SOUR BEANS. Clean, sliver and cook stringbeans. Then make the following sauce: Melt 1 tablespoon butter in a deep saucepan. Mix with ½ tablespoon flour. Add ½ cup soup stock or the same amount of water in which the beans were cooked, 1 tablespoon vinegar, ½ tablespoon sugar, pepper and salt to taste. Heat this, stirring constantly, until it is fairly thick. Check for seasonings, add cooked beans, reheat and serve hot in a deep bowl.

Beets

Overcooking ruins young beets. They are done when easily pierced by a table fork and should then be immediately removed from both flame and water. In cutting away the tops and root tendrils, do not clip too closely lest the beets "bleed", resulting in loss of color, flavor and mineral value. Present them with melted

butter, please, enlivened by a few drops of lemon juice. And don't forget that very, very young beet tops stripped of their tough veins, cooked in soup stock slightly acidulated with lemon, drained, chopped fine



and covered with a cream sauce make really palatable eating.

Diced beets, spiked with onion rings and assisted by a vinaigrette dressing, constitute a beautiful hors-d'œuvre, and unpeeled,
washed and baked beets are infinitely more delicate than the boiled
variety. You serve them just as you would a potato, whole, peeled
and accompanied by butter, salt and pepper. In a pressure saucepan,
beets take only 15 minutes to boil.

Broccoli

This aristocratic vegetable when cooked for only 1½ minutes under pressure is, I promise you, like no other broccoli that you have ever eaten. Its color is a visual delight. It achieves a wonderful, almost nutty flavor. In the third place, all those important vitamins and

minerals recommended for our well being and energy are preserved. To cook broccoli in a pressure cooker, you will have to slice the stems. These, plus the well-washed curds, are then cooked together. After cooking, drain the green well and serve it on a



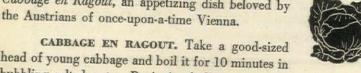
napkin-covered platter. Melted lemon butter, buttered browned crumbs and hard egg, or Hollandaise sauce, are all suitable company for broccoli, but if you'd like a piquant note at your meal, you might try a hot vinaigrette sauce.

HOT VINAIGRETTE SAUCE. Combine 1 tablespoon tarragonflavored vinegar, 2 tablespoons cider vinegar, 6 tablespoons good salad oil, ½ teaspoon paprika, 1 teaspoon salt and a dash of white pepper. Heat, but do not boil, in a small saucepan. Remove from the flame and add 1 tablespoon each of chopped chives, capers and cucumber pickle. Mix well and reheat.

Cabbage

A tablespoon of vinegar added to the water in which cabbage is boiled destroys the cooking perfume. Cabbage should never boil rapidly nor, if new, longer than 20 minutes. Drain it scrupulously before serving and don't be niggardly with the pepper and salt.

For a slightly more sophisticated edition, I suggest Cabbage en Ragout, an appetizing dish beloved by the Austrians of once-upon-a-time Vienna.



head of young cabbage and boil it for 10 minutes in bubbling salted water. Drain it of all moisture and chop it rather coarsely. Put in a saucepan ½ cup sweet butter, allow it to melt, and add the cabbage meat with salt, pepper and ¾ pint of bouillon (the canned will answer). Cover and let it simmer slowly for about 1 hour. When nearly done, uncover the pot to see if the gravy is about exhausted. If not, uncover and cook rapidly over a slightly higher flame in order to evaporate the superfluous liquid. Dish and serve very hot, sprinkled liberally with caraway seed.

Everybody knows how to manufacture cole-slaw, but when you make yours, don't forget to add some mustard seed to whatever dressing you use. These tiny yellow kernels give an I-don't-knowwhat-flavor to that otherwise banal dish. Cole-slaw of mixed red and white cabbage is a neat way of impressing the bridge club, by the by.

If red cabbage is on your menu, this is the way to prepare it:

RED CABBAGE. Strip a large head of red cabbage of the tough outer leaves and cut it in half. Cut away the hard center stalks, then shred or cut the cabbage into fine strips. Cover with boiling water and cook it rapidly for ten minutes, draining well immediately thereafter. Now put a piece of lard or pork fat (1/3 of a pound for a large cabbage head) into an earthenware casserole and heat well. Add the shredded vegetable and pour over this a small amount of warm stock (or hot water). Cover tightly and simmer for 1 hour. Now add 2 tablespoons vinegar and 1 glass of either red or white California wine. The next step is to add several peeled, cored and sliced apples and a pinch of salt. Cover again and cook gently until the cabbage is tender. Then add 1 tablespoon flour and sugar to taste, together with 1 teaspoon of caraway seed. Simmer the mixture a while longer, and serve hot. A wonderful accompaniment to roast duck, pork or sausages.

Cut in eighths, with the core removed, cabbage takes exactly 2 minutes to cook in a pressure saucepan.

Carrots

Choose the little fellows! (Remember the finger-length carrots that you ate in France with such relish?) Scrape and submerge them in cold water (so that they won't discolor) until you are ready for action. Cut them into rounds, or into olive-shaped elongated pieces. Then, if you want to do them full justice, prepare them according to this old Pennsylvania recipe:

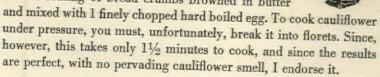
rots into roundels. Cook in boiling salted water to cover until they are tender. Save 3/4 of a cup of the water in which the carrots were cooked. Melt 2 tablespoons chicken fat or sweet butter in a saucepan. Add 1/2 teaspoon flour, brown lightly. Add 1 tablespoon sugar, mix well, add carrot water and the carrots, plus a dash of cinnamon. Cover the pan and simmer gently for 20 minutes. Serve in a preheated bowl, dusted with minced fresh parsley. You'll agree that these are glorified carrots.

Cauliflower

Small particles of earth and tiny insects have a way of nesting in cauliflower curds. Consequently, bathe in acidulated cold water. If after cooking you intend to serve the head whole, tie it up in cheese-cloth before you boil it. Cooking cauliflower in a mixture of half milk and half water insures perfect color, firmness

and elimination of all objectionable cooking odor.

Drain it well (soggy cauliflower is a horror) and serve it either with one of your favorite sauces or with a coating of bread crumbs browned in butter and mixed with I finely chopped hard beited.



Corn

When you boil sweet corn (especially if it's fresh from your garden) please don't be like the maid who, upon being asked by her mistress how long she had cooked the corn, brightly replied: "For one hour, Ma'am. I jest wanted to make sure it would get real tender."

Young corn should cook in (Continued on page 29)

Successive vegetable planting

Practical suggestions for keeping every inch of the vegetable garden busy producing crops throughout the Summer

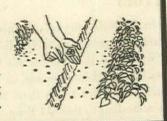
1. WORKING SOIL FOR NEW VEGETABLE CROP

When planting succession crops, regardless of how well soil was worked in Spring, don't just loam the soil but dig it deep. If needed, give a feeding of plant food. Seeds won't nor can they be expected to grow unless soil is well prepared just before sowing.



2. WHEN TO PLANT SUCCESSION CROPS

Judge by the way things already planted are growing when to put in 2nd and 3rd plantings. For instance when beans and carrots are 5" high, make next planting. Make an average of frost dates, allow maturing time, and plant as long as possible.



3. PLANTING IN BARE SPOTS IN ROWS

As soon as vegetable rows are thinned down from use so that there are bare spots, dig soil between remaining crop and plant another vegetable. When remaining vegetables are harvested put that space to work too. Keep every inch of soil working.



4. SEEDING BETWEEN ESTABLISHED ROWS

When a row of vegetables has matured, another row of a different kind can be planted alongside it. By the time the seedlings are through the ground and need space, the row which they are planted next to will be finished and out of way.



5. UTILIZING SPACE BETWEEN CORN ROWS

Pumpkins and squash will flourish when planted between rows of corn. Dig a shovelful of manure into a spot, then plant about 10 seeds. When about 4" high, thin to 3 or 4 plants. Keep hilling the soil up around plants as they grow until hill is 6" high.



6. PLANTING WASTE SPOTS IN GARDEN

After the compost pile is made it must rot until ready to use. This occupies valuable space so put in plants at the base and train them up over compost. Fence corners and other unused spots can be put to some practical use just as easily.



7. SETTING OUT LATE VEGETABLE PLANTS

Late cabbage and other vegetable plants can be planted in empty spaces in rows. They can also be put in between rows. In planting this way, plant between rows that are almost mature so that by time plants are up at least one of the rows will be picked.



8. SOWING END-OF-SEASON COVER CROPS

When vegetables have matured, and there is not time to raise another crop before frost, give the soil over to a cover crop. Winter rye is the best seed for this purpose. Loosen the surface soil and broadcast seed generously. It will sprout in just a few days.



9. COVER CROP OVER ENTIRE GARDEN

By the time the last vegetable is picked the whole of the garden should be sown to cover crops. This is the best possible care which you can give your soil. Don't forget between the corn rows. Seed can go in there as soon as the corn is through bearing.



10. PREPARE SOIL FOR THE NEXT YEAR

When cover crops have grown 8" to 10" high the garden should be spaded and this growth turned under. This will put back into the soil many of the elements removed by this year's vegetables. Allow ground to stand in condition throughout the Winter.



A Victory Garden for Children

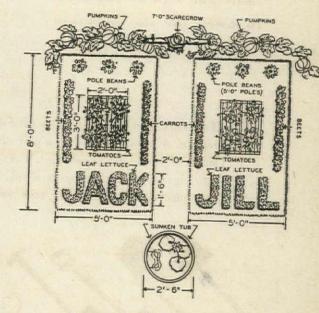
House & Garden suggests fantasy in the vegetable garden to keep children interested all Summer

Every child is excited at the prospect of having his own garden. His interest is high and he works like a little trouper for the first few weeks. Then gradually enthusiasm lags. Summer days and vacations mean baseball games, trips to the beach and thousands of other interesting things to do. And soon the garden, long since forgotten by him, grows up in weeds or is taken over by his parents.

We've all seen this happen many times. But this year the talk of Victory Gardens is high. Children hear of it in school and from their playmates and each one of them is determined to grow his own vegetables and help win this war.

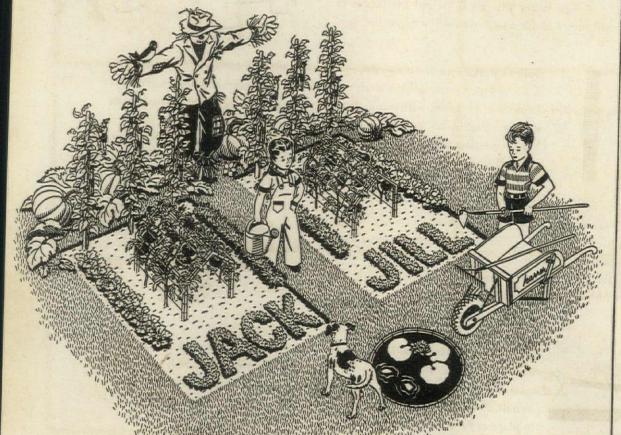
The sketch below shows a garden which was grown last Summer by two youngsters five and seven years old. It's an answer to a child's desire for a garden of his very own, while its fairy tale aspect keeps up childish enthusiasm. Divided into identical halves, it promotes competition. There is great rivalry to see who will grow the better tomatoes, or produce the bigger pumpkin for Hallowe'en.

Only a small plot of ground is needed. An area 8 by 12 feet is divided into two beds with a path between. At the front the children's names can be planted in leaf lettuce which may be trimmed for use. Five tomato plants grow on each tiny, house-like support (1) of wood and string. Each bed has a row of carrots and a row of beets. Across the back are pole beans (3 in each bed) with wooden cutouts of Jack and the Beanstalk (2) climbing up them. In the center at the back a scarecrow presides. Behind him are two hills of the largest variety of pumpkin. A tiny pool (3), made by sinking a tub in the ground, holds a waterlily plant and some goldfish.



Child's Garden Plan

Each bed is 5' x 8' with path between. Scarecrow, pumpkins occupy additional space. Don't let pumpkins run into garden. Tomato houses are 2' x 3' with 2 plants on either side and one at the back.



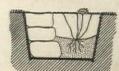
Construction Details



1. TOMATO SUPPORT. Make houselike frame 3' x 2' x 3' of wood. String supports hold the plants.



2. CUTOUTS FOR BEANPOLES are made of wood or tin. Set figure on wooden support 6" from pole.



3. POOL is sunken tub. Put in 6" of earth, build up stones on one side to make shallow for bird bath.

Repairs in the home workshop

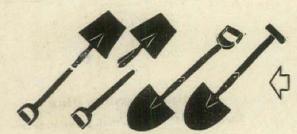
Conservation is the order of the day! Simple repairs will put broken garden tools and equipment back to work for the duration

UNDER the strain of heavy work even the best of garden implements will occasionally bend or break. Yesterday perhaps you would have discarded them; but today you must repair them whenever possible. The home workshop, an American tradition, has a real job to do.

The large drawing on the next page shows such a workshop equipped with a forge and anvil. A forge is inexpensive and can be used as purchased or surrounded with brick as shown. Forging iron is not difficult to master, but the beginner is cautioned not to attempt any work with tempered steel.

Tools are precious possessions these days, and will probably be impossible to replace. A broken handle on a pair of clippers can be replaced with a short length of pole properly bored out. Worn-out hoes can be ground down and made into edgers by straightening the shank. Practically all of the elementary garden implements can be sharpened, trimmed, refitted, and made useful again.





Shovels and spades are often discarded when the handle or shaft breaks. The ordinary stirrup handle can be sawed off, and a tee handle fitted into place by boring the proper sized hole, and driving it on. Shafts usually break just above the metal ferrule. The rivets that held the shaft in place can be filed off, the broken shaft tapered, and fitted in. The shovel will be shorter, but perfectly efficient. These are very simple but solid repairs.

Ladders are useful only when they are safe. Broken or missing rungs cause accidents. The average rung-ladder can be refitted by using a piece of old broom handle or pole. Holes can be bored to take the new rung if necessary. Step-ladders need repairing when the metal hinge breaks, or a step is broken. The hinge can be replaced by a rope halter which will permit the ladder to spread the proper width. Small cleats and a new board will replace the step.





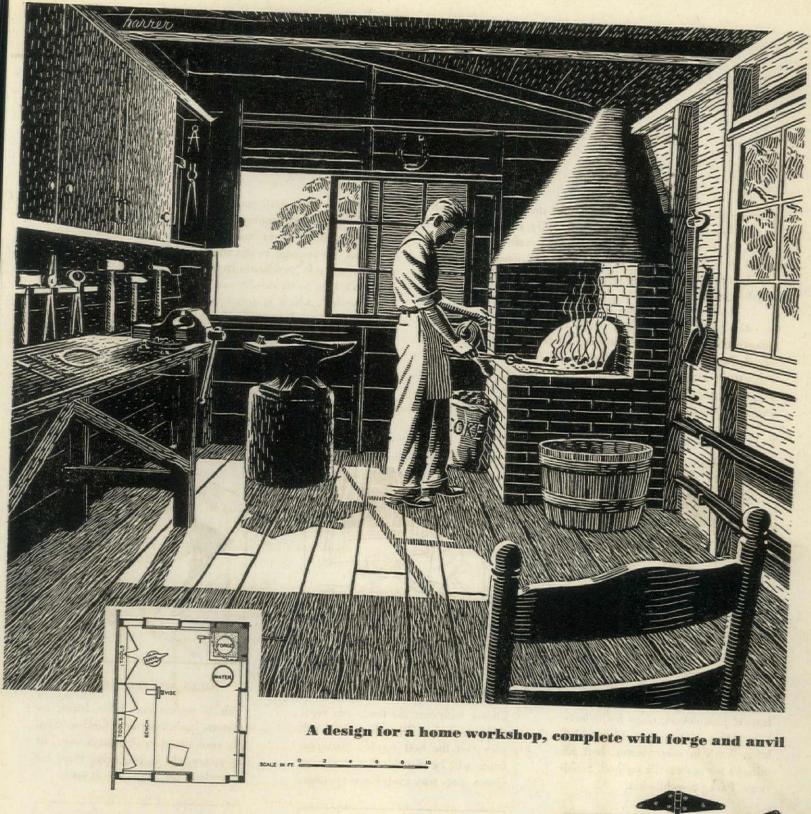
Splices make excellent repairs to broken handles of any kind. The best job is done by tapering the broken shaft as shown, and making a cord splice. All boys know how to splice with cord. A short piece of pipe or metal sleeve driven over a break makes a solid repair. Rivets or nails are not effective in wood handle breaks. All splices should be painted or varnished to preserve them. Save all lengths of pole, curtain rods, broom handles, or other turned woods.

Metal containers such as watering-cans, pails, and buckets cannot be thrown out because they leak, when a small rivet will make them serviceable. Ream out the offending hole with a large nail, slip a soft rivet through, hold against it any heavy iron, and tap the rivet flat with a hammer. Look up old axe heads, or hammers, and fit them with new wood handles. File them to a proper condition.



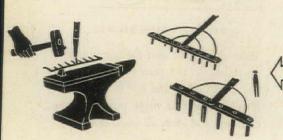


Two essentials to a good lawn are the lawn-mower and the garden hose. They will be difficult to replace. Keep the wheels well lubricated, and all bolts tightened. Blades should be set so that they will cut a piece of ordinary paper neatly in half. Hose that leaks should be cut right at the leak, and a coupling clinched in place at the ends. Do not leave hose in the sun.



Cold iron, as found in the ordinary garden and household tools, does not lend itself readily to straightening or working. Properly heated, most of these implements can be put back into shape, and made as good as new. Light hand tools of stamped metal, such as trowels and cultivators, that will snap in two if straightened while cold, can be bent back into shape and usefulness if heated. Bent hinges and axles can be worked out. Bolts or rods can be heated white-hot and forged together by the amateur smith.





Ingenious repairs are possible to almost anything. The iron rake with the missing teeth can be cut down into a worthwhile tool. The wooden hay-rake that seemed done for, can be fitted with new pegs of dowel-wood, or brought to life again by giving it teeth made of clothes-pins. No equipment should be discarded until the householder has studied the possibilities of repair.

How to can fruits, vegetables-

You may want to preserve fresh foods by the open-kettle method, satisfactory for tomatoes and fruits

I f you can cook, you can can. Do not let the endless technical-sounding directions confuse you. Canning is a simple laboratory process. Even if you have quick-freeze facilities and storage lockers nearby, you probably will still want to keep for your Winter table certain things such as tomatoes which cannot be quick-frozen satisfactorily.

Tomatoes and tomato juice form an important part of the vitamin content of Winter meals. This year, especially, it is important that the surplus tomatoes in home gardens be preserved. Tomatoes and all fruits are easy to can, and some of the fleshy fruits are improved in flavor when properly canned.

The rules for canning are as simple, but as strict, as any recipe. Follow them from the time you detach the fruit or vege-

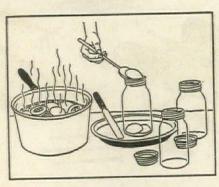
table from its plant until your cans are cool. The complete steps for the beginner at canning are illustrated here. To them add the precaution of never undertaking to do a larger quantity than you can manage in the time available. And, as nearly as possible, make it "two hours from garden to can."

Certain foods can be prepared for canning by the open kettle method, which is simply cooking without a cover until they would be ready to serve if you were going to use them immediately. This is a satisfactory process for canning fruits, tomatoes, preserves, and pickles. Non-acid vegetables, which are much more difficult to keep, must be processed (cooked in the jar). For all methods of canning steps, preparation of equipment and quick work are of prime importance.



INSPECT JARS AND COVERS

Inspect jars, covers, rings for defects before you start, and avoid troubles later. Wash in soapy water, boil 15 minutes for open kettle method. Scald rings. Pack jars while hot.



KEEP FRUIT BOILING HOT

Your fruit must be at boiling temperature when you pack. Return the kettle to the stove and bring to a brisk boil as you start to pack each jar, or do the work right on the stove.



CHOOSE FIRM, RIPE FRUIT

Choose with care the fruits and vegetables you use. Ripe, firm flesh will give you the best results. Over-ripe fruits will be discolored and mushy. Green spots may even cause spoilage.



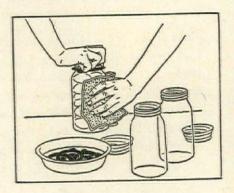
WIPE THE JAR TOP

Clean juices from around the top of the jar before the cover is put on. Dampen a dish towel in warm water, work quickly. If canning by open kettle method, make jars brim full.



OPEN KETTLE METHOD

This is recommended for fruits, tomatoes, preserves and pickles. Simply cook tomatoes or fruit tender just as you would in preparing them for immediate use. Then can at once.



TIGHTEN LIDS FIRMLY

Make quite sure that the jar is sealed air-tight. Do not turn the jar over to test it while hot, but test it when cold. If air leaks you must pour out the contents and start all over again.

practical primer for amateurs

If your canning program is more ambitious, you can choose one of the modern methods called "processing"

Pood canned by any of the methods called "processing" is food cooked after it is packed in jars. The three most common of these processes: pressure cooking, hot bath, and oven heat, are illustrated below. Not all of them can be used for all sorts of foods. We tell you which processes are best for each food.

The amateur can simplify things by considering these four processes as one method, each with different apparatus, timing, and heat. For all of these processes, jar lids should be almost, but not quite tight, during the cooking. Lids and jars need scalding, not boiling, in advance.

Jars of food prepared for any of these processes may be "hot packed" or "cold packed". The hot pack is considered safer for amateurs than the cold pack. For hot pack, simply bring

vegetables or fruits to a boil before you fill jars. Meats are precooked longer so that most of the pink has disappeared, packed dry, or with their own juices. For cold pack, blanch the fresh vegetables (dip first in boiling, then in cold water). Pack jars, and pour boiling water over vegetables, boiling syrup over fruits.

Time schedules have been worked out for each process. You can get one where you buy your canning supplies, or from the home economics department of your State agricultural college.

Your choice of a method depends upon what equipment you already have, how ambitious you are to can things difficult to preserve. By any of the methods, your success depends upon the accuracy with which you follow timetables and directions.



PRESSURE COOKER METHOD

If you want to preserve meat and non-acid vegetables, use a pressure cooker. This apparatus has vastly enlarged the list of foods open to home canners. Place the jars in the rack so they do not touch. Fill the cooker with enough hot water to reach the rack of jars. Clamp your cooker, leave petcock open until pressure is up. Then close it and start counting time. The pressure method takes less than half the time of the hot water bath system.



WATCH THESE THREE

When processing by pressure cooker, watch a clock for accurate timing. Watch the pressure gauge on the cooker to be sure it shows constant pressure. Keep your stove heat at medium.



HOT WATER BATH

This can be used for fruits and tomatoes. Apparatus: a large kettle with closely-fitted lid. The water should come an inch over jar tops. Have the water boiling, lower into it the hot packed jars, with covers slightly loosened. After taking jars from the bath, tighten covers. Cool jars upright. Test when cool to be sure they are airtight.



ADD BOILING WATER

As the water in the hot bath kettle boils away, keep adding boiling water. The level of the bubbling water should be always kept at least an inch above jar tops for successful results.



OVEN METHOD

If you have a heat control on your oven, you can use this method for tomatoes and fruits. Don't try it for meats or non-acid vegetables. Preheat oven, keep regulator set from 250° to 275°. Leave an inch or two between jars for heat circulation. Process 50 percent longer time than same fruit processed by hot water bath.



PASTEURIZE JUICES

Keep jars or bottles submerged for the required time in water that is simmering (165° to 185° F.). Grapefruit, preserves, pickles and relishes are also successfully processed this way.

Preserve vitamins for Winter meals

Both freezing and drying are processes
which the homemaker can use to preserve home-raised
fruit, vegetables and meats

You can quick-freeze your fresh vegetables and fruits for winter use, providing you have a processing plant with locker space in a nearby town. These plants are being installed very rapidly all over the country. So even if your community did not have one last year, it may have this year.

The things which can be successfully quick-frozen are all sorts of meats, fresh berries, peaches and these vegetables: asparagus, green beans, lima beans, broccoli, beets, Brussels sprouts, carrots, cauliflower, sweet corn, kale, kohlrabi, mushrooms, peas, rhubarb, spinach and other greens, squash, Swiss chard and turnips.

Even more than in canning, successful frozen food depends on rapid handling. The time between breaking from its mother plant the stem of the bean or berry to be frozen and placing a neatly frozen block in your locker compartment should be reduced to an absolute minimum. Don't pick peas in the morning and blanch them after lunch. Pick them after lunch too, if that's when you are going to process them, even if the sun is hotter. By speed here, you can have home-frozen foods, which are naturally superior to commercial packs, where large quantities must be handled as units.

Here is how you quick-freeze foods

The preparation of frozen foods is a pleasant summer occupation, since it requires very little heat, and for meats and berries none at all. Also, since the fresh foods are packed cold and dry, the food is lifted in the hands for packing, instead of being handled in spoons, dippers and so on.

Locker plants rent jumbo locker drawers which usually hold the equivalent of 200 pounds of meat. These tiers of drawers are in rooms kept at zero temperature, and each customer has a key to her own "file drawer" of food. Locker rents usually average around \$1.40 to \$1.50 a month. The food is packed at home in cartons costing around 3c for the quart size. Meats are usually cut and wrapped by the locker plant, for a small charge, but it is up to the customer to be sure the wrapping used is one of the approved, air-tight materials. The freezing charge for all foods is a cent or two a pound. You can usually choose from several varieties of food containers.

One type especially good for berries has a Cellophane bag inside a cardboard box. When full the bag is sealed airtight with a hot iron or curling iron. Round ice cream containers are used with success for firm vegetables. Meats need a very careful air-tight seal—get tough if dehydration continues slowly in storage. They are frequently wrapped tight in Cellophane, with a stockinette tube drawn over this for additional protection.

Wrap meats well to prevent dehydration

Meats are always wrapped raw, and are prepared for freezing by cutting and wiping. First time locker-users are often so enthusiastic about getting meat into their lockers that they forget that the meat which they buy in the butcher shop has been aged from a few days to a week or more. Since it is not advisable to hold meat after thawing, it must be aged before freezing. Almost any locker plant will recommend a butcher who will kill and dress an animal for you. Then give your locker plant instructions about aging and cutting, and the weight you want in each package. He will charge two or three cents a pound for cutting and wrapping.

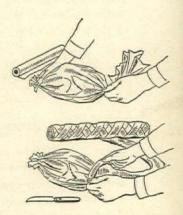
Your locker plant will usually be able to help you buy a wholesale supply of any variety of meat that you do not raise, but might like to put into your locker when the price is low.

Blanch vegetables before packing

Vegetables to be frozen are first blanched (held in boiling water, then in cold) before packing. Suppose, for example, that you are doing peas. Place shelled, washed peas at an even stage of ripeness in a strainer, or in the basket you use for deep-fat frying. Immerse this strainer in boiling water. Use plenty of water for the bath. Do not try to work with more than a quart or two of vegetables at a time. Larger quantities plunged into boiling water will stop the boiling and make it difficult to time accurately; the vegetables that strike the water first will have been in too long by the time the ones in the center and at the top of your container have had the required time. The time the vegetables are held in the hot bath varies from 45 sec-







Cool in icy water

Dry, pack, and seal quickly

Paper, then stockinette, on meats

Plunge into boiling water

onds for small peas to $10\frac{1}{2}$ minutes for large ears of sweet corn. Follow the table in the book your storage locker will give you.

Keep a low fire beneath your water, or it will be cooled below the scalding point by even as much as a quart of cold vegetables. When you remove the strainer from the boiling water, plunge it immediately into cold water. Vegetables need to be cold before you pack them. Keep ice cubes in this water, or change it during the interval of a minute or two.

Dry the vegetables. Fail to do this and the pack will be blocked in ice and the freezing process will not do its work properly. Vegetables are sometimes packed in a brine solution, but the dry pack is easier and more certain. Pour the peas into a colander to drain for a minute or two, then tumble them out in a single layer on the sink drain covered in advance with dry towels. Lay a towel on top and rotate gently with both hands.

Berries and such fruits as peaches, which are intended to be served raw, are simply washed and dried. Pick them just at the moment before being dead ripe. If they mash and ooze juice from their own weight when washed in a colander they are already too ripe. Berries packed in dry sugar take on a fine flavor—those packed completely dry are perhaps a little less full of flavor. But in case of sugar shortage, this is certainly a very satisfactory method to use.

Becoming an expert quick-freezer

The steps are simple and easy. Three things are most important:

1. Choose for freezing only the best specimens.

2. Speed your materials through the simple preparatory processes, so that their original vitamin and chemical composition is not disturbed before the low temperature stops chemical action.

 Seal every package of food moisture-tight, meats and very juicy vegetables, airtight.

No tables can be positively exact about the final cooking time required for freezing fruits, because foods from each locality require slightly different treatment. Such factors as the soil and the exact stage of ripeness make a variation here. Get all the information you can about timing, and then work out your own final methods from that. Quick-freezing is still in the experimental stage and you may uncover something from personal research that has not yet been put into the guide books.

Dehydration is an inexpensive process

This year, when metal, glass, and rubber are difficult to obtain, and shortage of insulation materials may limit even quick-freezing, drying recommends itself for wider use than formerly. Since moisture and heat in the atmosphere are very important factors in every drying process, and extensive experiments have not been

carried on for all types of food, this process is limited to certain parts of the country and to certain fruits and vegetables such as peaches, apples and sweet corn.

The minute the flesh of a fruit or vegetable is exposed to the air by slicing or peeling, certain changes start. If it were possible to subject fresh foods to very high temperatures at once, bacterial processes could be stopped. But high dry heat will burst the interior cells, cause the loss of juices, flavor and nutritive value. The alternate is to expose fruits or vegetables ready for drying to air in motion, at just high enough temperature to absorb the moisture rapidly.

Sun-drying is a practicable and inexpensive way of preserving many kinds of fruit and a limited list of vegetables in vicinities free from long rainy or foggy periods. Every person who contemplates drying by natural methods must be reasonably sure of dry, warm weather in his locality.

The solar system of drying

The simplest drying process, of course, is to spread a thin layer of cut food in a flat pan and expose it to the sun. It must be protected from insects, and the air should be circulated. We show below a simple outdoor drying apparatus. Panes of glass are arranged similar to hot-bed sash. The sun striking the glass raises the temperature of the air. Screen or mosquito netting-covered openings at the bottom and top keep the air in motion. Even the most carefully arranged solar dehydrator will work too slowly if the weather is rainy or foggy. Trays should then be brought into the house and subjected to artificial heat. Arrange them in a rack in the oven or on the kitchen range.

If you want to take more trouble and improve the color and flavor of your dried food you may manage the whole process by artificial heat. There is professional equipment for this, but it is too expensive to contemplate purchasing for small amounts of food. Artificial drying requires close watching. Stove heat must be kept low and regular. Once started the process must be continuous.

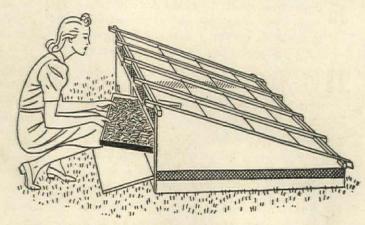
In regions where electricity is cheap, electric fans are sometimes used to keep the air in circulation while the food is dried. Trays should be reversed frequently to secure even drying.

The sulphur process of preserving fruits is not too difficult for the amateur to undertake, but follow technical directions closely if you do this. It has recently been discovered that sulphur fumes protect the vitamin content, as well as preserving the natural colors in the fruit and preventing souring.

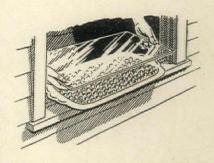
There have been a number of experiments with other solutions and salt dips to take the place of this process. Government bulletins, however, are very firm in their discouragement of the use of these substitutes instead of the tested sulphur method.



acking strawberries in dry sugar



You can build a simple apparatus for sun drying



Sun helps stove preserve

The June Gardener's Calendar



This is the month to stake and tie tall flowers in the borders

- June finds the garden a riot of bloom and too often a general slowing up of work. There is still plenty to do to keep you busy so don't relax and let it get ahead of you.
- Perennials and other tall growing plants should be staked. Don't just tie them to a stick but try to secure them as they grow.

 Try also to hide most of the stake.
- Trees and shrubs set into the ground this Spring should be watered religiously. Remember that they haven't had a chance to grow a new root system for hot weather.
- Weeds are still one of the biggest garden problems. Keep at them. Don't let them get ahead of you. Don't allow any to seed. They're easiest to take out by hoeing when small.
- Melons and cucumbers must be watched lest they run over other vegetables. Turn the runners while small and fasten them in the direction you want them to grow.
- 6 Succession plantings should go into the vegetable garden regularly. Beets, carrots, lettuce, radishes, beans, peas and corn are succession crops. Plant corn until July 1.
- When leaves of narcissi wither and turn brown it is all right to run the mower over them. A feeding of bonemeal is good just after blossoming. Divide next month.
- Spring flowering shrubs should be pruned now or as soon as flowers wither. If you wait until Fall you'll cut away the best part of next year's bloom.
- Meep suckers off tomatoes and tie them to stakes as they grow. Staking keeps the plant erect and the fruit off the ground. As the fruit forms thin out leaves.
- The rose bed requires constant attention. Spraying and dusting should be regular. Use nicotine spray for sucking insects and a stomach poison for chewers.
- Trim flowers from the roses as soon as they wither. Cut so that 2 leaves of 5 leaflets each remain on stem. This way you'll get 2 new flowers. Keep soil cultivated.
- Beetles put in their appearance this month and the very best way to control them is to hand pick into a jar of kerosene. Also watch for rose beetles which you treat the same way.
- Sweet peas should be picked daily to keep them from seeding. As soon as the weather gets warm give them a heavy mulch of grass clippings or peat moss. Give plenty of water.
- Go over fruit trees and thin out the small fruit. Try to take out the smallest and those imperfectly shaped. Thinning makes remaining fruit much better.
- When cutting flowers for the house do it in early morning before the sun is hot. Carry a pail of water and place them in it immediately. Keep in deep water for few hours.
- 16 Strawberries are well mulched with straw by this time, or should be. This mulch is a grand place for slugs to accumulate. Go through straw with poison bait and powder.

- Keep flower beds and the vegetable garden cultivated all during the Summer. One of the best times to cultivate is the day after a rain. This loosens packed soil.
- When the foliage of tulips wilts and starts to yellow they can be lifted and heeled into a corner to ripen. Annuals can then be put in the spot that the tulips occupied.
- Perennials should not be allowed to seed as this will weaken plant. Annuals, of course, will stop blooming if seed forms. Trim off all withered flower heads regularly.
- House plants that are looking a little the worse for growing inside all Winter will benefit from being placed outside. Sink the plant, pot and all, into the ground.
- 21 Prepare the soil in a seed bed for sowing of new perennials. If you start your plants early they'll be good and strong by Fall and will Winter through without loss.
- 22 Chrysanthemums which have been growing in the cold frame or special beds are ready to go into the garden now. Keep pinching them back for another month.
- Trim forget-me-nots, pansies and violas that have finished blooming to about 4" and they'll sprout out and give another bloom. Feed with plant food after cutting back.
- Now that the hot weather is beginning to set in, elevate the blades on the lawn mower so that grass won't be cut as short. Start now rooting out all the crab grass.
- 25 Seeds of annuals for late bloom should be sown in the seed bed this month. Alyssum, asters, calendula, candytuft, clarkia, cornflowers and the like are the ones to sow.
- 26 Stop cutting asparagus the end of this month and give the bed a top dressing of nitrate of soda. Everbearing strawberries should be deblossomed to form Fall fruit.
- After iris has flowered cut off faded stalks.

 At the same time inspect plants for borers—
 tiny holes in the leaves—and if found cut
 them out immediately. Dust cuts with sulfur.
- 28 If you still have any transplanting to do select a cool, cloudy day and use plenty of water before and after planting. In fact, move plant to new spot in water.
- As soon as foliage on grape hyacinths is dry they can be lifted and replanted. The best plan is to divide them and set each bulb about 6" apart. They multiply rapidly.
- Watch all plants for wilt and destroy any stalks or roots that show signs. Thin dahlias to one stalk and tie to stake as it grows. Should be guarded against stalk borer.

Succession crops are the most important job in the vegetable garden this month. Your aim should be to keep every little spot producing right up until frost. This takes a bit of research to find the average frost date in your community and determine when to make last sowing.

VEGETABLES FROM A TO Z

(Continued from page 19)

rapidly boiling salted water for from only 7 to 10 minutes. The use of I pint of milk to every quart of water is a great improver of corn flavor, as is the addition of I tablespoon sugar to every 2 quarts of cooking water.

Small ears of corn can be boiled whole in a pressure saucepan for only 5 minutes. Larger ears with bigger kernels should be broken in half. They cook in just the same manner for 1 minute longer.

Cucumbers

Someone should organize a "be kind to cucumbers" association, on account of how, if you are kind to them, they are extremely kind to your digestion. Every time I hear people complain that they just "can't eat" cucumbers, I know that they have never eaten cucumbers which were decently treated.

Cucumbers want to be fussed over and petted, they want to be cut into transparent rounds, soaked in salt for at least 1 hour after that, washed carefully in ice water and squeezed dry on a clean white towel. After this they are willing and ready to perform miracles of flavor for you, in a heavenly green salad or to do a pas seule spiked with chopped parsley and dressed with sour cream. Icy cold they take well, too, to a sharp French dressing in which a few young scallions have been carefully slivered.

Best of all, they can be incorporated into crisp fritters which have a special affinity for broiled salmon. As a sandwich filling, laid gently on thin slices of home-baked white bread, and dusted with celery salt and paprika, they are veritable angel's food. But don't take these sandwiches on a picnic. They must be eaten no more than half an hour after they have been made.

Eggplant

Here are a few pointers from Provençal France where, in the old days, I tasted eggplant in its most glorified form. Should fried eggplant be your dish, mind these precepts: After peeling and slicing, eggplant should be left to marinate for 15 minutes or more in a mixture of 3 tablespoons olive (or good salad) oil, together with some thin slices of unpeeled lemon. This procedure brings out the flavor. Fried eggplant should be manufactured in hot oil, not butter, and a half clove of garlic rubbed gently around the frying pan makes a good bit of magic. Dip the oiled slices in beaten egg and dry crumbs, fry gently until tender and golden. Serve at once while they are still hot as Hades!

STUFFED EGGPLANT, PROVENÇAL STUFFING

1 large eggplant
1 tablespoon minced onion or shallot
2 tablespoons olive (or good cooking) oil
1 cup soft bread crumbs
½ cup minced cold ham (bolled)
1½ cups grated Parmesan cheese
1 teaspoon minced chives
½ teaspoon salt
pepper (freshly ground)
dash of paprika
1 egg slightly beaten

TOPPING

1 cup dry bread crumbs 1 tablespoon oil

Wash well and cut stem from eggplant. Boil for 15 minutes in a large amount of salted water. Cut in halves, lengthwise, and remove pulp from shell with a spoon leaving a rim ½ inch thick. Chop the pulp. Cook onion in oil until golden but not brown. Remove from flame, and add the remaining ingredients of the stuffing, with extra salt if required. Mix and fill the shells. Cover the top with dry crumbs mixed with oil. Place the stuffed eggplant halves in a shallow buttered baking tin and bake in a moderate oven (350 degrees) for about 25 minutes.

Eggplant can be cooked by pressure. ¼ inch slices take only zero minutes after pressure has reached 15 pounds.

Green Peppers

Any Summer salad tastes just twice as good, if fine (but very fine) chopped green pepper is inconspicuously added to its other ingredients.

Going to stuff them? Well, before filling they should be parboiled for 15 minutes in bubbling salted water to cover—after you have carefully removed all the ribs and, of course, the seeds. Thereafter drain them well and put in your favorite filling. Mine happens to be fresh corn cut from the cob after boiling, mixed with a judicious amount of butter, peeled tomato and sautéed onion—but suit yourself.

They are mighty fine, too, cut into thin rings (seeds and membrane removed) dipped in beaten egg and fine crumbs and fried in deep fat (370 degrees) a few at a clip, until done.

Kohlrabi

You prepare these lovely little green bulbs (they do look like small jewels, really) and their tops, much as you do spinach only you peel and cook the bulbs first. After slicing them down you either cover them with boiling salted water and cook until tender, or you slice them and cook them in your pressure cooker for 3½ minutes. The leaves are (I repeat) prepared like spinach leaves. The two are then mixed together, reheated and brought to the table in a deep bowl.

Lettuce

Strangely enough, lettuce isn't only important as the ingredient of a salad bowl; it's quite the finest vegetable that you probably ever ate, when it appears as a hot purée.

Purée of Lettuce

Sauté in butter 2 or 3 large white onions cut into rounds. When the onions are soft but not brown, add the washed lettuce leaves (torn into bits), ½ cup of chicken broth (the canned is fine), 1 tablespoon chopped parsley and a dash of salt. Sauté over the lowest flame that you can possibly achieve, until the lettuce is very, very soft, and the liquid is somewhat reduced. Pass the vegetable then through a fine sieve. Reheat, thicken slightly if required, by adding a teaspoon or so of flour, check for seasoning (pepper may be needed). Serve hot,

Onions

A few drops of onion juice improve almost any dish ever invented. Onions, like turnips or carrots, should never be (Continued on page 30)







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VEGETABLES FROM A TO Z

(Continued from page 29)

cut across the fibre. Sliced in rings with the grain, they not only cook more rapidly but are more tender to eat. Soaking them in cold water after peeling enhances their flavor, which, in spite of prejudice, is extremely delicate once they are cooked.

Try an onion purée the next time you serve roast lamb or thick lamb chops, and please don't forget that French fried onion rings are not only chaperones for steak or calves liver, they do a tasty job on a fish platter, too. And those tiny young ones from your garden are wonderful.

White onions take only 8 minutes to cook under pressure, and taste-sublime!

Parsnips

Peeled parsnips, cut lengthwise, take exactly 10 minutes to cook in a pressure cooker. I have never either eaten them or prepared them myself, but I understand upon very good authority that they are both healthful and tasty. This same authority (a very vitaminminded gal, and one of the best cooks that I know) contributes this recipe for parsnip fritters, which she tells me are delicious.

PARSNIP FRITTERS

Wash, pare and cook 6 or 8 parsnips. When tender, remove the skin and mash them. Add 2 heaping tablespoons of flour, 2 beaten eggs and salt plus pepper to taste. Shape into small flat round cakes, roll in flour, and sauté in plenty of sweet butter until golden. Turning with a spatula is indicated. For elaborate parsnips, roll the meat into balls instead of into cakes, and enclose the meat of I walnut in each

Peas

I consider a tiny green pea the only pea worth eating. But I seem to be a prophet crying in the wilderness! People eat huge, cannonball green peas and they just love 'em. They boil these marbles, mix them with diced carrots, and devour them with pride and joy. Granted that you cannot very well control the size of peas-especially if you buy them at the market during the local season-you can at least present them in palatable disguise. A purée is one form (thinned with a bit of soup stock or melted butter and cream) cooking them down with small onions, parsley and lettuce leaves (à la Française) is another. But if you simply must serve them with carrots, why not heap your mound of buttered peas in the center of a large round platter and encircle them with a border of carrots? Consider too the potentialities of green peas mixed with corn cut from the cob, or boiled with a few leaves of fresh mint in the water.

Cooked under pressure, green peas take zero minutes after fifteen pounds of pressure has been reached. Their color under this method is magnificent and their taste (especially if you add just a pinch of sugar instead of salt to the liquid at the base of the saucepan) is memorable.

(Continued on page 31)

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reviewed by House & Garden



Just write to the addresses given for any of these and other interesting booklets in the General Section, page 86. Free unless otherwise specified.

GARDENING

FLOWERFIELD CATALOG FOR 1942

contains 64 pages, 30 of which are in full color. Featured are a wide variety of bulbs, roses, Iris Kaempheri and other per-ennials. Flowerfield, 12 Parkside Avenue, Flowerfield, Long Island, New York.

BURPEE'S FALL BULB CATALOG

lists American-grown Daffodlis, Tulips and other bulbs that can be planted outdoors in the fall, and some of which may be grown indoors during winter. Also included are seeds of Pansies, annuals that may be sown in the fall, as well as perennial seeds and vegetable roots. W. Atlee Burpee Co., 490 Burpee Bidg., Philadelphia, Pa.

NEW CATALOG FOR FALL PLANTING,

NEW CATALOG FOR FALL PLANTING, in addition to listing modern Roses and modern Perennials, will serve the Victory Garden needs by cataloging various fruits for the home garden, including the famous Dwarf Apple Trees. There's also information on the advantages of Fall rather than Spring planting for this type of material. Write to Jackson & Perkins Co., 204 Rose Lane, Newark, New York State.

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SUMMER GARDEN SPECIALTIES

This catalog offers pot-grown plants of new and outstanding strawberries; pot-grown roses for summer planting; Chrysanthemums for flowe. Ing this fall; selection of pot-grown flowe. Ing plants for beds, borders, window boxes, etc.; garden herbs; pot-grown perennial plants; vegetable seeds for succession sowing; implements and insecticides for summer garden maintenance, etc. Peter Henderson & Co., Dept. 36A, 35 Cortlandt St., N. Y. C.

1942 IRIS CATALOG

features approximately 200 varieties of firs, selected for their beauty, hardiness and garden value. Several of the 24 pages are devoted to a modern list of daffodlis, tulips, flower seeds and carefully selected vegetable seeds that can be grown easily in the ordinary garden. Carl Salbach, 657 Woodmont Ave., Berkeley, California.

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SEED ANNUAL, 1942

Included in this colorful 149-page catalog are All-America vegetable and flower novelties, special offerings of Vegetables for Vitamins and Victory, and unusual selections of herbs and trellis-trained fruit trees. Stumpp & Walter Co., 132-138 Church Street, Dept. H, New York City.

VITAMIST,

the new efficient way to vitamize your garden as you sprinkle, is explained in detail in this brochure. The manner in which Vitamin B1 can help make luxuriant lawns and gardens, and the simple method whereby Vitamist Cartridges can be used with your regular hose, are worth your consideration. Burgess Seed & Plant Co., Galesburg, Michigan.

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describe the uses and application of 3 plant products: TRANSPLANTONE, to reduce wilting and loss in transplanting and help produce earlier flowers; ROOTONE, to stimulate root formation; and FRUITONE, to stop premature drop of flowers, fruits and leaves. American Chemical Paint Co., Horticultural Div. G-17, Ambler, Pa.

GARDEN ORNAMENTS

is the booklet to write for if your garden calls for a bird bath or a bench—or anything else from an idle pixie to a fountain of superb design. It includes some fascinating armillary sundials, too. Send 10c to The Erkins Studios, Dept. HG-6, 8 East 39th Street, New York City.

BUILDING & MAINTENANCE

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8 pages of expert advice on blackouts, fire precautions and shelter construction based on intensive studies made in Europe. First published in February House & Garden, this practical information is now available in pamphlet form. Send 10e for single copy. (Supplied to civilian defense groups at \$5.00 per hundred copies.) House & Garden, Dept. C6, 420 Lexington Ave., N. Y. C.

INSPIRATION TO BETTER LIVING

can be found in the beauty of restored Colonial Williamsburg—and in the colors used in this restoration. This brochure tells and illustrates the story of the restoration and shows the colors now being manufactured and sold with the approval of Colonial Williamsburg, Inc. For this informative color card book, write to the Pittsburgh Plate Glass Co., Paint Div., Pittsburgh, Pa.

contains valuable ideas to help you plan better rooms, design whole floors, connect rooms for greater convenience and provide for efficient closet space. Ponderosa Pine Woodwork, Dept. HG-6, 111 W. Washington St., Chicago, Illinois.

SETFAST AWNING PAINT

This leaflet shows actual samples of 9 colors of a sun-resistent, water-repellent paint that will make your awnings look like new. In doing your Spring refurbishing, you'll certainly want to find out more about this serviceable awning paint. Aridye Corp., Dept. B-62, Fair Lawn, New Jersey.

THE BEST PAINT JOB,

according to this informative booklet, can be obtained by following some simple "do's" and "don't's". One point is to use Pure Gum Spirits of Turpentine, which penetrates the surface and anchors the paint. American Turpentine Farmers Assn. Cooperative, Dept. HG-6, Valdosta, Georgia.

"HOW TO USE GLASS

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of clear pine can work wonders in beautifying rooms. This brochure offers proof in photographs of dens, libraries, game rooms, offices, etc. decorated with Western pine paneling. Write to the Western Pine Assn., Dept. HG-6, Yeon Bldg., Portland, Oregon.

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This amply illustrated booklet can help you with the best selection of wood finishes for all your rooms. By turning some pictures of walls and ceilings back and forth, fifty-four individual rooms can be designed. Wood Conversion Co., Dept. 113-6, 1st Natl. Bank Bldg., St. Paul, Minn,

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GLORIFYING THE BATHROOM, in its 40 pages, illustrates a complete line of bathroom cabinets, accessories and electric heaters designed for homes of all sizes. Layouts are suggested for guest and master bathrooms. There is also a section showing how newly designed fluorescent and tubular lights can lend beauty and convenience to any bathroom. The Philip Carey Mfg. Co., Milami Cabinet Div., Dept. HG, Middletown, Ohio.

LET'S BE FRANK

about the appearance and efficiency of kitchens is the suggestion of this enlightening folder. It clearly illustrates just how you can remodel your own kitchen the Coppes Napanee way—with Coppes Napanee cabinets and sink. Coppes, Inc., Dept. HG-6, Nappanee, Indiana.

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VEGETABLES FROM A TO Z

(Continued from page 30)

Spinach

To begin with (and to Sea with the Vitamin School), spinach stems, roots and fibres are nasty tasting things. Strip the leaves from these with a careful and gentle hand, and you begin to have something resembling a human dish. Wash these leaves in order to free them from earth in at least three waters, the first of which should be warm. A chore you say? Nonsense! Plug up that nice white sink and just give the leaves some fine baths.

When they are emerald clean, push them into a large pot which has only about 1 inch of cold water covering its base (the leaves in themselves retain much moisture), and cook them over a moderate flame for about 15 minutes. Drain them in a colander and permit them to cool.

Spinach leaves take 11/2 minutes to become tender in a pressure saucepan.

Spinach à la Grand'mère

(For 2 pounds of spinach-adequate for 4 people.)

Drain the boiled leaves in a colander. When cool enough to handle with ease, squeeze out every last vestige of moisture in a clean dry towel. Place on a wooden board or in a chopping bowl and mince the leaves finely with a sharp blade. Make a roux of: 2 tablespoons sweet butter and 1 tablespoon flour. When this is well blended above a moderate flame, add the spinach, stirring constantly. Once the ingredients are thoroughly mixed, add either 1 pint of warmed soup stock (canned beef broth will answer) or half a bottle of sweet cream. Continue stirring until your spinach is smooth.

That done, add the juice of 1 grated onion, salt and pepper to taste and if needed, more liquid to bring the spinach to the desirable consistency. Cook for 5 minutes more, remove from flame, pour into a preheated bowl and serve.

Squash

Cooked in a pressure saucepan, Summer squash, peeled and cut in quarters, will tenderize in 2 minutes. Winter squash (those flat white creatures, all grooved and scalloped) cook in 15 minutes when cut in small pieces. Nice information if you incline towards cream sauces and their like. Baked squash (Summer or Winter variety) is my dish. The little yellow chaps taste exactly like sweet potatoes when treated in this manner (butter, salt and pepper in quantities are important), and their long-necked cousins, which are still small, blossom under this Italian recipe:

Zucchini With Cheese and Egg

3 or 4 small zucchini 4 tablespoons cream

1 egg 4 tablespoons butter 25 cupful of grated Parmesan cheese pepper and salt to taste.

Peel the zucchini and cut into 1/4 inch slices. Put into a heavy saucepan with just a little water and cook slowly, stirring frequently until the water has boiled away. Place the squash in a cas-















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containing natural four-color illustra-tions on almost every page, as well as describing and pricing more than 400 most beautiful improved iris varieties— types which flower from early spring until late autumn; also lists 30 Twice-blooming Iris, 40 Oriental Poppies and 50 Hemerocallis.

National Iris Gardens BEAVERTON, OREGON

Name. Address _____ serole, mixed with the butter, cream, egg (slightly beaten), half the quantity of cheese and considerable salt and pepper. Cover the top with the remaining cheese, dot with butter and bake in a preheated oven until the top is brown. Serve with turkey, or alone as entrée.

Tomatoes

When grilled or fried tomatoes are in order, remember that oil rather than butter is their cooking medium; and remember too that a faint over-tone of garlic (just half a clove rubbed lightly around the bottom of the pan) lends piquancy to their character.

In a salad they take well to quantities of finely chopped fresh parsley, and though tomatoes are affinities to every type of lettuce, they do nobly by themselves, if your dressing is vivid.

Canned tomato juice is undoubtedly one of our modern blessings. For a real taste thrill, however, try making the juice yourself from some of those sunripened crimson globes that weigh down the vines towards the end of Summer. The result is real nectar-especially if you follow this recipe, calling for numerous pungent herbs.

Home-Brewed Tomato Juice

Wash the ripe tomatoes but do not peel. Cut in small pieces, and simmer in small quantities until soft enough to pass through a fine sieve. Bring the strained juice to the boiling point just once, and pour into hot sterilized jars or bottles. Seal tightly. This will keep indefinitely.

Anywhere from 6 to 24 hours before you plan to serve it, add to 1 pint of this plain tomato juice, 1/2 teaspoon each of salt, basil, thyme, marjoram, Summer savory and tarragon, I teaspoon each of sugar and chopped chives. Let this steep so that the flavor is drawn out of the herbs. Just before serving, add the juice of 1 small lemon, chill, strain and pour into cold glasses.

Old-Fashioned Stewed Tomatoes

Melt 1/2 tablespoon butter in a deep saucepan, add 1/2 of a large onion finely minced. Sauté gently until the onion is soft but not brown. Scald and peel 4 large ripe tomatoes, quarter and add to the butter and the onion, cook over a low flame for 5 minutes. Now add salt to taste, 1 bay leaf, 2 or 3 whole pepper corns and I heaping tablespoon sugar.

Permit this to cook uncovered for 15 minutes stirring a bit at intervals. Thicken the sauce with 1 tablespoon fine cracker crumbs, added slowly. Let the sauce cook up once, remove the bay leaf and the pepper corns, and serve very, very hot. Tomatoes are allergic to flour-it does them no good, spoils their radiant gayety, and diminishes their honest flavor.

The pressure angle for tomatoes is a definite "No" unless you own a largesized cooker, which cans as it cooks.

And about that peeling business. . . . Just dip them for about two minutes in a large pan of water that has reached the boiling point. After submersion, their coats come off easily, and no vestige of pulp or meat is lost. But you knew that, didn't you?

White turnips (more insipid than their yellow brothers) require 10 minutes to (Continued on page 32)

RIS Daffodils ORIENTAL IRIS



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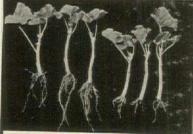
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VEGETABLES FROM A TO Z

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cook in a pressure saucepan when quartered; 15 minutes when whole, and 12 minutes when halved. They should be peeled before boiling.

Cooked in an ordinary saucepan, uncovered and in boiling salted water, they require anywhere from 30 to 60 minutes, depending upon their age and size. Once they are tender, they may be prepared in the same manner as the carrot, or you can mask them with a rich cream sauce. High seasoning is indicated, however, when they are served. The white turnip is-mild.

The yellow turnip achieves glory as a purée. Sliced, cooked to a pulp in barely enough water to cover, in conjunction with a few pieces of stewing lamb (bare lamb bones will do) and seasoned before mashing with salt, pepper and brown sugar (to remove every last vestige of bitterness), they are an

American institution, deserving of the highest praise.

Mashed Yellow Turnips

Peel and quarter the requisite amount of young yellow turnips. Place them in a deep saucepan only just covered by cold water (their own liquid content is considerable). When the water begins to bubble merrily, add the lamb knuckles, turn down the flame, and simmer for about 1 hour, or until the water is almost entirely absorbed and the vegetable is tender. Now add salt and pepper to taste, and I tablespoon brown sugar softened in a bit of water.

Mash the turnips with a large fork and continue cooking gently, stirring at intervals, until the seasonings are well blended. Remove the lamb, and just before serving, add a generous amount of sweet butter. Serve in a preheated

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tact with new methods give authority to those who have these advantages. They can readily sort real science from pseudo-science. They can weigh proven facts against projected theories.

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HOUSE & GARDEN

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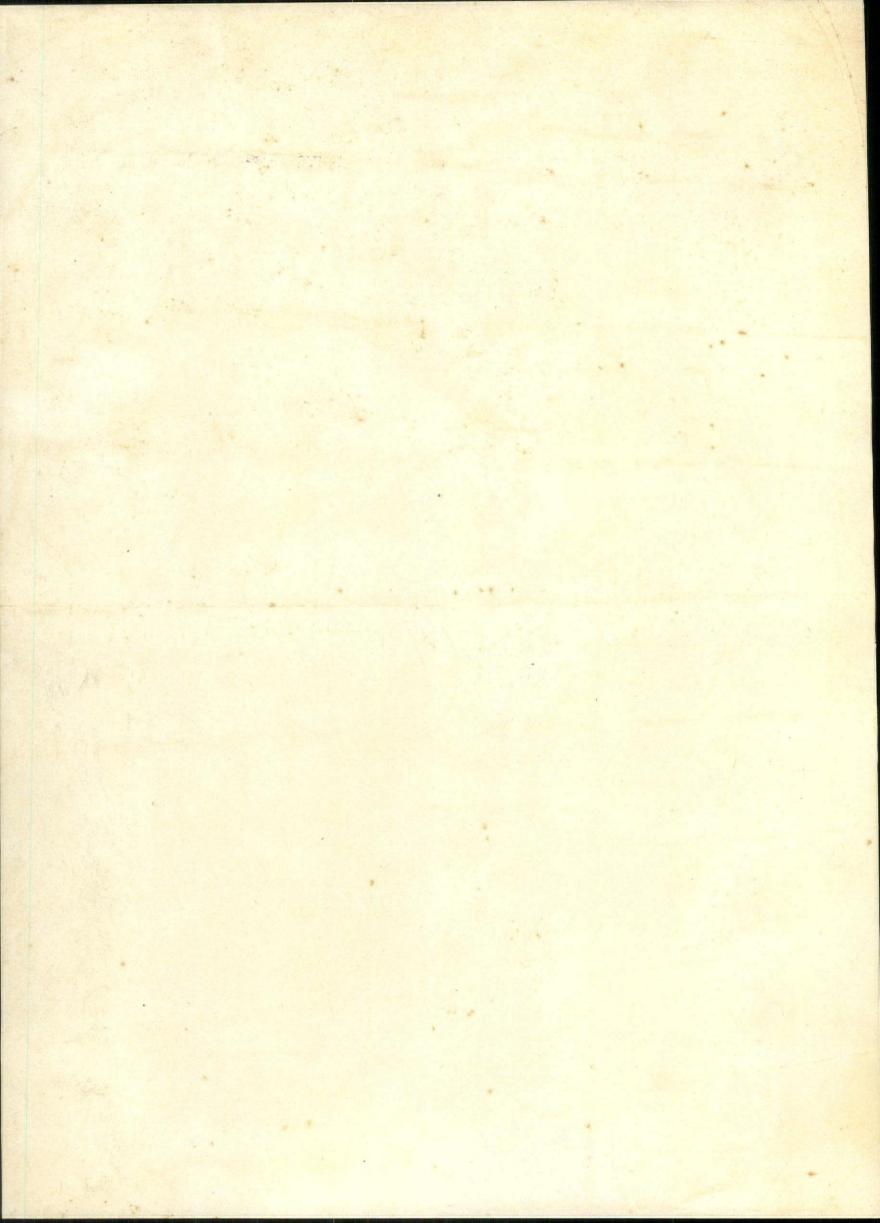
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Living Room in Southern Highlands Manner. See page 58

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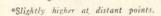


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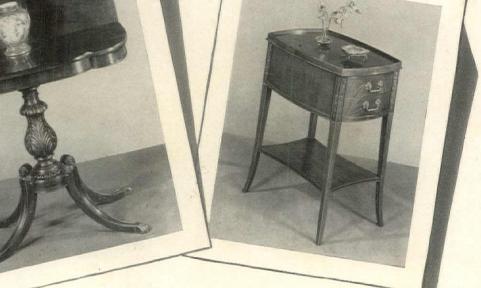
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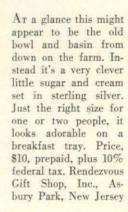
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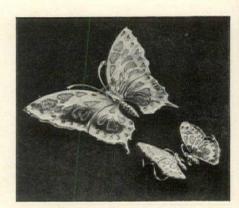


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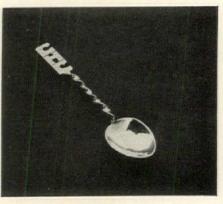
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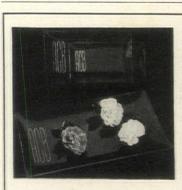
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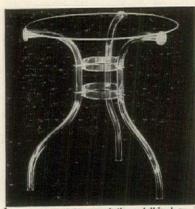
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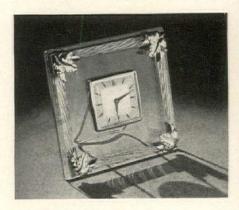
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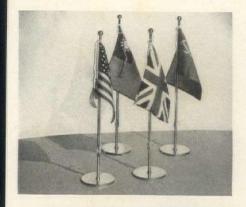
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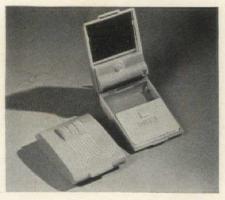
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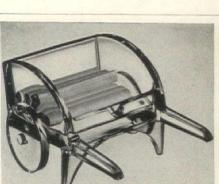
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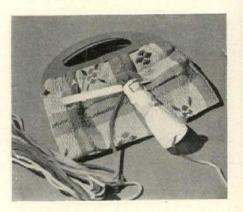


CENSORS won't tell us which way the wind is blowing these days, but a weathervane will. This one with the two roosters just seems to belong over a barn or atop a country house. Sturdily made to withstand the elements, it is easily mounted. Price, \$8.80. Carlisle Metal Silhouette Studio, 1548 Main Street, Springfield, Massachusetts

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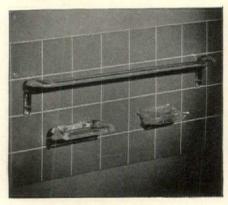




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Tray top 26" x 16", height 20". Shipped express collect.

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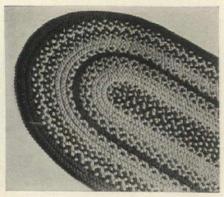
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Anything as important as the "staff of life" rates a handsome trav. Made by Reed & Barton. this is an oval fluted bread tray of sterling silver that may be put to use for celery and olives as well. Give it to the June bride who loves nice things. 10" long. Price, \$15, includes tax. Plus postage. Geiger & Ament, 447 Fourth Avenue, Lexington, Ky.



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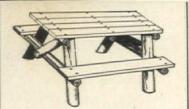
Citronella 15-hr. candles, burned in pairs, indoors or out, keep mosquitoes away. Heavy wrought iron windbreak holders, verde or black, specially designed for effectiveness. Exclusive with us. Pair complete as shown \$2. Refills (6) \$1.35. (12) \$2.50.

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This is just one of many in our unusu-ally large collection of lead pieces in a variety of sizes and prices.

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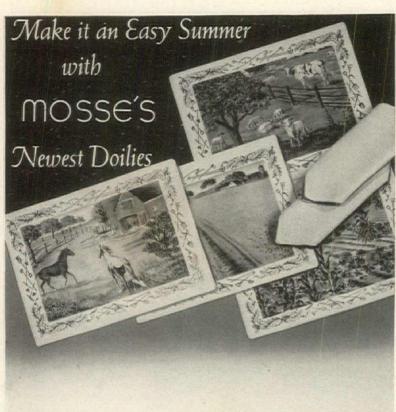
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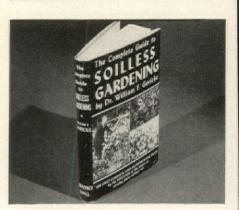


RETURN engagements will be yours if you take your hostess this Barbecue Condiment Set. In a tray of redwood, there's barbecue, Worcestershire, Swiss and hot pepper sauces; horse radish mustard, roast meat seasoning, celery salt, sneeze-proof pepper, etc. \$3.75, plus postage. Hammacher Schlemmer, 145 E. 57th St., New York, N. Y.

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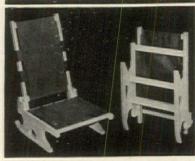
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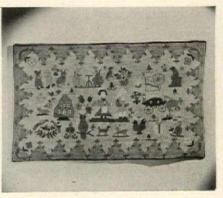
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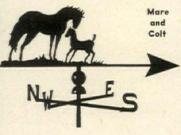
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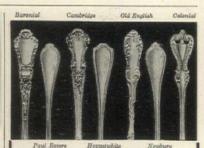
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For business-like outdoor cooking. Use it as portable grill or as permanent built-in unit in outdoor fireplace. Of steel and wrought iron, 18" 24" surface, \$12.95.



ABBRARRARRARRA

3. FOLDING GRILL

This sturdy charcoal grill folds into a compact metal carrying case, is easy to take along. Broils magnificently! Safe and economical. Case 21" x 9" x 4", \$6.95.

4. FOR OUTDOOR TABLES.

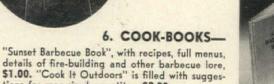
Individual oak steak plank with vegetable wells, 11" x 7", \$9.00 for six. Individual birch salad bowls, 7" diam. Six for \$10.00. Walnut handled stainless steel flatware. Set of six knives and forks, \$30.00.





5. HIGHBOY GRILL

Stands 30" high with cone-shaped firepot, adjustable spit and pan for catching ashes. Pompeian green weatherproof finish. 14" grilling surface, \$9.95.; 22" grilling surface, \$15.95.



7. FOLDING TABLE AND BENCHES

Natural finish birch, this unique table-bench set folds flat for storage. Table, 72" x 30", bench 18" high, 68" long. Table with 2 benches, \$39.50.



tions for man-sized appetites, \$2.00.

8. BARBECUE TABLE

With Spit-Colorful, luxurious and impervious to weather. Pompeian green wrought iron base, yellow and green tile top. 38" square, 28" high, 18" grilling surface, \$49.75.

Follow that barbecue urge! Request new Barbecue & Garden Booklet "G5" for last-minute news on summertime fun. Also Summer Furniture Booklet "G4".





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G G G High princ and H lands skin

Highlands Garden. Flowers and fruits of the mountains are the principal motifs in this old-fashioned design, done in punchwork and French-knots. Comes in three combinations of Southern Highlands colors, with predominating shades of Butternut brown, Frogskin green and Great Smokies blue.

Suspension Bridge. The original name of the quilt pattern that inspired this bedspread. White candlewicking fills in the background, setting off the traditional design and border worked in needlepunch embroidery. Predominating shades of Frogskin green, Madder red and Great Smokies blue.

Cabin Crafts

Meedle tufted

Bedspreads

EDITORS BURKET, HUMPHREY; ADVISER BEARD



A Style is Born

The story of this issue rightly begins a year ago when our June 1941 number on the Pennsylvania Dutch country appeared. You will remember the immediate success accorded that issue—copies are now selling for \$1 apiece—and one reader in whom it struck a responsive chord was Samuel Clemens Beard, Jr., a young historian at the University of Illinois who was born and raised in Big Stone Gap, Va., which is in the foothills of the Great Smokies. Mr. Beard wrote us a very intelligent letter proposing that we investigate the cultural traditions of the Appalachian country.

WE VISIT THE HIGHLANDS

In July of last year, Henry Humphrey, Managing Editor, and Harriet Burket, Merchandise Editor, made a grand tour of the Highlands country and found so much of interest for our readers that editors Fay Hines and Gay Young with George Karger, our peerless photographer, were hastily summoned and an intensive study of Southern Highlands life and culture was begun.

HIGHLANDS MAKES NEWS

Naturally we were not able to keep the results of our Highlands style survey from home furnishings manufacturers. They quickly saw in it a wonderful new design source which was as American as Daniel Boone, as enduring as the Great Smokies themselves and as much in today's consciousness as Sergeant York, another honored son of this region.

Last Fall, manufacturers began interpreting our findings in new merchandise. Then stores began to sense something new in home furnishings and asked to be permitted to act as exclusive source for the House & Garden Southern Highlands design trend in their localities. So, by means of such expert collaboration, a fresh new decorative style is born.

HOUSE & GARDEN

General Section, June, 1942

SOUTHERN HIGHLANDS

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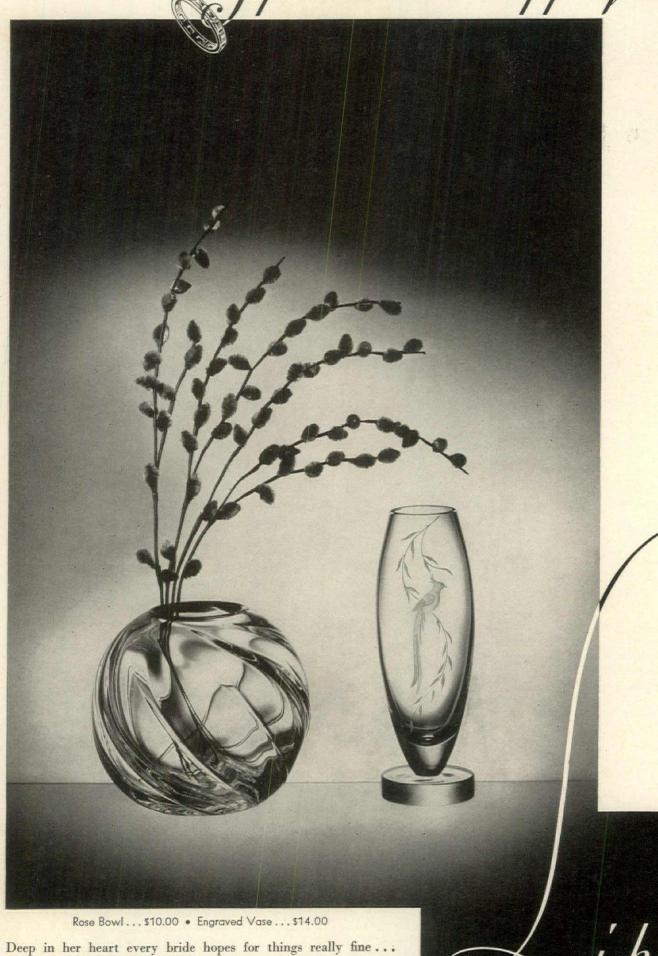
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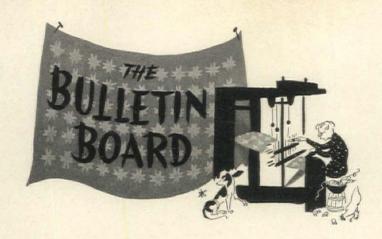
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Gifts that live happily ever after



gifts that enrich the life she is planning. No finer fulfillment can be found than the superb beauty of Libbey Modern American Crystal. Libbey Crystal harmonizes with modern and period interiors. Gem-like sparkle and clarity attest its genuine quality. Simplicity and purity of line give classic importance to its design. 120 years of fine glassmaking directs the skill of Libbey craftsmen, who make every piece by hand. Priced from \$5 to \$30 at leading stores.

modern American GLASSWARE



The busy bee. Apiarists and such who are learned about bees estimate that it takes 40,000 bee journeys to gather sufficient nectar to produce one pound of honey. Since each bee's journey in search of nectar is calculated at not less than half a mile, searching for that pound of honey requires some 20,000 miles of travel-approximately the distance around the world.

Garden economics. Perhaps more people than ever before, now that so many grow Victory Gardens, are realizing how necessary it is to maintain a liaison between the garden and the kitchen. The home vegetable supply should not come all in a rush and then dribble off to autumnal nothingness. By sowing the right varieties at the right times and by making every inch of soil produce continually through the growing season, sensible garden economics can be practised.



Tapestry animals. Horace Walpole, gossipy old letter writer of the Eighteenth Century, tells of the juvenile huntings of Ferdinand, Prince of Tuscany, whose sporting blood ran so high that, on going out of his drawing room "he always made an effort, or at least motion with his leg, that indicated a temptation to mount a horse in tapestry that hung near the door". Now we know people who, on occasions, would gladly shoot some of their furniture, but Ferdinand is the first we ever heard of who had an itch to mount tapestry animals.

Munitions planting. Already the garden clubs have undertaken to plant the grounds around our army cantonments and a grand job they are doing with it. Now a new opportunity comes over their horizon -giving some semblance of green growing beauty to the houses of munition workers which the Government is building by the thousands. In the families of those workers will be many to whom making a garden is as natural an instinct as whipping up a meal. Seek out these green-thumb wives, make them captains of this green army to lead the others. Before they know it, mere shelters will become flourishing homes.

Mountain crafts. In this issue House & GARDEN devotes almost the entirety of one section to the handicrafts of our Southern mountaineers and the application of their designs to modern products. These designs are as American as corn bread and smoked ham. They search down into our race roots. They carry on an ancient heritage.

Last year we made the same detailed and careful demonstration of Pennsylvania Dutch designs. Shortly afterward they appeared on furniture and fabrics and are now accepted as essential elements in the Early American taste brought up to date. We hope for the same influence with this month's display. While the 32 pages given to the handicrafts of our Southern mountaineers may seem a limited contribution (three times the space would not have contained all we had hoped to show) yet it represents the tireless research and coordinating efforts of two editors for eight long and busy months.

CHRYSALIS OF SUMMER

With bough in hand and leaf to lip The strictured Spring begins to slip. One leaf, unfolding on the wind, Brings Summer thoughts, undisciplined. A fountain reaching for the sky Falls back with an heroic sigh: Its brief design, its sudden pose As integrated as a rose . . . Drowsing over everyone The sweet, impartial Summer sun . . . Bees above a sleepy field Neglect the orchard's richer yield . . . In one small leaf a Summer day, A whole and golden Summer lay. -Helen Murphy.

Home owners. The census of 1940 reveals that in the past ten years the percentage of homes owned by their occupants dropped from 47.8% to 43.6%. At the same time the number of families in the United States increased 16.6%. The proportion of home ownership was highest in rural-farm areas-53.2%, and in rural non-farm areas, 51.7%. Only 37.5% of families living in urban areas own their own homes.

When this war is over, wouldn't it be a good idea, certainly a stabilizing influence, if we started a nationwide Own-Your-Own-Home Movement?

Of the dwelling units existing in 1940, 18.3% needed major repairs. A sustained campaign for repairs and Government help in making them possible were doubtless responsible for our 51.7% houses being found well maintained.

But here is another figure that, in a nation claiming to have the highest standards of living, comes as a distinct shock. Of the 37,326,682 dwelling units, 45.3% or 16,908,986 of them lacked private baths. In cities 23.3% were without this equipment, in rural non-farm areas, 60.7% and on farms 89.4%. Of rural farm dwellings only 17.7% had running water inside the house and 11.8% toilets. Evidently an appalling number of our citizens do not enjoy essential conveniences of the American way of life. What are we going to do about it?



Holy trees. Reading along the other day, we came across these remarks from the great composer Beethoven: "In the country it is as if every tree said to me, 'Holy, holy!' Who can ever express the ecstasy of the words?" And from this turned to a report on the vast acres of timberland being cut over to meet war needs. Pretty soon, unless we start a reforestation campaign, there won't be many trees left for us or future Beethovens to become ecstatic about.

Balanced gardening. Those of us who are able to look beyond the present compelling interests of the war to the peace that eventually must follow may also be wistfully thinking of gardens in respect to peace. It would be a sad loss to the health and welfare of the country if the energy and enthusiasm engendered by this Victory Garden campaign should be allowed to peter out.

In a nutshell, the Victory Garden is a balanced garden. It produces flowers, fruits and vegetables. We need more of this balanced gardening, just as we need more people who, after their war-time experience, will be convinced that gardening is an essential part of a sane and healthful life, worth maintaining in good days as well as evil days. Civilization began when man began to cultivate plants. It falters when he neglects them, and he soon feels Nature's revenge when, having neglected plants, they no longer provide him sustenance.



KARGER-PIX



In a schoolhouse near Cade Cove, Tenn., young mountain folk learn pride in the handicrafts of their forebears





Steep mountain walls and deep-cut streams have guarded a pioneer civilization—as evidence of how our nation grew

From the Shenandoah Valley the Appalachian Mountains stretch southward in three great ranges—roughly like the separate fingers of a giant hand. Down through West Virginia and Kentucky they roll, through Virginia, North and South Carolina, skirting the tip of Georgia, dipping into Alabama. And the region which they define is known throughout its more than three hundred thousand square miles as the Southern Highlands of Appalachian America.

This is a land as varied as a continent apart—studded with "knobs" (peaks) and lofty mountain "coves" (valleys), filled with high plateaus and towering forests, cut by deep gaps and curving rivers. And its people are as varied as its lands. Here in the steeps of the mountains, treasured by time and geography, survives a whole pioneer way of life, a separate civilization which is only now being woven into the fabric of contemporary America. These mountain folk, who dwell on the high ridges, on the knobs, in the plateaus and foothills, are known as Southern Highlanders.

The three great ranges—the Cumberlands, Blue Ridge and Alleghanies—which bound the Southern Highlands, include broad green valleys, too; prosperous farming country, bustling, modern cities: Knoxville, Chattanooga, Asheville, Johnson City, Lexington, Marion and the like. Actually within the region, these people in the valley cities are not of it in any special sense. Rapid expansion and thriving commerce have brought here, as to any typical American town, influences and traditions too numerous to trace. But here, too, there are traces of the pioneer generation in the work of the early cabinetmakers (pages 28, 29), in prize collections of quilts and coverlets. In the valley section of this issue, it is with these traces that we are chiefly concerned.

The early settlers were brave men—dauntless and intrepid. For the Highlands of the 18th Century were a staggering wilderness. Indeed, its first trails were probably made by wild animals; bear and wolves as well as deer left a network of paths leading from salt lick to mountain spring. The Indian mound-builder and later the warrior wore the trails deeper. And then came the white man. Daniel Boone blazed the path along which the settlers came; later the hunters and the trappers like him starred the trails. Before the Revolution, many settlers trickled into the re-

gion; after it they surged across in great tidal waves. Many came to escape religious intolerance, many were looking for new rich farmland, some were left behind the general migration westward when a wagon wheel broke down or a woman had a child. They came on foot and on horseback, by Conestoga wagon, by river boat. The records of the tale are written mostly in old diaries or handed down by the cabin fire when great-grandmother spins a yarn. Pioneering is slow work; settling the Highlands took perhaps two generations. For example: Abingdon, Virginia, fairly accessible to the coastal regions, was settled in 1750. It was over forty years later, in 1792, and one hundred and fifty miles farther that the Governor's house in Knoxville, Tennessee (it was then part of Carolina) was erected, the first frame house west of the Alleghanies. The first trails wide enough for wagons across the three ranges go back to about 1790.

W Ho were these stalwart pioneers, these ancestors of hill and valley folk alike, these forebears who left the Highlanders today a claim to the purest strain of Anglo-Saxon stock in America?

A large proportion were Scotch-Irish. Under Elizabeth the Scots had been sent to colonize the northern part of Ireland. Later, for economic reasons, they had emigrated to America. Many of them had first settled near Philadelphia, probably in answer to William Penn's promise of land and freedom for all, as had the Pennsylvania Dutch. One theory is that they found their new neighbors, the Quakers and the Dutch, unfriendly; another is that they were caught up in the fever for new frontiers and wandered on until they found the Southern Highlands with its crags and lakes, so like their own lost homeland. Certain it is, in any event, that they flocked South in great numbers.

The Pennsylvania Dutch came too in goodly numbers, caught by tales of broader acres and of the rich black earth to be had for the asking in the fertile limestone valleys.

There were English émigrés, broadening the vanguard of Empire. Their witness today is a preponderance of blue eyes and blond hair in many isolated Highlands settlements, and many traces of Elizabethan ballads and speech almost unchanged. There were among these colonists men of every degree, and station: lace-cuffed pioneers from the coastal lowlands of Virginia and the Carolinas, and Old World redemptioners bonded to seven years' work for the fare. All brought their own customs and appurtenances of life; all lent their gifts to the stalwart mountain folk who people the Highlands today; all have influenced and enriched the design heritage which we find in Appalachian America.

By modern methods, the eager mountain youngsters learn to use



Oak splints can grow into a fan or basket



The rug at home is very much like this



Teacher knows how to hold young interests



Youthful quilter experiments with motifs



Little shaver tries his hand at whittling



Weaving lesson on tiny hand-size looms

Old ways and pursuits fill the creative needs of the elders and

Man's oldest lesson that he must not lose the skill of his hands is one the mountain people know well, and in every cabin of cove and crag there is usually at least one member who can create from the meager materials at hand a thing of simple beauty.

Perhaps it is a coverlet woven from a pattern old as the hills, a basket shaped from grasses growing by the branch, a pitcher blue as the sky behind Old Baldy.

For those whose hands have forgotten, there are the mission and settlement schools and the guilds which bring a fresh talent to the teaching of old skills and a new technique to the education of bright-eyed mountain children.



Sturdy baskets from a patient hand



Planing a chair back smooth

heir hands and heads



At school fans are made for fun, not profit



School for the mountain child is the bridge between two worlds—the plain cabin with the puncheon floor where he was born, and the outlander's domain.

His memories of the cabin world are warm: the patient face of his mother—worn perhaps with work, hard work but good; the kindly feel of her coverlets, soft with use; the clean touch of her quilts, faded a mite with washing but pretty still. His is a close-knit family tie.

He remembers, too, the fun of wading on the white sand of the branch; of gathering meadow rue and teasel, madder and spruce pine for his mother's dye-pots; of fishing the high creeks for red-eyes with only Spot for company.

Of the outside world he is shy. But in school—such as the Glade School we show at left—he learns to meet his fellows. Here, with the rudiments of a realistic education, he absorbs a bit of confidence and his self-consciousness begins to melt. Here, too, he is taught by modern folk-school methods to value the handicrafts that mean so much to his people.

When he leaves school, he fits into neither of these two worlds quite happily; he can carry back to the hills knowledge for a better way of life. Or he can go to the city and compete with the townsman—learning new rules-of-thumb to survive. This is the mountain's problem.

urnish some economic reward



From the potter's wheel, sky colors



"Suckering" the tobacco crop



Pi Beta Phi's "Aunt Lizzie", 84, still weaves

SIN NOT

THE Good Book and the Word are an accepted part of the mountain man's life—as natural to him as the planting of his corn fields or the

birthing of his children.

Church is a main social diversion of the week; on Sundays he goes willingly—to hear the preaching, greet his neighbors, and to sing, perhaps by little square notes lined off on the communal blackboard.

Built in the simple foursquare outlines of a schoolboy's drawing, these little white clapboard churches punctuate the mountains, placed in the high green glades of gap and cove. Each has its carefully tended patch of bright flowers—pretty-by-nights, touch-me-nots, prince's feather—and its nearby burying ground. Each has its plain, unpainted single room which must house simultaneous Bible classes for young and old before the Sunday sermon, and frequently serve again on Monday as a school.

If the meeting house is back in the hills, service may be held at any hour from dawn peek to dusk, often only on alternate Sundays; the itinerant pastor may shepherd as many as five remote communities, traveling the slow, steep miles by car. To reach the one at Black Gum Gap, Tennessee, where the six pictures at far right were taken, he might follow our route: off a dirt road behind Gatlinburg and up a dry creek bed. Right, churchyard at Glade Springs, Virginia.

For the mountain folk, young and old, church is the



The Lord giveth and the Lord taketh away

From the pioneers, they inherit primitive ways and



Early smoke house, overhang roof



Sorghum cane for autumn stir-offs



For steep slopes: scythe with cradle

center of community life



Outdoors is cooler for the preaching



Gran brings her brood every Sunday



Square notes rule the singing



Deacon's hat takes the collection



Little tads like the boom of preacher's voice



"I'm a Pilgrim through this Weary Land"

the stubborn courage to survive



Sleds travel steeps where wheels cannot



Hand-rived shingles, hewn walls

In the hill man's economy, security is a short-span term, measured in tangibles; a smoke house filled with pork joints and bacon, plenty of firewood, dried fruits and shuck beans, store clothes put by for the Winter, seeds for the Spring planting.

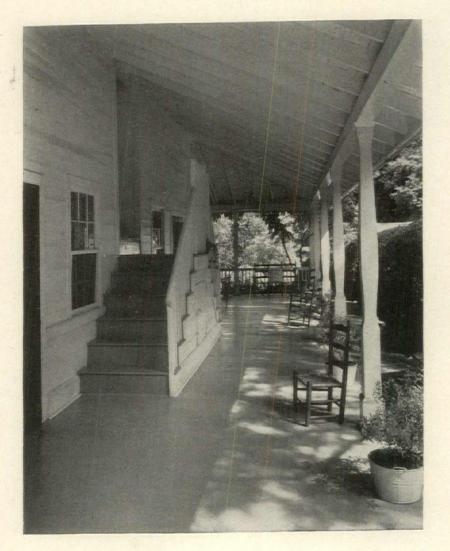
Many elements contrive to thwart its achievement—the reluctant soil, the scheming weather, outmoded methods. Farming here is a difficult task. On the steeper slopes grain is sometimes cut with a cradle, literally to keep it from falling down the mountain. On the highest ramparts, the Highlander may have to substitute a sled for a wagon to haul his produce down.

The smoke house is his Yankee cellar, the spring house his refrigerator.

Homes of the lowlands show distinction



A Georgian colonnade is the appropriate introduction to Ashland Farms near Chattanooga, Tenn. The home of Mrs. Z. Carter Patten, this residence is one of the many excellent examples of the distinguished architecture found in some of this State's rich and picturesque valley land.





The old mill-house on the estate of Mrs. Z. Carter Patten is a fitting shelter for her fine collection of mountain pieces such as the hooked rug and coverlet on page 35, the hooked rug on page 36 and the bedspread on page 51.



Civilization and wilderness meet (above) in this interior in the North Carolina home of Mrs. Laurence Stallings. The characteristic Georgian detail of the woodwork is in pleasant contrast to the vigorous treatment of the plain brick wall.

A saddle-back house (left) is one in which two completely separate halves of a house are joined by a common chimney. The Sherrill Inn is of this type. The stairs ascend from the porch between the two major sections of the house.

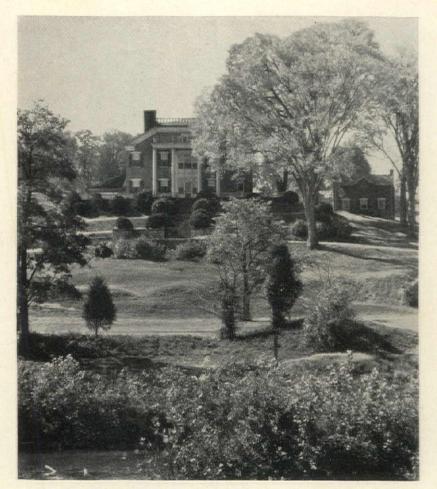
and originality

The richness of the fertile valleys has brought elegance to some homes, but most retain some kinship to the neighboring highlands



Marked by ancient boxwood this path leads to the old Sherrill Inn, built in about 1800 at Hickory Nut Gap, North Carolina. This saddleback house has been much enlarged and raised to its present two-story height as seen above.



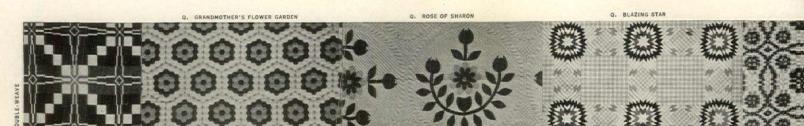


The fertile acres of the valleys early became the sites of substantial homesteads which increased in beauty as their owners prospered. The lovely place seen above is Rotherwood, the home of Mr. and Mrs. John B. Dennis at Kingsport, Tenn., and a fine example of ante-bellum architecture and landscape gardening.



Rough squared logs (above) were the universal building material of the region in the early days, and in some sections still outrank wood frame or masonry. This is the home of Mr. and Mrs. F. R. Wescott at Dalton, Ga. It shows a contemporary adaptation of the native "dog-trot" or central passage.

Symbols of the Highlands (left) surround the entrance of the home of Mr. and Mrs. I. M. Eastman at Bristol, Virginia. Not only are the furnishings authentic old pieces, collected in the neighboring hills, but hardly a stick or stone used in the construction of the building is less than two centuries old.



ON THE DISTAFF SIDE

Highlands quilts and coverlets write a pioneer saga in their patterns, names

HROUGHOUT the Highlands region-from its remotest mountain cabins, through the deep broad valleys, out through the far-flung foothills which bound it-women of every degree share one burning enthusiasm. It is for the old hand-woven coverlets, the handmade quilts, unfading and lovely still, whose patterns represent for them a pioneer heritage.

Some of these were brought in with the early settlers, maybe in the shape of a quilt or coverlet draft (see page 74), maybe in the shape of the final product. Almost every quiet dreaming cabin in the hills has its treasury of them, so has every pleasant tree-shaded house in the valley towns.

Coverlets, woven on the household loom in patterns of colored wool over a simple "tabby" background are the most distinctive handicraft of the Highlands. For into their making go many of the pioneer arts: the thread for the warp was made of homegrown flax, planted, hackled and spun by the woman herself. She raised the sheep, sorted the fleece, carded and spun it, dyeing the yarn from native plants, winding it ready for the loomas the weaver, opposite, is doing at the Pi Beta Phi Settlement School, Gatlinburg, Tenn. All this once preceded the actual weaving, and in some remote districts still does today.

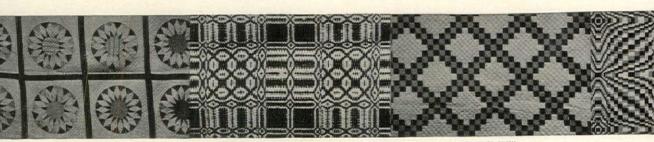
The old patterns are being re-created

today in much their original form under the leadership of the Guilds.

The quilts are both pieced and appliquéd: the "piecened" ones are patterns of material cut and sewn together, then quilted (see "Chips and Whetstones"). And this was the thrifty colonial woman's way for using up all the precious tags and bits in her scrapbag. The patchwork ones with appliquéd patterns have consistent coloring, often on a white ground. Tiny fine stitches were used to fill in the backgrounds of the quilts: a battalion of fine even squares or diamonds, freehand feathers, interlocking circles (known in old English quilting as the wine glass motif), serried rows in fan-shape.

Their names are as lovely as their colors: Blazing Star, Rose of Sharon, Grandmother's Flower Garden, Rocky Mountain Road, Eight-Point Star, Chips and Whetstones, Irish Chain (see the border here; in the legend q. stands for quilt, c. for coverlet).

The "Rose of Sharon", was the traditional bride's quilt here as in other regionsand there are many variations from the one we show. Another legend, encountered in the mountains, was the tradition that every woman who plied the quilting needle would make some time in her life at least one pattern with a heart upon it.

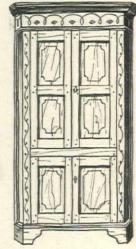




Notes from our Highland

ON these two pages we bring you typical furniture and motifs from the Southern Highlands. Pieces made of black walnut, maple, pine, cherry and holly recall the days of the early settlers, more than a century ago. Designs reflect the many varied influ-

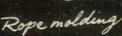
ences. Note chamfered corners and delicate inlay reminiscent of English cabinet work; the spool turning of New England; the colorful motifs from the Pennsylvania Dutch combined with the inspiration of the Highland region. Modern pieces on pages 49.51, 68.70.



WALNUT CORNER CUPBOARD James Young, early cabinetmaker of N. C., great-grandfather of present owner, made this. Loop and diamond inlay.



HIGH-DADDY A later piece, evidenced by refinement of detail, but note rollicking irregularity across top. Bellflower inlay.





and sun

Eight-point star



LAZY SUSAN TABLE

Sketched after a pine original made in the North Carolina foothills. Central platform, attached on pivot, revolves.



MOUNTAIN PIGGIN

pail with its upright handle was kept beside the spring; in others, used for milk.



In some places this rugged



PIE CABINET, OR KITCHEN SAFE

Common to hill and valley, this wooden cupboard with punched tin panels kept food fresh. Motifs often geometric.



HUNT BOARD

Used in foothill plantations of N. C., Georgia, for stand-up hunt breakfasts. This one has wooden pegs instead of nails.

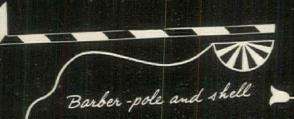


TENNESSEE NIGHT TABLE

Characterized by broad flat top and deep overhang, simple, turned legs. Probably the work of an itinerant maker.

00000000000000000

Hot poker edge on chest



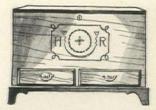






Loop and diamon

Sketchbook)



Probably work of migrant Pennsylvania Dutch settler in east Tenn. mountains. Used to store quilts, coverlets.



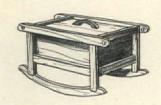
SWEETWATER DRESSER

Drawers are alternately cherry and walnut with holly inlay, barber pole and shell. Note fake keyholes, star.



CAROLINA SUGAR CHEST

Original in cherry might have been used on foothill plantation for storing wine. Dowelled corners, single inlaid star.



ROCKING CHURN

A carry-over from pioneer days, this labor-saving device is set in motion, by merely sitting and swinging a foot.



FIVE-POSTER BED

Interesting for its headboard with fifth-post inset. Typical of designs on old "cord beds" is the spool turning. E. Tenn.



This is also called a wine cab-

inet. Made in cherry, it has no inlay, depends on graceful

HUTCH CUPBOARD

Very small in scale, probably belonged to child of maker. Carved rope molding typical of Jean Adams, see p. 74.



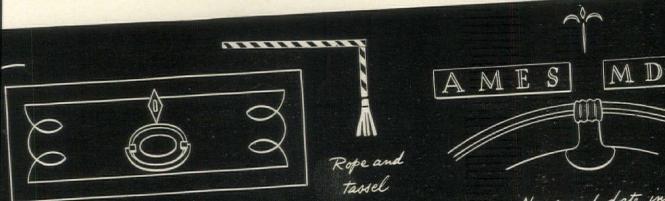
KNIFE BOX

Probably whittled out by the light of a Betty lamp at the mountain hearthside, this box hung near fire, held flatware.



MAMMY BENCH

A settee-rocker with sheltering arm that pegs in to form a cradle. We found several of these, from Virginia to E. Tenn.



CIKCLE LEFT AND

Arthur Murray teachers for House & Garden.



Swing your partner

This is done by holding hands or wrists, elbows bent, or, as in this modern variant, the man puts right hand on girl's waist as he swings her. Part of a figure called "Sugar on the Floor."



Doubtless a corruption of the French dos-à-dos, this characteristic step involves passing around partner, back to back. Here Bernice Duncan and John Forrest, both Arthur Murray teachers, are executing this commonly-used step.



er, form a ring

ng of men. Girls raise behind men's backs; rl at 'far left wears from one on page 35.



Open tunnel

Going counter-clockwise, head couple turns back, inside arms raised over approaching couples. On reaching end of line they turn clockwise again. Each couple repeats figure.



Shoot the owl

First man, moving toward center, turns partner with left hand, goes hands-three with second couple and pops under their clasped hands. Repeated around the ring.

SASHIATE"

an a running set fore details, page 58 THE "running set", probably so called because of the swift, short and smooth running step which is used in its execution, is the characteristic dance of the Southern Highlands. A kind of square dance in which four or more couples engage, it is danced to lilting jigs or reels played on a fiddle; or sometimes merely to the rhythmic stomping and hand-clapping of the onlookers. The dancers form a circle and the "caller" shouts out the figures in any order that seems good to him, sometimes interpolating couplets of his own. These "calls" are colorful and add a spice of uncertainty to

the dance as no one knows what figure will come next. Key to diagrams at right. Try these steps yourself at home—more details on page 58.





Wring out the dishrag

From promenade position which is same as skating position with left hands joined, right hands joined above them, man whirls girl around him to pass under joined hands.



Elbow swing

Here is still another version of "swing your partner" (see opposite page). In this, crook'd elbows are locked, left hands on hips, and the dancers swing, leaning outward from partner.



Sweep the floor

Again starting from promenade position, man drops to his left knee, keeping his partner's right hand in his. She moves around him counter-clockwise until she is again on his right.



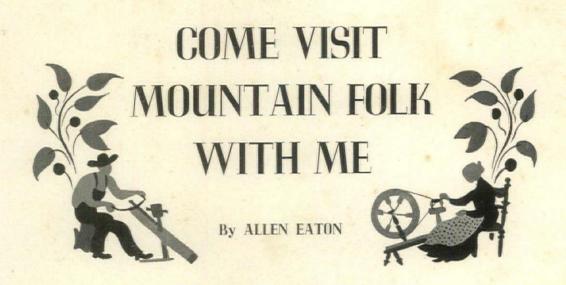
Birdie in a cage

Done with two couples. First man goes handsthree around partner with second couple. This is followed by Birdie Out and Buzzard In. Man takes girl's place; she replaces him in circle.



Ladies join their lily white hands

Also called "Swing Like Thunder." Girls join hands; men join hands around them. Girls swing hands over men's heads. Then all start circling, faster and faster until girls' feet swing off the floor. Girls' percale dresses, "Balmoral" skirts, Mary Lewis. Men's jeans, plaid shirts, R. H. Macy.



THINKING over the pleasant experiences I have had in the Southern Highlands, an overnight visit in the Wilson home in the mountains of Marion County, North Carolina, comes vividly to mind. My companion was a mountain man. We had driven steadily all afternoon in a ramshackle Ford.

Our objective was Andrew Wilson's farm. He raises his own sheep; his wife spins the yarn, and will even color it with home-made dyes. I wanted to see how she did it. We would have made their home before nightfall, but for my stopping along the road to climb for closer admiration of the masses of "wild honeysuckle", mountain folk's name for the brilliant native azalea.

I had been in the mountains many times. I was familiar with the white and pink and red rhododendron, and the lovely laurel or "calico bush", and in the lower lands, with the long vine of the real honeysuckle from which baskets are made. But until this day, I had never realized the promise in the words "You must see our wild honeysuckle in June."

Near sundown we arrived at the old Wilson home, several miles this side of Andrew's. We were completely unexpected visitors, but his mother and younger sisters made us as welcome as though they had been planning a year for our coming.

THE cabin on the old homestead was a worthy example of mountain architecture. Its walls of perfectly-hewn logs were put together as solid as Noah's Ark. Its roof lines harmonized with the contours of the mountains in which it nestled. The fireplace chimney of native stone and clay was carefully laid up on the outside of the cabin, beautiful in form and significant in function. For many years the fireplace and chimney had served as heating plant, ventilator, cookstove, incinerator, and lighting system.

The front yard was full of old-fashioned flowers. The sweet spicy fragrance of Chinese pinks filled the air even though the sun was well down.

As we stepped up on the porch I was impressed with the even quality of the hand-rived shingles, "roof boards" they sometimes call them, split out of white oak and hickory trees of the neighborhood with froe and maul.

The mountain cabin has several variants. The early shelter was a crude structure of one room, often without a single window. Then came the more adequate but still simple form of two rooms with a loft over each, the rooms separated by a covered passageway from three to eight feet

wide, called a "dog-trot". This type of cabin is known as a "but-and-ben", a term stemming from Scotland.

The most elaborate Highlands cabin of pioneer days was that with new rooms or "new houses", built on from time to time. These resulted in combinations of T's and L's or sometimes complete crosses with fireplaces in each of the four gables. Some of the windowless cabins had two doors, one that opened to the East to get the "sun ball" early in the morning, and the other opening to the West to catch the evening rays. There are still to be found in the mountains today cabins which have no windows; those with but one are not uncommon.

As late as thirty years ago the introduction of glass windows became a momentous issue in Knox County, Kentucky. This arose over an offer of outsiders to give windows to those who would use them. Moral and religious objections were made by old timers against installing them! One of the first cabins to receive a gift window is the old Everidge cabin at the Hindman Settlement School which is now used as a museum.

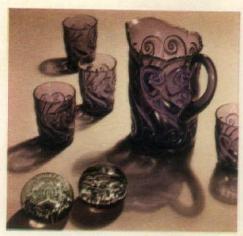
After a hearty supper in the "new house" of the Wilson home, we gathered around a hardwood fire in the "old house", now the living room. I noticed on the floor a beautiful pile of fine fresh shavings.

Answering my inquiry, the grandmother who was sitting by the fireplace said, "This is my feather bed." She picked up from the hearth a witch hazel limb, three inches through and about twenty inches long, and with her pocket knife proceeded to peel off the fine curly shavings. When she had a sufficient quantity they would be put into a bed tick as filling.

She assured me that they were unusually resilient, lasted a long time, smelled sweet. That night I tested the qualities of a witch hazel mattress, and found it excellent. I have never found anyone else who had even heard of using witch hazel shavings in this way.

Grandma Wilson, then 84 years old, told us how she had come to this spot as a bride nearly sixty years ago. They had camped out down by the spring while a distant neighbor helped her young husband "raise" the house. Grandma's most cherished memory was of the two high spinning wheels, one on each side of the fireplace where her son and daughter used to spin yarn at night in order that she might continue her weaving the next day. (Continued on page 82)

Originals from Appalachian craftsr



Scrolled Eye pattern in old pressed glass, probably made in Virginia. Found near her Shelby, N. C., home by Mrs. Alma Webb. Paperweights from W. Virginia: "Home Sweet Home," "Candy Cane"



Color variations like dawn skies in the overglazes of Throckmorton Pottery: here pitcher and "coolie hat bowl". Table mat, Southern Highlanders Shop, N. Y. C. Betty lamp, Slemp Museum



Turned from the potter the E. A. Hilton family: tea the father, angels and Made mother, pigs by children. F. The Spinning Wheel; oth



Century-old quilt, "Democratic Victory" pattern, also shown on our cover. From Mrs. Vernon C. Chandler, Knoxville. Antique carved sandpipers on barkcovered blocks, at Penrose and Edgette



An ingenious sleigh cradle, slung from runners. A handle at the back was used by mountain woman to push babies to the field, where mother could watch. Slemp Museum, Big Stone Gap, Va.



Pine Tree and Snowball rare Summer-and-Winter we than a hundred years old. Cov carefully woven by women their homes. Owned by Mrs. Z



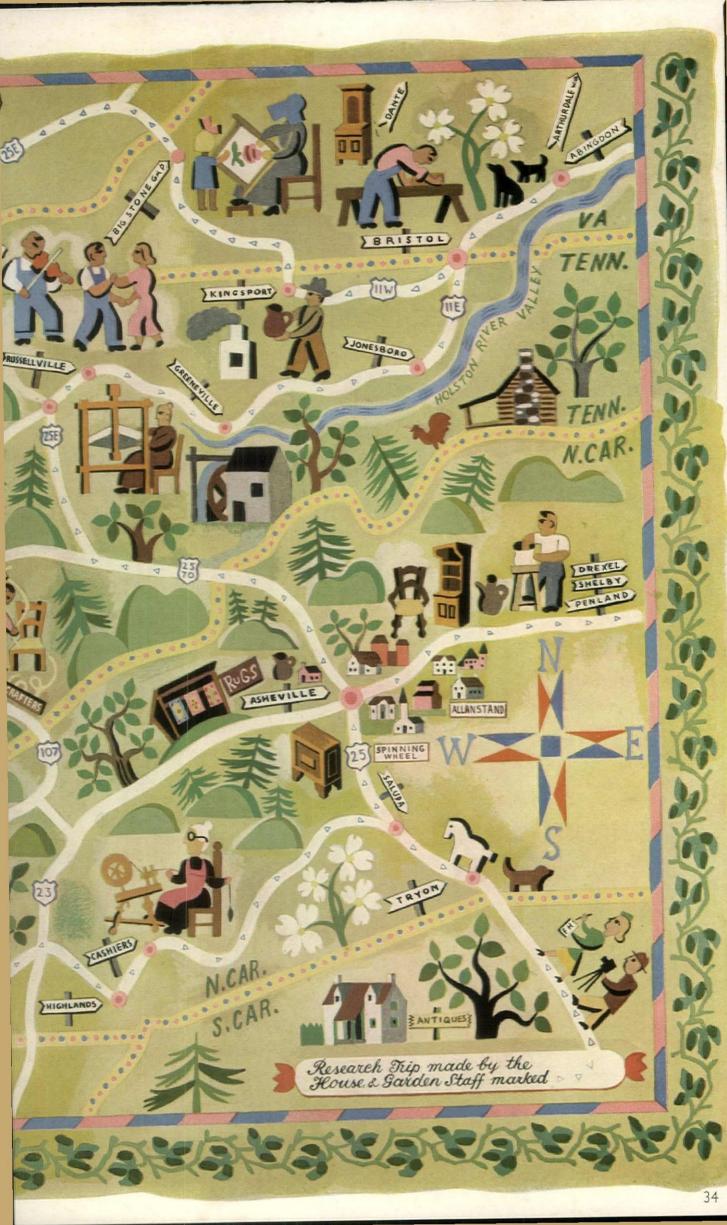
Figures made in yellow glaze by Mrs. Clara Hilton. Cups, Cole's Pottery. Hand-woven McNeil plaid from Berea College. Pottery here and in the two pictures at right, Allen Eaton Collection



Balmoral, legendary woolen petticoat of the region, from Clementine Douglas, The Spinning Wheel. Bachelder vase. Early butter molds. Narrow wooden washboard, The Slemp Museum



Child's wing chair; spice cl rose & Edgette. Piecrust plate House. Vegetable-dye hanging H. E. S. Viner. Hand-hooked by Mrs. Z. C. Patten. Pottery

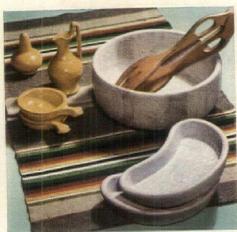




early and contemporary



The precocious color combinations which many unschooled Highlands artists achieve are illustrated by proximity of cerise to orange and purple in this hand-hooked rug. From Patten collection



Bleached oak salad service; O. J. Mattil's jumbo wooden salad scissors designed by Mary Rodney. Cruet, ramekins, Rebecca jug, Eggshell Pottery. Striped wool runner, from Hillcrafters' Guild



In frogskin glaze pottery: tumbler and wood-topped acorn bowls; green shades into red at bottom of bowls; Eggshell Pottery. Hand-woven throw in vegetable-dye stripes, The Spinning Wheel



Variations of rose tones in pottery and table mats. Thin cups, plates, Eggshell Pottery. The mats, woven of strips of discarded cotton stockings, come in a galaxy of bright colors. Made in Asheville



The Lady's Puzzle or Drunkard's Path pieced quilt. Its intricate design is formed by simple pie-arcs cut from square blocks and rearranged. This very old one from Mrs. Vernon C. Chandler

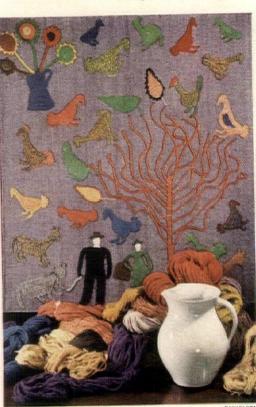


American-grown flax is hand-spun and woven to make these towels, at the WPA Handicraft Center, Parksley, Va. Birds by C. Hardy Davidson, brooms made in Asheville. Antique bride's box



Sentimental quality in old Highlands designs: patchwork quilt, from Mr. F. R. Westcott. Red rose hooked rug, Blue Ridge Weavers, Tryon. Pig-on-the-hearth foot warmer, Berea College. Dulcimer, courtesy The Spinning Wheel. Basket, Allanstand

Granny Donaldson crochets original figures, trees, and flowers, appliqués them on this "cow blanket". Cornelison pitcher, Eaton. Vegetable-dyed yarns from Sarah Dougherty, of Shuttlecrafters, and Louise Pitman of John C. Campbell Folk School



Highlands speech fascinates the outlander

By S. C. BEARD, Jr.

HIGHLANDS speech is a mixture of good English, bad English, Old English and slang. Much of it is waggish. Unfortunately the Old English appears to be going out and the slang is coming in. It, together with more modern usage, filters up from the towns in the valley.

"Howdy" is the usual greeting of the mountain man, followed by a gracious invitation to "light and hitch your beasties" and "come in and hev a cheer." If the visitor is a woman, the mistress of the house or one of the children will approach her and say with native courtesy, "Let me rest your hat".

Whenever hailed concerning his health, the Highlander seldom answers "fine" or "very well" as does his kinsman in the valley. He is "jest tol'able", "only middlin'", "able to be about", "mainly joyous and peart", "ty-rollickin'" or "moderate only".

Brevity is the soul of Highlands speech, and it is preferred to clearness and grammatical accuracy. The only consistent thing about mountain dialect is its inconsistency, people in various parts of the mountains speaking differently, families in the same neighborhood dissimilarly and members of a family diversely. Often an individual will use a word one way one time and another way another time.

Even so, some word usages remain constant. "Hit" comes down from Chaucer, and "hit" is an integral part of the language today. But "hit" is not always substituted for "it"; a delicate sense of euphony usually dictates the choice. "Shore" is nearly always used instead of sure, "right smart" for much or many, "poke" for sack, "sallet" for salad, and the prefix "on" for "un", used interchangeably, giving us such words as "onknowen", "onreckoned" and the like.

THE Highlander is adept at terms of disparagement and disrespect. Witness: "mealymouthed", "gimlet-eyed", "chisel-faced", a "torn-down scoundrel". Expletives likewise are numerous: "hell's banger", "I gonnies", "by juckers", "hell-shot-a-buck-rabbit" and "inpurgatory-or-some-other-unhealthy-place!"

At the opposite end of the scale is an unusual height of lyricism and poetic fancy which the speech of the Highlander occasionally attains. Thus, a patriarch of a sun-filtered hollow, describing a "dawn peek" in the mountains, did so in these words—

"Day-rise wuz pinkin' up the east and fur off down the timber a leetle peach-bloom cloud wuz driftin'. Blue-pink hit were with skeins o' honey-bees loomin' hit like a quilt pattern.

"Off I canters in the heavy timber to where hit was the coolest, deep-shadderest dark, kindly a shet-eyed place, so dreamsome 'twere and silentful. And thar on the tip bough of a spranglin' tree wuz a toodalong bird, snapping his black and yaller bill. And he hollered, 'Stripey! Stri-pey!'"

Love in the mountains has a jargon all its own. When a girl is old enough to begin attracting boys she is said to have started "setting up". The first boys to court her are known as her "jahoos"; her serious interest is her "bussy". If she gets kissed, she has, in the words of Shakespeare, "been bussed". If she quarrels with her lover, her friends say that the two had "a big frost". If he gets mad, he "takes umbrage" at her. If they go steady, it will be "norrated" about the neighborhood that they are "a-talkin'". And when he proposes, he will do so simply: "Come over and sit by me!" (Unwary visitors from the North take notice!)

O LD ladies in the back districts know their quilt patterns by such names as Flying Swallow, Star with Many a Point, Hearts and Gizzards, Delectable Mountains, Old Maid's Ramble, Democratic Victory, Rob Peter to Pay Paul, Fence Row, Winding Wave, Peacock's Tail, Lady's Puzzle, Bird Cage and Autumn Leaves. They know their flowers by such names as Pretty-by-Nights, Bell Flowers, Moss Rose (coreopsis), Touch-me-Nots, Piney Rose (peony), and Prince's Feather.

The localities from which these expressive names spring slumber (Cont'd on page 71)



Setting up



A big frost



Highheeled notions



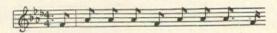
Hitch your beasties



A kindly waking



Weev'ly Wheat



It's step her to your weev'ly wheat, It's step her to your barley, It's step her to your weev'ly wheat, To bake a cake for Charley.

The higher up the cherry tree
The riper grow the cherries,
The more you hug and kiss the girls
The sooner they will marry.

This play-party game is thought by some authorities to refer to "Bonnie Prince Charlie" of Jacobite days. Many such songs were brought from Scotland by early settlers in the region. This has the lively rollicking rhythm of a jig-tune.



Lord Randal



Oh, where have you been, Lord Randal, my son?
Oh, where have you been, my handsome young man?
I have been to the greenwood. Mother, make my bed soon,
For I'm wearied with hunting and fain would lie down.

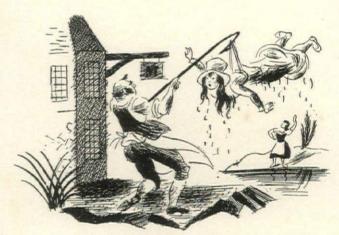
And who met you there, Lord Randal, my son?
Oh, I met with my true love, Mother, make my bed soon, etc.

An extremely ancient ballad, this sad tale of a young man poisoned by his faithless sweetheart has almost as many versions as it has verses. The original is said to have been Randal, sixth Earl of Chester, poisoned by his stepmother in 1232. Ballads, Songs sung by their Scotch live on among

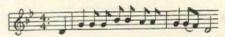
To the Southern Highlander singing is as natural as breathing, and almost as necessary. He sings without self-consciousness—at his work, as an accompaniment to dancing, for the pure joy of singing.

In his songs he draws upon a rich heritage. Many of the early settlers in this region were Scots and Irish who had been driven from their homes by religious persecution. They, like the Puritans, sought freedom of worship in a new country, but, unlike the Puritans, brought with them a remembered wealth of ballads, songs and nursery rhymes.

So isolated was the region that these songs have been passed from singer to singer and have survived only slightly changed from their English originals. A striking example of this is the very old ballad "Lord Randal" which exists in several variants in the Highlands. The music for songs and ballads is always transmitted orally, the words usually so, except in those families where the words of favorite songs have been jotted



The Two Sisters



There lived an old lord by the northern sea And he had daughters, one, two, three.

As they walked down to the salty brim The oldest pushed the youngest in.

The miller came out with his fish-hook And fished the fair maid out of the brook.

Known in England as "Binnorie", this ballad tells of a girl who, enraged at the court paid her sister by a suitor, pushes her into a stream. The avaricious miller who pulls her out, strips off her "gay gold ring", and thrusts her in again.

and Snatches... and English forbears the Mountain folk

down and preserved, often for generations, in a "ballet box".

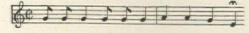
Songs are in general of two main types: the ballad which is an impersonal account of some romantic event, and the song which is a record of personal experience, usually telling of unhappy love. In addition there are songs which are often the accompaniment to dancing, like "Sourwood Mountain", or play-party games like "Weevily Wheat" which are acted out according to an accepted ritual.

All such songs to the Highlander are "love songs" as distinguished from religious music which also plays a large part in his life (see pages 22 to 23).

Instrumental music is rare, except for fiddle reels played for dancing the running set (see pages 30 and 31). The only instruments used to accompany singing, and that rarely, are the banjo and the dulcimer (see page 36), an elongated, fiddle-shaped instrument with three or four metal strings which are softly plucked by the player in time to his singing.



Sourwood Mountain



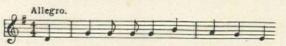
Chickens a-crowin' on Sourwood Mountain Hay did-dy ump did-dy id-dy um day. So many pretty girls I can't count 'em Hay did-dy ump did-dy id-dy um day.

My true love is a sun-burnt daisy She won't work and I'm too lazy.

Often used as a fiddle reel for the dancing of running sets in the Highlands, this old nursery song, long forgotten in England but persisting here, was sung by father and mother to the children with accompanying imitations of barnyard cries.



The frog and the mouse

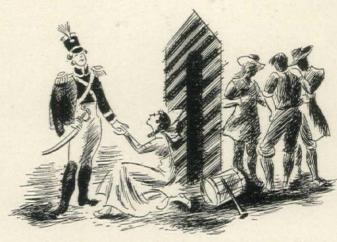


A frog went a-courtin', he did ride, h'm, h'm, Sword and pistol by his side, h'm, h'm. He took Miss Mouse upon his knee; Says: "Miss Mouse, will you marry me?"

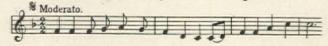
"Without my Uncle Rat's consent I would not marry the President."

Then Uncle Rat went down to town To buy his niece a wedding gown.

The written record of the ballad "A Most Strange Weddinge of the Frogge and the Mouse" dates from 1580 in England. Long a nursery favorite, its verses are innumerable. The American influence is apparent in Miss Mouse's reply as quoted above.



Soldier won't you marry me?



Soldier, soldier Won't you marry me? It's O the fife and drum.

How can I marry
Such a pretty girl as you
When I've got no hat to put on?

After complaining of his lack of hat, coat, shoes, all of which the eager girl rushes to provide for him, the perfidious soldier cries off marrying her because of a wife and baby at home. This too is a nursery song of English origin.



Strenuous superstition—before the wedding ceremony friends of the groom swing the bride in a tub to bring her luck

FOLKLORE AND FANTASY IN THE HILLS



Baby buntings



Bee-tree hunting



Lightning hazard

Folk beliefs in the Highlands are a curious blend of superstition, quaint survivals, native shrewdness and vivid imagination. At times they are terrifying; at others, charming in their simplicity and fantasy. Six of the more prevalent are illustrated here.

The beginning of life, as explained to children in the Southern Appalachians, is as quaint and as simple as Mother Goose. High in the hills are blithe spirits—wild "baby buntings"—whose fur is as soft as that of a tiny rabbit. Secluded and happy these spirits live, safe within their woodland dell.

That is, until the midwife or "granny woman" comes there and flings a rock in order to break the leg of one of the nearest ones. Then she catches it and brings it to the family for which it is intended. Because it is wild and because it has been hurt, the baby must be cared for tenderly by the mother until it grows stronger and adapts itself to the ways of civilization. Thus is the mystery of life explained by the people of the hills.

The white feather is widely known as a portent of death and as such is held in great awe in many communities. It may circle around the housewife as she goes about her work; it may flutter in mid-air and then sink slowly to the puncheon floor; or it may fall direct and never vibrate at all. Whatever its position, its meaning is clear: the angel of death is hovering nigh and there'll be a corpse in the house before nightfall.

During an electric storm, the mountaineer will drive all dogs from his house inasmuch as the tail of a hound is supposed to attract the lightning. After the storm is over he searches for redworms, knowing that if he succeeds in spitting between the eyes of the redworm he will live to a ripe old age and never have to wear glasses.

A wedding parties the Highlander rides the groom upon a rail and helps swing the bride in a tub, partly as chivaree but also to bring them luck. Afterwards the best man is sent to "sweep" the river with a broom and thus dispose of all other things which might stand in the way of married happiness. When the time for the ceremony comes the couple take their places, being careful to stand upon the floor the way the boards run, rather than to set their feet at right angles with the planks and run the risk of remaining at cross purposes.

In many places the burning of certain woods is strictly taboo, particularly sassafras. That is, unless you have no objection to the specter of the Devil sitting a-straddle the comb of your house roof. If this disturbs you, you will do well to stick to locust (Continued on page 71)



The feather of death



Bridegroom on a rail



Devil on a housetop

FURRINERS' GUIDE

Where to stay in the Southern Highlands and where to find authentic mountain products

By DOROTHY C. KELLY

SomeBody once asked Daniel Boone if he had ever been lost. "Not lost, so to speak," replied Dan'l, "but I was confused once for ten days."

Present day "furriners" who seek to follow the trail of Boone and the Long Hunters—to enjoy the unrivalled beauties of this land of the sky—to see something of the mountain people and their handicrafts—perhaps to buy a handwoven coverlet, a "Godlove" chair or some other potential heirloom, may well be a mite confused too. For the Highlands cover an area as large as New England and include parts of eight States—mostly the perpendicular parts.

Even now it is not always easy to go from one region of the Southern Highlands to another, especially with restricted automobile travel. Moreover a great many 1942 vacationists will be content to pack the family trunk and settle down in some congenial spot for rest and relaxation.

Instead, therefore, of trying to see the whole of the Highlands, visitors will be wise to choose some center accessible by rail and from there to make short excursions by train, bus or on foot to places of particular interest. Fortunately such centers can be reached overnight from most parts of the North, South, East and Middle West and accommodations throughout the Highlands are numerous and good.

In Old Virginny

Skyline Drivers or East Coasters may like to stop over or make their headquarters in Virginia. To think of the Virginia Highlands is, of course, to think of the Homestead, at Hot Springs. Yes, it's open once more to the public and the one hundred and seventy-sixth season is going strong. The only trouble with the Homestead is that it is so lovely and makes its guests so happy and comfortable that nobody ever wants to leave. So if you should make it your first stop and find yourself staying for the whole of your vacation don't be surprised. It will just be a sign of good judgment on your part.

Another good Virginia center is the Martha Washington Inn at Abingdon. If you stay here, you'll want to visit the Robert Porterfields' Barter Theater (where barter is the usual admission). But even without the colorful young actors and scene designers Abingdon is an interesting little town and the Inn is most attractive.

Not far from Abingdon is White Top Mountain, over 5,000 feet high and named for the strange, white, glacier-like "prairie" that crowns its dome. On this prairie is held the annual White Top Folk Music Festival, usually on the second Friday and Saturday in August.

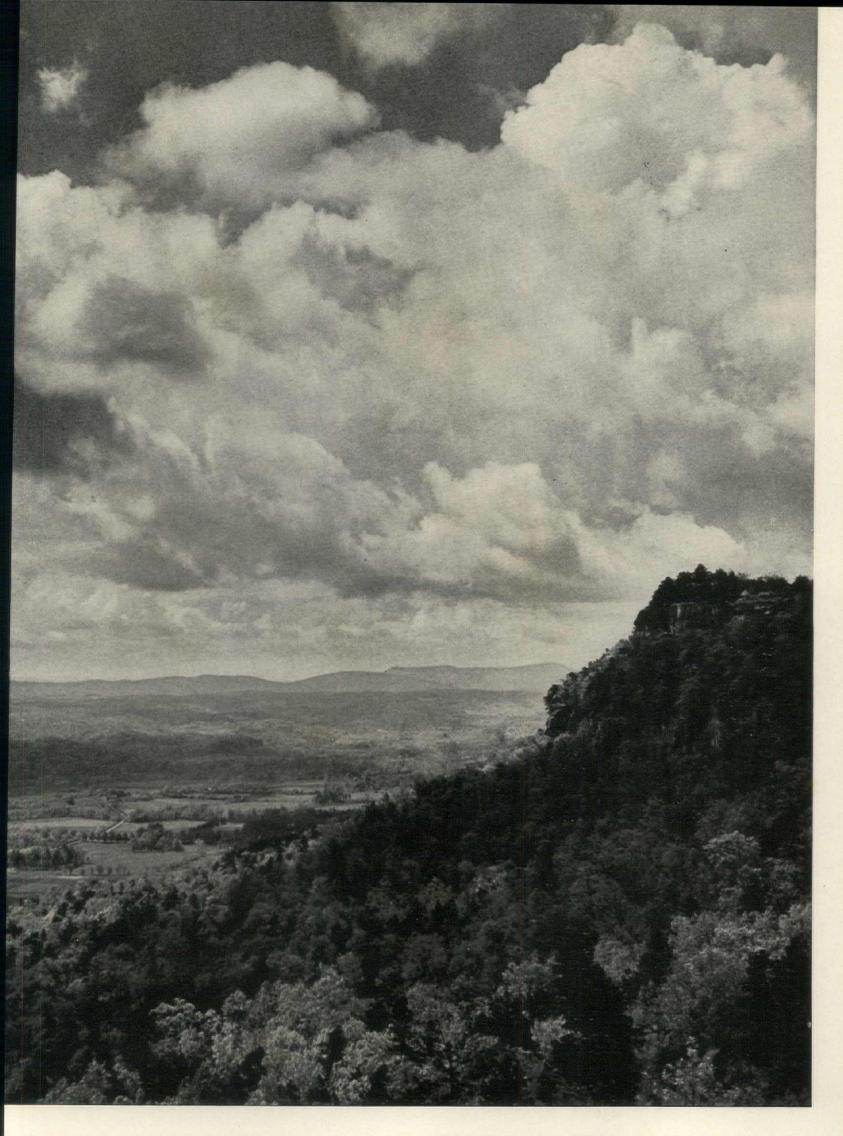
Kentucky Sesquicentennial

Travellers who choose Kentucky this year will be in luck, for Kentucky is celebrating the hundred and fiftieth year of its admission to the Union as a State separate from Virginia. From Cumberland Gap to the broad reaches of the Ohio, Kentucky men and women will live again proud moments of history in a series of pageants and festivals.

On June 24th, for instance, the inauguration of Governor Shelby, first Governor of the State, will be re-enacted. Escorted by the Lexington Troop of Horse, His Excellency will ride once more from Danville to Lexington, there to be welcomed by hoopskirted ladies and gentlemen in knee breeches, by mountaineers with the long rifles so dear to the heart of General Washington, by frontiersmen in fringed deerskin and pioneer wives in homespun. Liberty and independence were no mere words to the men and women who followed Daniel Boone and George Rogers Clark into the wilderness, and a wholesome reminder of their spirit will do us no harm today.

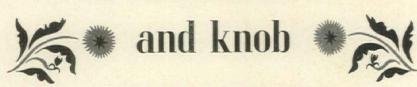
A celebration in honor of Stephen C. Foster will be held on July 4th in Bardstown, at My Old Kentucky Home State Park. And throughout the State, laurel and rhododendron festivals, community "sings" (such as the Twelfth Annual Folk Song Festival at Ashland, on June 14th), and the country fairs will be tied in with the Sesquicentennial Program. Kentucky will be lots of fun this year. Convenient centers? Well, Lexington (Cont'd on page 77)





From Tennessee's Lookout Mountain—the illusion of illimitable space

Highlands cookery from mountain cove



Fried possum to Scripture Cake, the hills have a unique culinary tradition

The tradition of gastronomic largesse and of well-stocked farms belongs to the rich black soil of the bottom lands in the Highlands region, the river valleys of the Sweetwater, the Clinch, the Holston and the Cumberland, the Yadkin and the Toe. Its cookery has overtones of the Deep South here, of the tidewater area there, of the plantation and the manor house: sweet potato pecan pie, hickorysmoked country ham and grits, banana fritters, spiced grapes, walnut strips, blueberry fool, peas and chinquapins, spiced beef, "tipsy squire" and strawberry dumplings, even beaten biscuits.

But mountain cookery is the product of even more diverse traditions—a unique mixture of pioneer hand-me-down and regional inventiveness, and it is this with which we deal chiefly here.

One tradition is of Pennsylvania Dutch wives following their menfolks down the broad trail of the Shenandoah Valley to the high coves of Iron Mountain, the Black Range and the Great Smokies. Another is of pioneer women, seaboard-raised, who emigrated Westward with the shifting frontier and adapted their cuisine and provender to the limitations of the mountain clearings. Still another is of the heterogeneous mining population recruited from the deep South and North alike during the mineral excitement of the nineties.

The whole has been molded to fit a rigorous detached existence. Old names survive—the Pennsylvania Dutch "schnitz and buttons" is still known. Scrapple, with the use of corn meal and the substitution of pig's liver for pig's head, becomes the mountain "liver-mush". Saltrising bread, long a favorite of pioneer New York State, flourishes in the far hills where home-made "emptin's" or potato ferment suits the convenience of cabins far from store yeast.

Like the true Southerner he is, the Highlander expects hot breads at every meal: corn dodgers, grated bread, spoon bread, crackling bread, Cherokee bread, a pioneer survival made of corn, beans and acorns, or hot biscuits. The one universal exception is salt-rising bread, which is usually served cold.

Grated bread

Grate green corn coarsely; add salt, baking powder and a little sweet milk. Pour on to a large flat pan and bake for twenty minutes under moderate heat. Cut into slices when done and serve with butter while hot.

Corn bread and molasses constitute the edge of poverty in the hills, sorghum taking the place of jellies and preserves in isolated homes. But special occasions in the hills call for Scripture Cake.

Scripture Cake

One cup of butter	Judges 5:25
3½ cups of flour	
2 teaspoons of baking I	powder Amos 4:5
3 cups sugar	Jeremiah 6:20
2 cups of raisins	1 Samuel 30:12
2 cups of figs	Jeremiah 29:2
One cup of water	
6 eggs	Isaiah 10:14
One tablespoon honey	
A pinch of salt	Leviticus 2:13
Spice to taste	1 Kings 10:10

Follow Solomon's advice for making a good boy and you will have a good cake —Proverbs 23:14

Highlanders are meat-eaters extraordinary and will often serve from two to three kinds at a single meal. Pork is the principal meat throughout the region; the pigs seldom being cornfed but fattening on the acorn-mast of the forest. Rabbits and squirrels are abundant and often eaten. (Cont'd on page 72)

We interpret the fresh flavor of the Highlands in a contemporary dining room

This young designer is so pleased with our Appalachian dining room and its furnishings that she plans to transfer the "Rose of Sharon" and "Rope and Tassel" motifs to needlepoint. Here, as in the bedroom on page 46, all the furniture is of walnut, a wood much used by Highlands cabinetmakers.

Solid walnut drop-leaf dining table, walnut armchairs, matching side chairs; sideboard with "Star" motif and "Shell" inlay; corner cupboard with "Rope and Tassel" cornice motif, "Shell," "Eight-pointed Star", "Tear Drop" inlays; sugar chest-bar with "Star" inlay, all from Drexel Furniture Co.

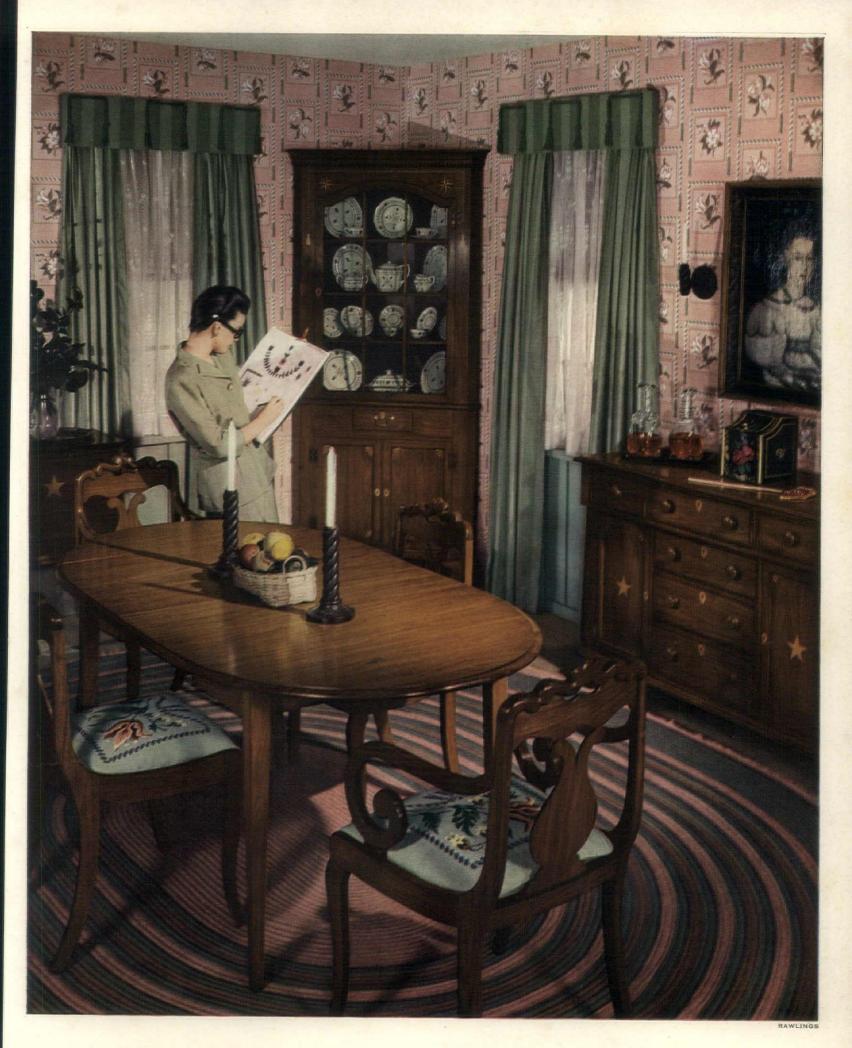
"Rope and Tassel" wallpaper with floral design, by Imperial Paper & Color Corp. "Rope and Tassel" handmade needlepoint seat covers by Jolles. "Petticoat Stripe" Glosheen for curtains and valances by Waverly. Mansure's cotton rope trimming on valances. "Rose of Sharon" eggshell lace curtains of Sheertone, North America Lace Co. Oval cotton Tex-Tred rug in Balmoral stripes (see p. 45) from Amsterdam Textiles.

Fruit basket, old tôle tea caddy, stencilled oval tôle tray from America House. "Painting of Girl" from The Primitives Gallery of Harry Stone, New York City. Heifetz candle sconces and spiral fluted candle-sticks in walnut from Inez Troca. Imperial Glass's pale cranberry jug, with handle, footed crystal vases.

In cupboard, Cumbow china in House & Garden's own design; "Eight-pointed Star" with "Rose of Sharon." Dinner plates, cups and saucers, butter plates, covered casserole, ashtrays and bowls, tea set; fan-shaped fly-swatter from Pi Beta Phi Settlement School, Mary Rodney. Dress, Lord & Taylor.

Turn to page 84 for stores that carry the merchandise shown.

House & Garden



plans a modern dining room for traditional hospitality







We recapture the leisurely charm of the old South

Another of the three rooms (see also the cover) designed in the Southern Highlands style

BEDTIME story in mother's room. Both the linoleum floor of the dressing room and the wallpaper here were inspired by old quilts, while the design of the sister-printed fabrics is from an antique bedspread (see page 51).

All the furniture in this room is of walnut, a tree greatly prized in the Southern Highlands since it produces an edible crop, the nut hulls may be used for dye, and the wood itself is so fine.

Walnut spool beds, night tables to match, oval-topped wall mirror, bureau with "Bellflower" inlay, small chest, Drexel Furniture Co. Slipper chair, F. & B. Chair Co.

"Patchwork" wallpaper by Imperial Paper & Color Corp. Glosheen sister prints: "Piedmont Stripe," a floral stripe and "Piedmont" a floral cluster, used on chair, curtains, dressing table and bed petticoats, by Waverly. Eggshell Sheertone glass curtains in "Mountain Berry" pattern, North American Lace Co.

Floral carpeting, Bigelow-Sanford. Inlaid "Lady's Puzzle" (quilt design) linoleum, Armstrong Cork Co. Cabin Crafts' "Diamond and Double Wedding Ring" spreads. "Tick-tack-toe" mahogany-stained mirror frame over dressing table, America House. Small pictures by Marian Foster in smoked wood frames, at Ben Abels. Frances Martin's painted boxes, H. S. Bailey. Jug lamp and shade on table, Chapman at Inez Troca.

Punched paper picture, one of a pair adapted by Adelaide Werner from punched tin paneling of kitchen safes (see page 29), Fanny Morse. Cornelison pottery bean pot, Mary Rodney. Lamp of Imperial cranberry glass on dressing table, Inez Troca. Westmoreland's milk glass dressing table set and ashtray. House coat, Bonwit Teller. Turn to page 84 for list of stores that carry the merchandise shown.

in this bedroom

A new provincial style for your own house

The Southern Highlands prove a fertile source of inspiration for modern craftsmen

Some of the things made in the Highlands have always been so much a part of simple everyday life that only in the past few years have the people there been persuaded that the outside would be glad to pay for them. Other things, like a chest we found, with delicate traceries of inlay put there by a man who loved woods and wood-carving, were made years ago, and have become heirlooms in old families in the region.

If you look at only a few of these articles, you think how lovely they are, how carefully made, how completely with a character of their own. But by putting a great many of them together, House & Garden editors suddenly found that they could recapture some of the mood of the Highlands, some of its feeling for simple things, lovingly made.

The Highlands colors

HERE was a new American style. Manufacturers got excited. Many of them had never seen Highlands motifs. Some of them had never heard of a kitchen safe, or a Snail-Trail-and-Cat-Track coverlet, or a Lady's-Puzzle quilt, or a Mammy Bench, or a Sugar Chest. But they were enthusiastic when they saw them. They loved the Highlands colors. Manufacturers of all sorts said they would make enough things so that everyone who wanted to, all over America, could buy for their own homes the new furnishings made in Southern Highlands motifs and colors.

Highlands colors are derived from the soft shadings of vegetable-dyed yarns, and from the unexpected shadings of pottery colors. There is FROGSKIN GREEN, soft as the wet backs of the pond croakers in the Cumberland hills. You find it dappling a yellow-flecked pottery bowl.

DYEFLOWER YELLOW is a brilliant hue, fresh as the woodland flower which

gives it a name. There is a second yellow, for this bright sunny color is a favorite in the Highlands. So we took LETTUCE YELLOW from old quilt pieces, calico colors even today cool and crisp as fresh lettuce hearts.

For a century and a half Highlanders have gathered madder roots to brew MADDER RED. It deepens from rose to a warm ruddy hue. Manufacturers have used this Highlands Madder for a lovely pure red, and for the softer pinky moods of red.

So often the yarns that are lifted dripping on a stick from the steaming outdoor dyepots were brown, colored with the bark, hull and roots of the plentiful white walnut or butternut trees. We call this rich tone BUTTERNUT BROWN.

LINSEY-WOOLSEY CRAY is the intriguing name of the Highlands gray tone. It appears in many intensities but draws its name from the deep thundercloud homespun which the Highlands settlers wore in the early days. And finally there is GREAT SMOKIES BLUE, a quiet gray-blue inspired by the soft haze that hangs over these Southern mountains.

Look for these seven new colors in the original handicrafts of the Highlands, in the newest fabrics and rugs, table linens and china, tôle and glassware and in all sorts of accessories.

Look for these motifs

STARS, all manner of stars, big and little, single or 8-pointed, alone or interlocked with other designs. ROPE AND TASSEL, generally combined with the 8-pointed star, printed, woven, painted or inlaid in a wide range of new coordinated merchandise. BARBER POLE AND SHELL inlay used singly or in decorative combination on chests, cupboard panels and sideboards. THE BELLFLOWER, a delicate vine (Cont'd on page 80)



Heartwarming simplicity is the essence of this supper table

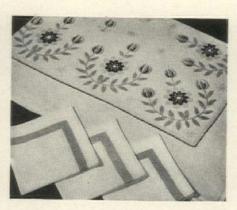
Mountain artistry inspired these designs

Your country house will welcome these provincial accents made in Highlands' patterns which were discovered by House & Garden

CLOSE to their lives and hearts are the motifs which mountain folk weave, stitch, carve into the utensils of everyday living. Stars, which seem to hang so near their lofty hilltops; flowers, which grace every cabin porch; pine trees, casting cool shadows across their mountain farms, these and many others find their way into quilts, spreads, furniture inlays. The graceful shapes of pottery and carved wood reveal the artistry of these people. Here is merchandise, derived from their handicrafts, now made in quantity. See page 84 for stores carrying it.



"Hearts and Gizzards," a Highlands quilt motif, is here translated in brown to a yellow tôle tray. Pottery bean pots and pitcher for jams, syrup, from Mary Rodney.



"Rose of Sharon," one of the more sophisticated motifs, probably came to the Highlands with Pennsylvania Dutch settlers. Here it appears on a Dinkelspiel table cloth.



Colorful china in House & Garden's own pattern exactly matches the "Rose of Sharon" cloth in design and color. Here we show part of the complete service; Mary Rodney.



Stars appear in many forms in the Highlands' handicrafts. On this white dish a star and border in blue, Janis Tarter. Honey birch hurricane candlesticks from Heifetz, at Troca.



Two-toned coverlet in "Summerand-Winter" weave, shown on page 35, inspired this Dinkelspiel cloth in indigo and white with pine tree border. Salad set, bowl, Mary Rodney.

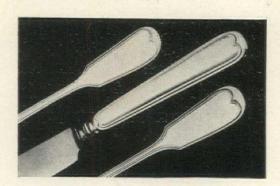


"Buttermilk Land" would be an apt description of the Highlands where this is the usual beverage. Imperial's buttermilk pitcher, pinch glasses. Pottery bowl, Mary Rodney.

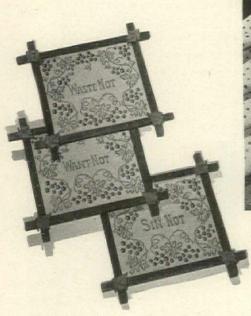
← We plan a provincial setting for Sunday night supper in the country

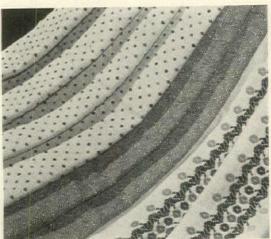
The innate integrity and dignity of mountain folk finds expression in their wood and pottery crafts. On walnut dining table by Drexel (see also page 45), oak salad bowl and servers, oak plates, ramekin, pottery bean pot, North State square bowls, jam jar, muddler, Mary Rodney.

Honey birch cruet stand (centerpiece) and matching hurricane candlesticks, Heifetz Wood-Art at Troca. Pinched tumblers in rose and light green, Imperial Glass Co. Place mats made from Mansure's cotton rope. "Fiddle Thread" sterling silver flatware (detail at right), salt, pepper shakers, Frank W. Smith. Black playskirt with multicolor stripes adapted from Highlands "Balmoral" petticoat, blouse, from Mary Lewis.

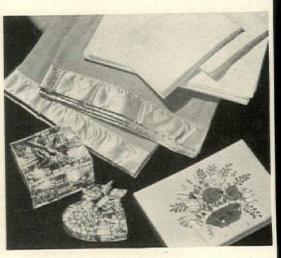


Forthright Highlands furnishings for your own





Provincial patterned fabrics by Louisville Textiles: eight-pointed star motif in natural background with gay confetti dots; basket weave in Butternut Brown and natural; multicolored wide sampler stripe on natural.



Dyeflower yellow for Wamsutta's Supercale sheets; Springfield's Great Smokies Blue wool blanket. Linsey-woolsey Gray tôle box with Madder Red pincushion by Frances Martin, H. S. Bailey. Pot pourris, Mary Douglas.

Puritan spirit of Highlands echoes in admonitions painted on barns and fences (see page 22). Here mottoes are in needlepoint by Jolles Studio using leaf motif from Highlands rug, Tick-tack-toe frames by American House.



Walnut spool or "button" bed, oval night table, by Drexel. Tufted spread, copied from quilt on cover, is called "Democratic Victory" or "Suspension Bridge"; Cabin Crafts. Heifetz painted birch lamp and shade, Inez Troca. Bean pot, Mary Rodney. Cut-out pictures, Ben Abels. See page 84 for stores carrying merchandise.



Homelike living room group: Walnut Pembroke table with "Barber Pole" inlay by Alonzi. Whitney chair is maple. Imperial's "Rope and Tassel" paper; lamp, Heifetz at Troca; "Balmoral"-striped rug, Amsterdam.

Your choice of lights for a count

- Frogskin Green candle mold, "Bellflower" and "Twin Spring" motifs, H. S. Bailey.
- 2. Madder Rose candle holder, S. Highlanders.
- 3. Deep Madder Red oil lamp, H. S. Bailey.
- "Rose of Sharon" motif on a hook handle oil lamp with Madder Red base, E. Trostler.
- Oil lamp in Butternut, Green, Madder Red, "Rose of Sharon" design, E. Trostler.
- 6. Walnut candlestick, Heifetz at Inez Troca.
- Small cider jug hurricane candle lamp of deep blue pottery, Mary Rodney.

country home



Punched tin hamper and matching wastebasket in Linsey-woolsey Gray with naturalcolored berry pattern, by Frances Martin, at H. S. Bailey. "Mountain Berry" shower curtain in white with red design, I. B. Kleinert.



Every pioneer dowry included coverlets. This woven cotton one by Bates shown on Drexel's walnut tester bed is similar to old knotted ones. Antique spread at foot belongs to Mrs. Z. C. Patten of Chattanooga and inspired fabric in room on page 46. Lamp, Heifetz at Troca. Ostermoor spring, mattress. Stores carrying merchandise on page 84.



Sturdy, mahogany chest is cedar-lined, Cavalier Corp. Bigelow's hooked-type carpet in Madder Red on Butternut Beige. Fly swatters, Arrow Craft Shop. Ramekin bowl, Mary Rodney. Little pictures from Ben Abels.



Quilt designs on wallpaper by Imperial. Whitney's maple drop-lid desk with "Rope and Tassel" and "Star" motifs and painted maple chair. Cranberry jug lamp of Imperial glass, Inez Troca. Frances Martin's box, H. S. Bailey.



Graceful lamp, by Chapman, walnut finished, with Waverly's "Petticoat Stripe" shade, Inez Troca. Cumbow ashtray, bowl, Mary Rodney. Alonzi walnut table.

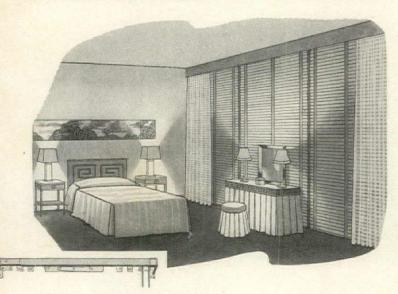


Here we conclude our presentation of the Southern Highlands

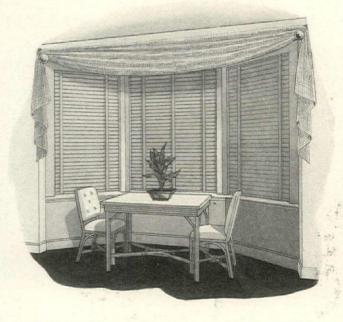


KAHAN

Cool green and white Summer living room with splashy, red and green flowered chintz curtains framing the white Venetian blinds; crisp red and white ticking slipcovers. Room setting, courtesy W. & J. Sloane; Venetian blinds, Columbia Mills; dress, Hattie Carnegie.



Keep out the sun's rays, the moon's light, with a whole wall of Venetian blinds. Long, full sheer white curtains, hung on a traverse rigging rod, may be drawn across. They look especially cool when the Summer breeze blows them into the room. Blinds, rigging, Kirsch.



Down with heavy curtains—up with coarse fish net hung in a big swag. Wood Venetian blinds harmonize with your furniture, banish that goldfish feeling that assails you in a bay window. Wood-for-Venetians Ass'n.

How to turn back the sun

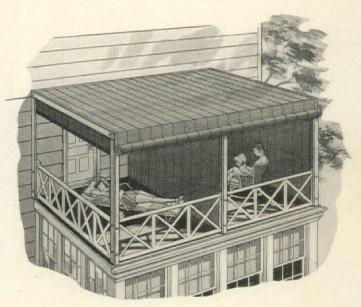
K EEP one jump ahead of the sun. This sounds like strenuous exercise for a hot day but it really isn't. If you'll lower your blinds or shades just before the sun reaches a window, a lot of heat will be turned back outdoors. Besides, a pleasant gloom within is a welcome relief from the glare without.

Another simple trick is to open all blinds and windows wide at night, especially on the ground floor, for at this time earth and plants give off coolness which will enter the house through all such openings. Open your attic windows to allow the accumulated hot air to escape. Porches are only livable if they're shady; it's easy to make them so at low cost. See page 62 for list of cooperating stores.

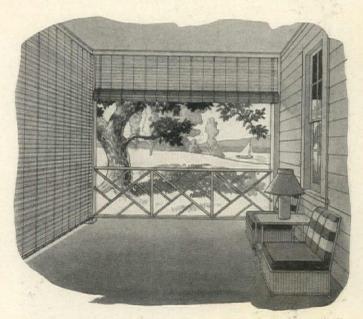
Breezeway into breakfast porch. Shades on street side give privacy; others on garden side may be adjusted to provide shade. Note the ventilator sections at top to allow escape of heated air under roof. Vudor shades, Hough Shade Corp.



Even a house in the city may be kept cooler than you'd believe if you'll take a few simple steps and keep out the direct rays of the hot Summer sun



Turn a too-sunny sundeck into a loafing or sleeping porch. Bolt 2 x 4 uprights to railing; nail others across tops. Stretch a shade over top to hang down at one side. Hang others at middle and ends. Rayn-Tite shade, Warren Shade Co.



Retreat from the heat to a shady porch where a cool breeze blows off the water. If your porch isn't shady you can easily make it so with these Lemlite basswood blinds which pull up in a neat roll when they're not needed, Aeroshade Company.

Corner windows clamor for blinds. In a Modern house they may well hang to the floor as here. These have extra wide slats whose strong horizontal lines contrast with the vertical folds of the curtains. Pella Neo-Classic blinds, Rolscreen Company.

Be smart simply with new slipcovers

A swish through the suds and these Summer furniture coverings will regain their original crisp freshness

Wilted slipcovers and wilted lettuce are about equally appetizing in Summer. And really there's no excuse for either, for many cotton fabrics wash like a charm; a trip to the tub and they come up smiling.

All the fabrics we show, made into these smart slipcovers, are Ivory Flakes Tested—pop them into the laundry at the first sign of droop and they're good as new.

To look at them it's hard to realize all these gay, ruffled and pleated slipcovers are the descendants of the utilitarian dustcovers our grandmothers slipped over the horsehair before leaving the house to drowse through the Summer months.

Turn to page 76 for further details and list of stores showing similar slipcovers.



Chinese Modern group: chair by Kittinger in chartreuse cotton, Cohn-Hall-Marx, with moss fringe by Consolidated; table, Ficks Reed. Stylon wallcovering, Philan. Deltox sisal rug.



Georgian floral and striped cotton. Atkinson Wade, with Mansure's moss fringe on wing chair beside bachelor chest, Manor House. Kennsington crystal vase from Black, Starr & Gorham.



Victorian morning room in pink, rosy red and white. Kittinger table beside chaise longue slipcovered in Cyrus Clark "Everglaze" flowered and plain red chintz. Kenneth frilled, polkadotted white organdy curtains. Dusty pink Mortex rug, Sullivan.



Provincial setting: red, white, blue striped Sportdenim, Joshua Baily, for chairs, shelf, table mats; Consolidated's trimming. Heywood Wakefield furniture. Deltox rug. Frank W. Smith sterling. Duncan & Miller Sandwich goblets, B. Altman.



Crisp, cool and sophisticated

Ruffles with a flair give a fresh look to this sophisticated country living room. A Lawson sofa is slipcovered in Waverly's Norwood Spray Glosheen; green and white striped with softly tinted flower sprays. Flounce is of sister stripe which also covers lampshade. Coffee table to match. Note clever plate decoration, Entire setting, B. Altman.



Modern and traditional meet here. Kittinger's traditional twotiered mahogany table and plain loveseat covered in Puritan cotton Atlas Cloth in stripe and plain. F. A. Foster. "Crystal Shells" wallpaper, Katzenbach & Warren. Nanching carpet, Grosfeld House.



Bachelor's bed-sitting room in gray-blue, brown, rosy red. Simmons day bed in Cruiser's sailcloth, Colonial Drapery & Curtain Corp., with bolsters in Cyrus Clark's "Everglaze" candy stripe. Library-step end tables, Lord & Taylor. Cinnamon rug, Bigelow.

Hard to replace, Easy to renew

Canvas is scarce but a special paint will make your old awnings look and last like new







A special awning paint has recently been placed on the market which brings new life and new color to faded, soiled or worn awnings. This paint may be applied either with a brush or by spraying and is available in a variety of colors which may be mixed to produce a wide range of shades.

The procedure for applying this paint is outlined in the three drawings shown above and at left. (A) Brush all dirt and dust from the awnings to be treated. (B) Stir the paint thoroughly before and during use. (C) Apply in solid or contrasting colors but use masking tape to separate shades. Aridye Corp.

Restore bright clean colors to old grass and fibre rugs

Rucs of this type should be washed first and then permitted to dry thoroughly. The next step, as shown in (A) is to apply a coat of white shellac which stops suction and preserves the fibres. When the shellac has dried, one or two coats of paint well thinned with turpentine may be applied. If a striped effect or a border is desired, brush on the ground color, first using masking tape (B) to protect this color when the stripes are applied. Colored stripes are usually done with enamel thinned one-half with turpentine.





How to bring cracked and faded linoleum back to life





To keep linoleum floors easy to clean and attracture looking they should be frequently lacquered, shellacked or varnished and then waxed. Be sure, however, that all traces of the old wax have first been removed with turpentine. If little cracks have appeared in the linoleum these may be filled with melted sealing wax of the same color, as shown in drawing (A) at left. After linoleum has been lacquered or varnished many times it may be necessary to remove the worn coatings. Wash thoroughly and sand as shown in (B).

TURNS WITH A CORKSCREW

Cooling insulation against sweltering weather swizzles are fun to drink, fun to serve



MARIO MAKES A SWIZZLE AT THE COO ROUGE

FROM the Caribbean Islands comes the perfect pick-me-up for torrid weather—the tingling, frosty swizzle. Deceptively mild, the swizzle packs the right amount of punch to beat a temperature of 98° in the shade.

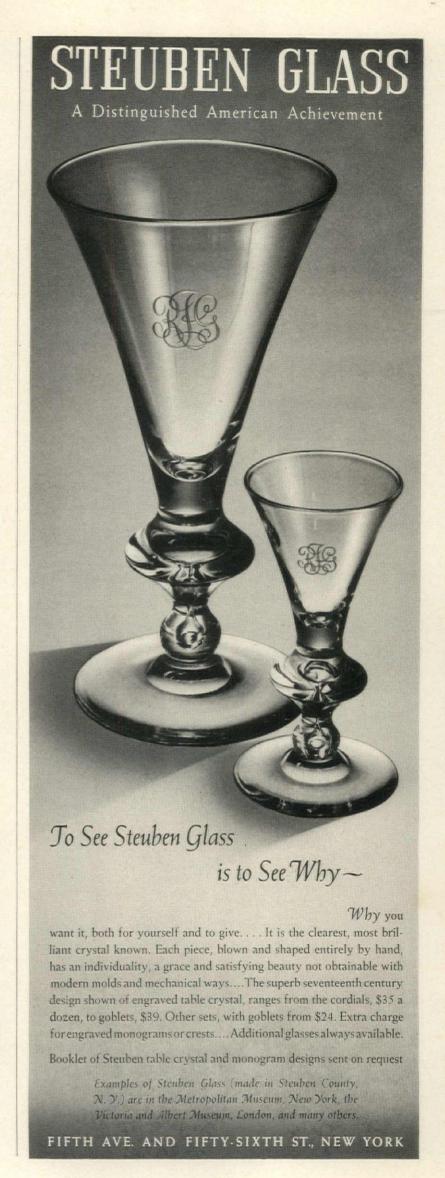
In the West Indies the serving of swizzles is a ritual. The makings—ice, rum, bitters, perhaps mint and lemon—are brought forth on a tray. The host prepares the drink before his guests, pouring the ingredients over the shaved ice, then twirling the swizzle stick between the palms of his hands until the whole pitcher is frosted. By tradition a short drink, a swizzle should be downed, not sipped. However, with the addition of soda or water, and served in a Collins glass, the swizzle is a natural for a long thirst-quencher.

The swizzle stick, basic prop for concocting the swizzle, is made by peeling bark from a switch with pronged ends. Substitutes are either a long-handled spoon or a cocktail shaker.

Here we show accessories to embellish the gay ceremony of preparing swizzles, and four variations of the recipe. Gin may be used instead of rum, if preferred. For patriotic reasons we suggest honey in lieu of granulated sugar. (Continued on page 61)



Rum and bitters are traditional fixings for swizzles. Take for each drink 1½ oz. Ronrico Gold Label Rum, 6 dashes of Angostura Bitters, 1 scant teaspoonful honey, mint. Pour over ice in pitcher, agitate with swizzle stick until frothy head appears. Mahogany leaf-bordered tray, Jensen. Tall pitcher, glasses, Saks Fifth Ave. Tropical fruit napkins, Hammacher Schlemmer.





HIGHLANDS LIVING ROOM

(See cover of this section)

While the hostess arranges flowers on the Lazy Susan table (see original on page 28) her guest, the young designer, is working a needlepoint sampler with grape leaf motif taken from an old hooked rug.

"Heirloom" maple Lazy Susan table, Mammy bench, cabinet, rocking chair, wing chair, footstool, hanging wall shelf, side chairs, W. F. Whitney. "Cumberland" wallpaper in lattice design of grapevines, suggested by rug on page 36, Imperial Paper & Color Corp.

Textured cotton upholstery on chair, nubby cotton on rocking chair, Louisville Textiles. "Horn of Plenty" House & Garden print drapery fabric, echoing wallpaper pattern, by Waverly. Textred cotton rug, Amsterdam Textiles. Hanging lantern of pewter and brass, like ones at the Arrow Craft Shop of Pi Beta Phi Settlement School, Beardslee Chandelier Mfg. Co.

Carpenter's table (by wing chair) and painted tôle kettle, Ernestine Trostler. "Tick-tack-toe" picture frame, America House. "Sharon" steeple clock, Seth Thomas. Acorn bowl, Anderson & Romaine. Frances Martin cigarette box, "Star" motif, H. S. Bailey. Chimney lamp and shade, walnut candlestick, Heifetz Wood-Art at Inez Troca. Antique andirons, Edwin Jackson. Needlepoint designs for "Waste Not", "Want Not", "Sin Not" and sampler, J. Jolles Studios.

Miniature knife box, pottery ramekins, Cornelison bean pots, Dante wicker basket, fan-shaped fly-swatter (from Pi Beta Phi Arrow Craft Shop), Throckmorton beer mug, buttermilk pitcher, Cornelison strawberry jars, "Eggshell" plate, pottery pitcher, wrought-iron trivet, fork, steak-broiler, Mary Rodney. Dresses, Lord & Taylor. Turn to page 84 for list of stores carrying this merchandise.

"CIRCLE LEFT AND SASHIATE"

More about the "running set" and its steps which are illustrated on pages 30 and 31

Dancing, singing and church-going are the movies, radio and grand opera of mountain folk—the outlets for their normally concealed emotions. Even in regions where dancing is held sinful there are "play-party games"—really folk dances in thin disguise—acted out to songs.

It is quite probable that the origin of both play-party games and running sets goes back to the 16th or 17th Century and that, like the ballads and songs, they were brought to the Appalachians by the early Scotch, English and Irish settlers.

Imagination goes into the names of the dance figures: "Box the Gnat", "Chase the Squirrel", "Treat 'Em All Right", "Wind Up the Ball Yarn".

Dance "calls"

The caller must have his wits about him and a fecund memory for traditional calls as well as the ability to extemporize. Some calls are:

"Lady round the lady and the gent also, Lady round the gent and the gent don't go."

"Rights and lefts is what we're after; Change them hands and get a little faster."

"Wash them dishes, wipe them dry, Your true-love is passing by."

"Don't forget your honey in the center the ring."

"Eat the meat, Gnaw the bone, Grab your honey and we'll go home."

Explanation of terms

In order to dance a Running Set you should have four couples, although some of the calls may be executed by only two.

The basic position is the circle, hands joined. From it Circle Left is danced

as described below. This is the fundamental step of the Running Set and serves as punctuation between each two calls which may come in any order the caller desires.

The caller stands at one side and

either plays the fiddle for dancing, or stamps out the time with his foot as he sings out the calls, sometimes in a high, falsetto voice which carries above the sound of dancing feet.

Running Step: as described on

Running Step: as described on page 31 it is a notably smooth step with an almost imperceptible spring from foot to foot.

Partners: man and girl on his right in the circle.

Opposites: man and girl on his left.

Swing: may be done in any of several different ways described on pages 30 and 31. Involves one complete clockwise turn.

Promenade: the skating position with partners side by side, left hands clasped, right hands joined above left hands. Move counter-clockwise.

Circle left: couples in large circle, hands join, face and move clockwise. Circle right is reverse.

Grand right and left: in single circle partners face each other. Right hand to partner, pass on right, left hand to next person, pass on left and so on. Girls move clockwise.

Circle four: two couples join hands and circle left.

Right hands across: for two couples. Ladies join right hands. Men join right hands above ladies and move in clockwise circle. Left hands back is same as above with left hands, moving counter-clockwise.

Music

You can dance a running set to the (Continued on page 88)

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and in smart colors. Bedspreads must add a dressed. and in smart cours. Deuspreaus must auu a uresseur up touch to the bedroom. In Fieldcrest products you up touch to the bedroom. get a grand combination of these virtues—distinct tion and dependability—and all at pleasing prices. Be sure to look for the Fieldcrest label in your distinctive, dependable stores. The Manufacturing Division of Marshall Field & Company, Inc. MERCHANDISE MART, CHICAGO . 82 WORTH STREET, NEW YORK . 730 SOUTH LOS ANGELES STREET, LOS ANGELES

Un-Ordinary! Made of superb tobaccos (that cheaper cigarettes simply cannot afford). Mar Color Cignette American Inputs MARLBORO TILIP MOD. IVORY TIPS-PLAIN ENDS-BEAUTY TIPS (red).

PLANTING FOR GARDEN STEPS

Anderson McCully tells how to plan and plant attractive approaches to your home

GARDEN steps are primarily a means of getting from one place to another; but there can be as much difference between them as there is between a Model T and Mr. Ford's latest pride. Service steps and the ones the children use on their dash in to luncheon should be built and planted for speed-if we don't cut corners, they will. Give them a straight line if possible, and no low risers to check their rush. They are not stopping to look at art in the landscape, or if your delivery boy is that kind, don't tempt him, your groceries will be late! Give him firm, smooth, but not slippery treads; and then for the peace of your garden soul, see if you can put art into them as well. Do it with planting, but not on the steps themselves. Let it trail from the ramp or the rocks, or tie with the lawn.

Front door callers still arrive with the illusion of leisure. Don't spoil the bubble for them. Let them feel they have come in dignity, and perhaps followed the curved line of beauty; but pull your punches on these curves, most of them are really busy people after all. Give them lower risers, though be careful that your treads are smooth; high heels are not the only ones with an affinity for rough edges, and just think what will happen to you if the tax assessor trips over some uneven natural stone no matter how artistic it is.

Cement, or brick, is usually safer, though occasionally good flat stone can be had. Tilt the tread downward toward the back, never toward the front. Except in a few noted cases, garden steps are not as steep as indoor ones, and the broader the tread, the lower the riser, a six inch or lower riser being ample for a twelve inch tread, a five inch for fifteen.

Plant for beauty

Like the service steps, the entrance ones turn to planting for art; but unless the treads are unusually wide, they should be free of it. A few low brick steps look well bordered at the sides with small boxwood or other hardier dwarf evergreen that extends along the walk for a formal treatment over a short distance between street and door.

Less formally, prostrate shrubs can merge with either lawn or border. Evergreens give all year beauty-tamarix savin and other prostrate junipers for practically all regions; the turning foliage and bright berries of the prostrate cotoneasters for all but the coldest. Almost any dwarf shrub can be worked in here, even though not prostrate. Use them as an irregular accent group on each side, or if taller shrubbery borders approach, they can gradually heighten to merge. No tall ones at the top! There is just this about it: they do make fine night hiding for a thug, and any man is at a disadvantage coming up steps to meet one.

In a Seattle garden, unusually inviting steps lead up a long, rolling but steep slope of velvety lawn, curving in a diagonal direction. Broad brown rocks outcrop from the lawn in groups on both sides, but leave a much wider

than usual passage between. Flat pieces of the same brown stone make very broad and wide flagged steps, with low risers that merge with the stepping stones of the path below. It is a little-traveled street, and the view of Sound and mountains so splendid that the long porch is on the front of the house, with just the pause of a flagged terrace between it and the descent.

Restrained treatment

Of course the real beauty is the restrained handling. It would have been so easy to overdo; too many rocks or too many plants. A few small, bright crevice plants creep along the steps, but leave ample room for clear walking on the unusually large treads. Just enough brightly blooming rock plants to soften and accent the rock outcrops are used. These are compact with no hint of sprawling or messiness, and the transition seems perfect from them to the small potted plants along the terrace at the top. Lean more to the tufted types in an effect of this kind and avoid the matted spreaders. Like the rocks, they should be grouped.

In hilly country many steps go up through high rock walls. If they are those of main access, the planting must be kept rather to the walls, with something preferably sturdy and evergreen near the steps. Occasionally a corner or crevice toward the side may be softened with a small plant; but keep real step gardens in the garden proper where traffic is less and more leisurely. Steps up a high wall are always more pleasing when laid into the length of the wall instead of charging straight up.

Consider problem of use

Even in the garden proper we have the same problems of use to consider. Steps down from the terrace are perhaps used even more often than entrance steps. Gay flowers in bright pots are fine against plaster walls; and with discretion and care, do well with whitewashed or light brick. Darker brick is often best with an accented foundation planting, or well curbed Boston ivy or Virginia creeper.

Once in the garden itself, utility isn't so important. Flagstone steps continue matching walks or even jut from a rolling slope of lawn, stepping stones mount heights, blocks of granite or other stone climb low walls, little crevice plants sprawl all across the treads, and even as large a plant as the Scotch pink, Dianthus plumarius, sometimes peers from a corner if the flight is wide. Straight flights are better broken into groups of a few steps each with a little walking space between. In most cases it adds to the effect to change the direction, even a small curve adds interest, or it may change at an angle, intriguing the interest, leading on to something just beyond. Rockgarden steps can merge with the rockwork itself, and if little used, need be only a foothold trail for occasional access.

Few city gardens possess a wild corner, but with our suburbs merging into country, and week-end woodland hide-(Continued on page 62)

TURNS WITH A CORKSCREW

(Continued from page 57)



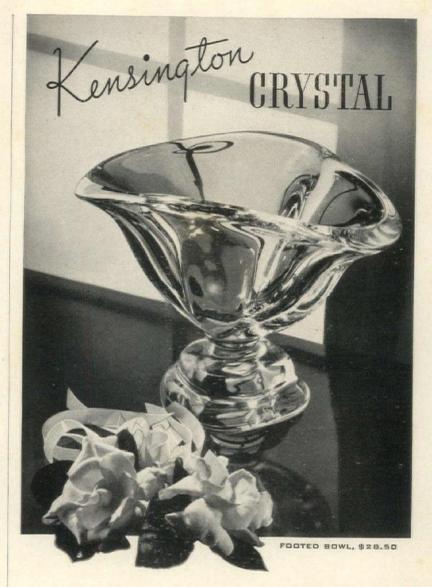
Milk swizzles are popular for Sunday brunch in the British West Indies. For each drink, 2 oz. Don Q Gold Label Rum, ½ oz. S-J. Brandy, 1 scant teaspoonful honey, beaten egg, 6 dashes Angostura Bitters, ¾ glass of milk. Churn vigorously with ice. Milk pitcher, Jensen. Big pitcher, spoon; Hammacher. Tray, Saks Fifth Avenue. Tiffin glasses, Macy. Circus napkins, America House.



Long swizzles are nice on hot afternoons. For twelve people, take 3½ teaspoonfuls honey, fresh mint, the juice of 6 limes or lemons, about 16 oz. of Myers's Jamaica Rum, Angostura Bitters. Swizzle until mixture froths. Add water or soda. Painted desert flower glasses, wooden tray, Hammacher Schlemmer. Tiffin glass pitcher, Macy. Wood dish, Jensen. Napkins, Bonwit Teller.



Apple swizzle is North American variant of Caribbean drink. For each glass take 1½ oz. of Laird's Apple Brandy, 1 oz. of Bacardi, 6 dashes of Angostura Bitters. Pour over plenty of shaved ice and swizzle until the pitcher is frosted. Round leaf-like tray of Ohai wood, Georg Jensen. Green-banded glasses and pitcher, colorful striped napkins, Saks Fifth Avenue.



* Crystal that transfixes the incandescent fires of the glass-blower's furnace...that flows in the lucent lines of truly inspired design...that could come only piece by piece from the affectionate hands of some of the very few artisans who still carry on the great traditions.

* Crystal made, frankly, for connoisseurs.

* Such is this new Kensington Crystal.

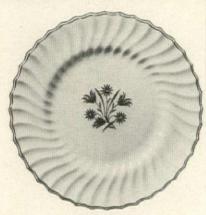
Kensington





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THE NAPIER



THE LOWESTOFT BOUQUET

The Napier is a new pattern in Royal Doulton Bone China—wholly modern in its severe gold-on-white design.

The Lowestoft Bouquet has the typical warm, underglaze colorings of Royal Doulton Earthenware. The floral center and solid-color border represent authentic reproduction of a particularly lovely 18th Century pattern.

The Royal Doulton Symbol appears on a wide range of tableware, figurines, animal sub-

jects, miniatures and incidental pieces—in both Earthenware and Bone China.

Write for the name of your nearest dealer. Enclose 10c if you want a fully illustrated booklet—including correct table services.



WM. S. PITCAIRN
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212 FIFTH AVE., NEW YORK

PLANTING FOR GARDEN STEPS

(Continued from page 60)

aways growing popular, we do meet shrubberies that approach a woodland effect, or even a bit of real woodland itself. Half hewn logs with or without the rustic rail are good, though not as long-lived as stone. One British Columbia garden settled this point ingeniously by coating the rustic rail with ce-

The steps were transition from lawn and flower border to wild woodland. Several border plants climbed the rise, several small woodlanders crept down beside the steps.

SUGGESTED PLANT MATERIALS TO USE WITH STEPS

Prostrate or low evergreen shrubs

JUNIPERS—WIDE SPREAD

Tamarix savin, Juniperus tamariscifolia.

Bar Harbor, J. sabina horizontalis.

Koster, if kept trimmed.

Sargent, J. chinensis sargenti.
Andorra.

Waukegan, J. horizontalis douglasi. Savin, J. sabina.

YEW

Dwarf Japanese, Taxus cuspidata nana. Spreading English, T. baccata repandens.

HEATHS

Evergreen foliage. Small flowers in mass at various seasons. Resent dry and torrid Summers. Following are so-called "hardy".

Scotch heather, Calluna vulgaris.
Comes in many varieties and named sorts. Hardiest and used in Canada.
Spring heath, Erica carnea. Many varieties. Nearly as hardy as heather.
Blooms late Winter and early Spring.
Erica vagans. Satisfactory over a wide territory.

Twisted heath, E. cineria. Blooms in late Summer.

Fringed heath, E. ciliaris.
Darley heath. Not very hardy.

COTONEASTERS

Evergreen in milder climates. Colorful

foliage in the Fall. Not hardy in colder Midwest.

Cotoneaster dammeri. Climbs well.

C. humifusa.

C. microphylla glacialis. Small leafed. Follows the ground.

C. horizontalis. Stiffer than above and does not hug ground.

SMALLER FLOWERING SHRUBS

Garland flower, Daphne cneorum.

Lithospermum prostratum, Grace
Ward. Large flowers. Very hardy.

PLANTS FOR CORNERS

Phlox camla. Salmon pink form of moss phlox. Blooms May-September. Phlox emerald cushion. Hardiest and most drought-resistant. Deep pink. Catmint, Nepeta mussini. Silvery foliage. Withstands heat and drought. Nepeta nuda. Light silver foliage. Blue flowers. May-September.

Wall bellflower, Campanula portenschlagiana. Good for rock steps. Campanula carpatica nana. Dwarf and

UNUSUAL CREVICE PLANTS

compact. Fine for rock steps.

Houstonia Millards variety. Likes moist, part shady spot.

Campanula pusilla.

C. bellardi.

C. miranda.

C. tyrolensis.

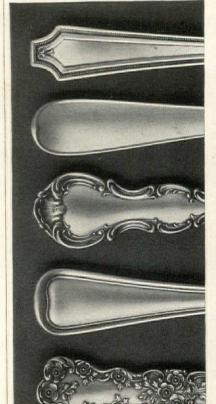
CORHAM

GORHAN

America's leading silversmiths since 1831

Sterling

For pattern names, see opposite page.



COOPERATING STORES

(See pages 52-53)

The following stores will cooperate with House & Garden by displaying merchandise similar to that shown in the article "How to turn back the sun" (pages 52-53) during the month of June.

BOWMAN & CO.

Harrisburg, Pa.

THE JOHN R. COPPIN CO., INC. Covington, Ky.

THE DAYTON CO.

Minneapolis, Minn.

DENHOLM & MCKAY CO.

Worcester, Mass.

DICKSON-IVES

Orlando, Fla.

s. H. HEIRONIMUS CO., INC.
Roanoke, Va.

ROBERT KEITH

Kansas City, Mo.

THE LAMSON BROS. CO. Toledo, O.

MEIER & FRANK CO., INC.

Portland, Ore.

MEYERS-ARNOLD

Greenville, S. C.

o'connor, moffatt & co. San Francisco, Cal.

ROTHSCHILD BROS.

Ithaca, N. Y.

SCHUNEMAN'S, INC. St. Paul, Minn.

SIBLEY, LINDSAY & CURR

Rochester, N. Y.

TITCHE-GOETTINGER CO.

Dallas, Tex.

J. B. WELLS & SON CO.

Utica, N. Y.

WOODWARD & LOTHROP
Washington, D. C.



The Best of Everything

Furlough, home, a lifetime in three days!

FOR HUSBANDS ON LEAVE

That's when a soldier savors the little things he always took for granted . . . free laughter in sun and wind, happiness at home . . . all the dear details of peaceful living he will fight to defend and maintain.

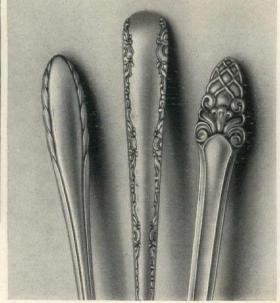
For him . . . and the family you are founding . . . the best of everything.

Even if you must begin modestly, begin with sterling.

Gorham Sterling says silently, "This marriage shall endure."

It is easily packed if war shifts you about, and . . . more than any other material detail . . . it sets your social level quickly in a new society.

Choose from thirty active patterns
... averaging \$18.50 per place-setting of six pieces
... and cut the monogram deep to last
through war and victory!



LYRIC . CAMELLIA . SOVEREIGN



The Gorham Company	, Dept.	H&G-105
Providence, R. I.		

Please send me one copy of your booklet, "ENTERTAINING... the STERLING way." I enclose ten cents.

-	Name
	Street

_____State_____



Patterns shown on opposite page (top to bottom): ETRUSCAN • FAIRFAX • CHANTILLY • NOCTURNE • KING EDWARD • GREENBRIER • ENGLISH

ETRUSCAN • FAIRFAX • CHANTILLY • NOCTURNE • KING EDWARD • GREENBRIER • ENGLISH GADROON • KING ALBERT • DOLLY MADISON • STRASBOURG • OLD FRENCH • BUTTERCUP

FOSTORIA PRESENTS

Myriad

for gifts of crystal that should be impressive

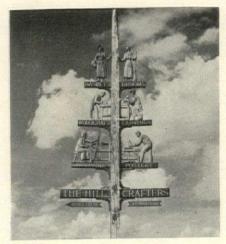
George Sakier designed these sparkling Myriad pieces. And Fostoria craftsmen added the magic touch of their genius. They're all so superb, you could pick any of the numerous items blindfolded. For every one is a brilliant inspiration to excite the admiration of those who appreciate something glamorous, something useful. You'll find Fostoria at leading stores everywhere.

FOSTORIA

GLASS COMPANY . . . MOUNDSVILLE . WEST VIRGINIA

HOMES OF THE

Schools and individual groups have organized crafts centers in every mountain region



Guilds, early form of cooperative enterprise, are one Highlands device for organizing and marketing the crafts. Above, Hill-crafters' Guild hand-carved sign, Christmas Ridge, Berea, Ky.



Folk school methods, now spreading rapidly, are a composite of Danish experiments and Yankee ingenuity; introduced to the Highlands by the John C. Campbell Folk School, Brasstown, N. C.



The largest campus in the world is the 25,000 acres of the Berry College and Schools, near Rome, Ga. Begun only forty years ago in this little log cabin they have since educated thousands.



Fireside Industries have helped thousands of students at Berea College to pay for their education; continue today under President Francis Hutchins (brother of Chicago University's Dr. Bob).

HANDICRAFTS



Vegetable-dyeing and weaving are featured at The Spinning Wheel, near Asheville. Begun nearly two decades ago as an independent venture, the shop today carries a full range of crafts.



The Pi Beta Phi's Arrow Craft Shop on the grounds of their famous Settlement School in Gatlinburg, Tenn., supervises, in addition to many other crafts, the work of more than a hundred weavers.



The Summer school of the Penland Weavers of N. C. attracts scores of social workers and teachers from afar as well as mountain women. Above, busy looms in Edward F. Worst Crafts House,



Metropolitan outlet for many of the mountain craftsmen is the Southern Highlanders' Shop in Rockefeller Center, N. Y. C. Shown above, its collection of pottery, weaving, woodwork.



Americans of taste find Lenox a china of distinctive beauty and dignity. For those who insist upon the best in quality, the finest in craftsmanship as an integral part of their daily life, the china is Lenox.

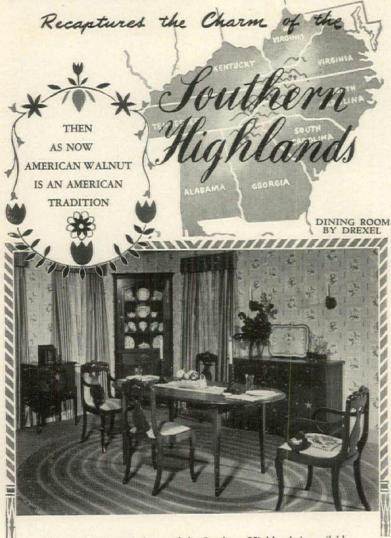
Fine china is always perfectly translucent, completely vitrified and non-absorbent.... Learn the difference between fine china and earthenware, and what that knowledge means to you in the selection of your own service. . . . Ten cents brings you a copy of "The Making of Fine China."



LENOX INCORPORATED

TRENTON . NEW JERSEY

AMERICAN WALNUT



Now . . the eternal charm of the Southern Highlands is available in hundreds of pieces of furniture . . re-created . . like the originals . . in American Walnut, traditional American wood. The dining room shown above, by Drexel, is an exact copy. Their bedroom . . illustrated below, is equally fine in feeling . . truly American.

America's First Families Still Prefer American Walnut #

Master cabinet-makers, traveling through Tennessee and Kentucky from Virginia did marvels in combining the sturdiness of Early American, with the delicacy of later styles. Reproductions of their designs . . prized pieces of the finest homes in the South . . soon will be found on the floors of your favorite furniture or department store. Genuine Walnut — (no ersatz) — finished in a mellow, glowing russet is the authentic wood for Highlands Furniture.





Star Motif in several Pieces Above



Bell-Flower Inlay: Vanity

AMERICAN WALNUT MANUFACTURERS ASSOCIATION

616 SOUTH MICHIGAN AVENUE · CHICAGO, ILLINOIS

FROM AN OPEN STOCK BEDROOM BY DREXEL



APPALACHIAN ADDENDA

In the fashion field, too, our Highlands trend has inspired exciting merchandise



Lilly Daché designed this modern draw-string version, at left, of the old splint bonnets still worn in some remote regions. The pioneer mountain woman might go barefoot to the field but she would never forget her sun-bonnet of drab cloth stiffened by splints.

The modern version of Everfast cashmere in Butternut Brown, Great Smokies Blue or piqué in any color has removable splints; washes.

Elizabeth Arden has translated Southern Highlands colors into her lipsticks. (See right.) On the cover of this section the girl in yellow used Madder Rose, her companion in green, Madder Red. On page 46 Bright Madder Red colors the mother's lips, while the young designer on page 45 prefers Deep Madder Rose. They come in a variety of cases.





Lapel gadget with regional flavor (left): a Highlands "peckerwood" of ceramic in natural colors. The same manufacturer makes stick candy ceramic buttons and pins, and also birch bark pins with "Sin Not", "Waste Not" and "Want Not" on them. These last were inspired by a roadside sign (see page 22) which our editors found painted on a barn; Fanfare, Inc.

Mary Lewis was inspired by the "Balmorals" (accent on last syllable) of the Highlands to make the black piqué evening skirt with gay bands at the right.

The early Scots settlers made these petticoats of homespun linsey-woolsey, and this is the legend they tell about them.

An English Queen, on a visit to Balmoral Castle, was struck by the down-at-heart appearance of the local damsels. She therefore ordered that to each of them should be given a gaily-striped, warm wool petticoat. In the Southern Highlands these petticoats were also worn as outer skirts.



HIGHLANDS ACCESSORIES

To complement a country house or any provincial scheme.

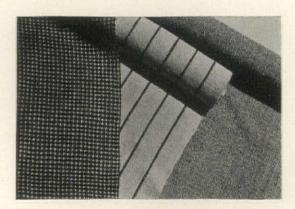
Other accessories on pages 49-51



The sturdy grace of the mountain folk is caught in these supple figures, modeled especially for House & Garden by Contemporary Arts, in soft pottery colors. Nice for a wall shelf or open cupboard.



Some whittlers are natural-born, some learn by practice. The John C. Campbell Folk School of Brasstown, N. C., encourages both varieties. Southern Highlanders Shop, N. Y. C., has these.



Hand-woven tweeds, for which the wool is also carded and spun by hand, are one of the community enterprises of a cooperative group at Betty's Creek in the Georgia hills. At Rabun Studios, N. Y. C.



Welcome mat, braided of stubby cornshucks, nice idea for a country doorway, Southern Highlanders Shop, N. Y. C. Find Ernestine Trostler's pig-on-the-hearth (from original on p. 36) at stores, p. 84.



Like the wood from which it is made, Southern Highland furniture combines beauty and sturdiness in a particularly American way. Occasional pieces in genuine American Walnut, as well as suites soon will be seen on the floors of the better stores everywhere, in the Southern Highland style and feeling. A few are shown here.

Sketched Below: Examples of the sofas and chairs by Wisconsin Chair Co.



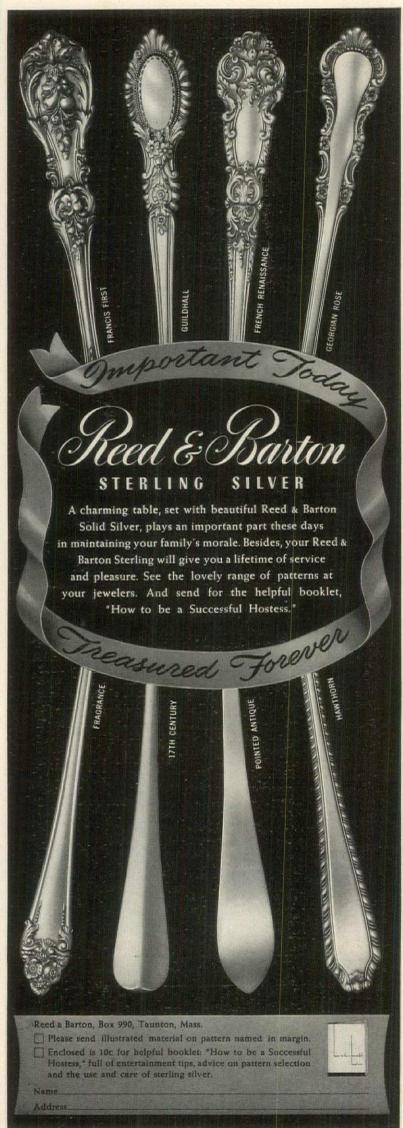
t .

Rope-&-Tassel in Settee as sketched below

AMERICAN WALNUT MANUFACTURERS ASSOCIATION

616 SOUTH MICHIGAN AVENUE · CHICAGO, ILLINOIS





HIGHLANDS FURNISHINGS

(See pages 49-51)



Living room group

Tall column lamp (left) in Frogskin Green with shade in lighter tone decorated with Bellflowers, Chapman, at Inez Troca. Brightly colored, lifesize wooden bird, Southern High-landers. Oval walnut table, Drexel.



Graceful glassware

Buttermilk pitcher (right) wonderful for ice tea. Its incurving lip will keep the ice where it belongs. "Carbuncle" vases, fine for non-vintage wines. All three in crystal. Imperial Glass Company.



Unusual motifs

News in glass curtains (left) of eggshell Sheertone. On far side, "Cat-Track-and-Snail-Trail", a small all-over geometric design. Next it, "Eight-Pointed Star", a spaced motif, with "Twin Spring" edge. North American Lace Company.



Rock your cocktails gently in this copy of an old rocking churn. All-crystal shaker fits snugly into the wooden churn. Shaker may be used separately; churn would make a charming flower holder. At Ernestine Trostler.



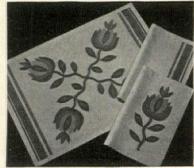


Bright red strawberries on Dyeflower Yellow tôle boxes, tri-cornered and round. The latter have giddy red candletuft knobs. By Frances Martin, H. S. Bailey. Pastel border on white linen towels, Southern Highlanders.

Linen luncheon set

"Rose of Sharon" variant on a 9-piece linen set in Butternut Beige with stripe and flower in Butternut Brown and Frogskin Green. Design is handmade and hand-stencilled in Prang textile colors, Rosomax Campbell.

(See page 69)



HIGHLANDS FURNISHINGS

(Continued from page 68)



Hearthside adjuncts

The central feature of the mountaineer's cabin is the hearth. Here he cooks his meals, using just such broiling implements as these. The toasting fork, double steak broiler and trivet have bark handles; Mary Rodney. The antique andiron set, which is typical of those found in the Highlands, is from Edwin Jackson, Inc.

Rose of Sharon

The colorful "Rose of Sharon" design, adapted from a Southern Highlands quilt motif, is used here on Summery tôle trays. The large one is white, with Madder Pink border. Matching canapé trays. All, Mary Rodney. The plant sprinkler with long narrow spout shows interesting variation of this design, H. S. Bailey.



Gay crafts

Highlands potters delight in making attractive small pieces like these salt and peppers in the shape of strawberries and water-melons. At Decorative Crafts, Inc. Native woodcarvers made this cherry wood salad bowl, and wee replica. The salt and peppers are acorn-shaped. From Berea College Industries, Berea, Kentucky.



Colorful provincial

The Highlanders love gay, vegetable-dye colors. Frances Martin designed this Great Smokies Blue kettle, with Madder Red flowers, a bright note for a country table, at H. S. Bailey. Eggshell jam jar and matching salt and pepper set have Madder Rose tints. Woven raffia mat has red and blue stripes. All, Mary Rodney.



Lazy-Susan tray

Patterned after the Lazy-Susan table (see page 28) this pink revolving tray has brown and pink rope and star motif. It is perfect for cakes, sandwiches, cocktail canapés. Or use it as a centerpiece, heaped either with fruit or flowers. Sturdily made of wood, it is at H. S. Bailey.

(See page 70)



The war-time comeback of the Sunday night supper



War has ever brought Americans closer to the simple, comforting things of home, and this war is already bringing a great comeback of the gracious art of entertaining at home. The Sunday night supper... the buffet lunch . . . the home snack bar . . . the picnic at home . . . are all enjoying their greatest vogue in years.

To help the harried hostess add a spectacular note to these home occasions, Duncan has produced the Sanibel line . . . lovely bowls, decanters, floating gardens, salad plates, candy jars, ash trays, and many other pieces that take their shapes and their exquisite soft colors from tropical shells-Cape Cod blue-shell pink-jasmine yellow. See them in your department stores, jewelry or gift shops, or send for folders.

Duncan



THE DUNCAN & MILLER GLASS CO. On the old National Pike at Washington in Pennsylvania

Please send me your free folder on Sanibel.
Your Name
Address

..... HG-642





How to make your Bigelow Rugs last longer

Vacuum clean more often. Rugs and carpets wear longer and look brighter if kept free from dirt. Vacuum clean weekly; twice a week on much used areas. Then gently brush all pile in same direction.

Equalize wear on rugs. Turn your rugs around about every 3 months. With wall-to-wall carpet, shift furniture to distribute wear.

Cushion your rugs. You'll get longer wear and more luxury underfoot if you put a Bigelow Rug Pad under your rug. Remove spots and stains promptly. Spots and stains that are allowed to remain may permanently damage your rugs. For grease spots, use dry cleaning fluid. Don't use soap solutions or ammonia. For any difficult stain problems, write us.*

Give them special cleaning periodically. Therugs that receive the most wear need a professional cleaning once a year. You should also occasionally use a cleaning powder—Powder-ene. It is easy to use and miraculously effective. Get it from your Bigelow dealer.

Copyright 1942,* Bigelow-Sanford Carpet Co., Inc., 140 Madison Ave., NewYork, N.Y.



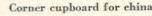
HIGHLANDS FURNISHINGS

(Continued from page 69)



Inlay work (above)

Itinerant cabinetmakers left their imprint on the furniture of the Highlands. Here is a modern adaptation of a corner cabinet, with typical delicate vine and star inlay work, Alonzi Furniture Co. The wallpaper uses the "Rope and Tassel" motif, combined with the "Asheville" pattern, Imperial Paper and Color Corp. Angels by Mrs. Hilton, courtesy The Spinning Wheel.



Such a cupboard stands in many an Appalachian home. This one has "Rope and Tassel" motif, with eight-pointed star in the corner, Alonzi Furniture Co. White crackled dish with pink and green scallop and heart, Janis-Tartar. Blue and white pottery from North State, at Mary Rodney. The wallpaper is colorful "Patchwork" pattern, from Imperial Paper and Color Corp.

Maple for dining room

Ladder-back chair and Welsh hutch cupboard in "Heirloom" maple for a Highlands provincial room, W. F. Whitney Co. Braided cotton "Tex-Tred" rug in Butternut Brown, Frogskin Green and Madder Rose, Amsterdam Textiles. Cumbow lusterware in "Rose of Sharon" pattern, taken from coverlet design, at Mary Rodney. Small natural split ash melon basket, at America House.

Walnut for bedroom

Diamond and "Bellflower" inlay give Highlands feeling to this dresser. Mirror has a cockscomb shaped frame, Drexel Furniture Co. Pink "Rose of Sharon" painted on birch lamp base, grape and cornucopia pattern on shade, Heifetz Wood-Art at Troca. Quaint cutout doll pictures in gray smoked wood frames, Ben Abels. Old quilting design on Frances Martin box, H. S. Bailey.



Corner cupboard for china



Maple for dining room



Walnut for bedroom

HIGHLANDS SPEECH

(Continued from page 37)

along under equally atmospheric terms: Wildcat Road, Hoot Owl Hollow, The Pocket, Whuppin' Marthy, Aunty's Apron, Poor Valley, Turkey Cove, Troublesome Creek, Hell fer Sartin Creek, Trundle's Crossroads, Thunderstruck Knob, Ripshin Thicket.

. Proper names literally beat the world. A fondness for history and biography is responsible for Camillus, 'Nando (Ferdinand), Clementina and El Caney. Military title or rank, used solely as a first name, gives us Captain Hays, Major Wininger and General Calhoun. And in one community (cross my heart!) an unfortunate lad was forced to struggle along under the grandiloquent handle of Cecil Calvert Lord Baltimore Noble.

An untapped vein

Novelists of the hills, who have been quick to sense the possibilities of the word-list, have yet to explore the richness of mountain idiom. A refusal to agree to one's terms in a trade is expressed, "I can't take ye cow, ye ca'f's lousy." A very small matter is a "rat's tail in a meat barrel"; a poor opinion is

expressed in the phrase, "What I think of it, ye could put in a goose quill and blow in a chigger's eye".

Highfalutin ideas are "high heeled notions"; a long time past is "before the stars fell"; a little shaver is "a lad of a boy", and a good tenant is "as biddable a man as ever you did see".

Amusing or quaint turns of phrase are "The turkeys use in the far medder", "Pa's been gone since allus-ago", "Valda's too puny lookin' to wag that child around".

Contemporary Elizabethans

Elizabethan words such as "antic" (playful), "sorry" (inefficient), "pieded" (spotted), "soon start" (early start), "sleight" (skill), and old forms of verbs: "wrop" (wrap), "holp" (help), "fotch" (fetch), "fur" and "furder" (far and farther) still persist.

When you leave, your friends will stand and watch your departure. Usually they wave and in response to your curt "goodnight!" speak softly, "... and to you a kindly waking!"

FOLK LORE AND FANTASY

(Continued from page 41)

and maple, both of which are considered safe.

Another interesting pastime with Highlanders up and down the Appalachian mountains is bee-tree hunting. Some old-timers eked out a living hunting bee-trees and many of them averaged better than twenty-five trees a year. It was an art, requiring the keen perception of the backwoodsman, and one of which Highlanders were justly proud.

The simplest method of hunting consists of "giraffing" up at every likely-looking tree in the woods, but such a hit-or-miss affair is scorned by the real bee-hunter. He knows his nature lore and consequently keeps his eyes peeled for sandbars and sunlit openings.

During the Summer the bees require an abnormal amount of water for raising their young. Being creatures with fixed habits, they water rather frequently at the same station which is seldom more than three miles from the tree. But bees never come to water until they have gathered their load of honey. They fill up quickly and hit for home. There is no dilly-dallying with a working bee.

The "bee-line"

Rising from the stream they go perfectly straight—"hit's a bee-line that they make"—for home. All that one has to do is follow and if he loses the trail there's scant need to worry for another bee will pass soon. They all water at the same spot.

Whenever a bee-hunter finds a tree he wishes to take later, custom requires that he place his initials or a cross upon the tree to signify priority, common law originally entitling the marker of such a tree to possession of the bees.

When the tree is cut, it is notched on the upper side and sawed so it will fall down hill. Usually the bees are high up on it, coming in and out of a knot hole not much bigger than a man's fist. After the tree is felled "whipping 'em with smoke" is the next step, using a bundle of old rags tied into a torch-like shape. The honey is dark, like that of sorghum molasses, but its flavor is thought by many to be superior to that of the pale work of the cultivated bee.

Do the mountaineers get stung? "Now and then mebbe," answered one old-timer cheerfully, "but a feller's liable to get stung in almost any business these days."

Love charms are numerous. A mountain maiden will often wear a carved peach seed tied on a string about her neck and filled with a highly perfumed powder. To test her lover's devotion, she takes a hair from her head and pulls it through her fingers. If it curls, he loves her; if it doesn't, she should show him no mercy whatever. If a red-bird flits across the path in front of her, she will be kissed twice before nightfall.

To get rid of a suitor, she knits a little sack or mitten which she sends to him or gives to him at a social gathering. The meaning of this action is clear and unmistakable; he is not to come back and the verdict is final. This custom is called "giving him the mitten", or "sacking the suitor".



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"A MILLION WOMEN TAUGHT US HOW TO MAKE THEM"





HIGHLANDS COOKERY

(Continued from page 44)

Squirrel Stew

Disjoint three 1% to 2 pound squirrels. Brown the joints in fat from bacon, ham or salt pork drippings. When wellbrowned remove from fat and place in a deep casserole. Add following:

- 1/2 pound slivered carrots
- 1/4 pound slivered celery
- ½ pound mushrooms
- 2 large green peppers, diced
- 2 ounces of flour salt and pepper to taste
- 3 bay leaves
- 1 tsp. thyme
- 1 clove garlic
- 5 cups boiling water

Cover casserole and let simmer for 1½ hours or until tender. Then remove squirrel and thicken stock with equal parts of flour and butter until you have a thin white sauce. Return squirrel to sauce and heat. Serve on toast.

An old recipe, famous for generations among the valley folk of this region is Spiced Round.

Spiced Round

To a beef round weighing twenty-five pounds and smoothly cut through the thickest part of the hind quarter, prepare three ounces saltpeter, three ounces of light brown sugar, one ounce cloves, one ounce allspice, one nutmeg, all pulverized and well mixed. If in cool weather, hang the round twenty-four hours without freezing; if hot weather, prepare at once by removing the bone, filling the hole with suet, bandaging the round with broad tape or cloth strips, to make it shapely and compact.

Place it in a vessel, preferably earthenware, large enough to cover it and for convenient handling. Rub it on all sides with part of the spice mixture (which should be kept in a closed jar) for two weeks, every day except the Sabbaths, being sure to reverse the position of the round daily, else it may become slippery.

When the round is to be cooked, place it in an iron Dutch oven, with thin strips of hard wood beneath the round to prevent scorching. Cover the top with a paste of flour, corn meal or bread crumbs, mixed with water to prevent burning. Lard it with pieces of suet or butter, then fill the oven with boiling hot water. Let simmer five or six hours, never boiling hard. Let it cool in the liquid, then lift, drain, remove paste and trim in thin slices around the top as needed.

When not in use, the round can be kept fresh and soft longer in a closed earthen vessel with the liquor poured over it. Weight it to keep it beneath the liquid, which can be freshened occasionally by reheating or thinned with boiling water.

Mushroom hunting

In the Spring when wild things begin to bud, the women of the hills take their paring knives and baskets in hand and go out to hunt mushrooms.

Mountain custom decrees that some of the stem must be left in order that another mushroom will grow; every mushroom you see you must cut or it will not grow "nary 'nother inch." In cooking, they are sliced and fried in butter.

Wild greens

Wild poke is the favorite green, growing freely as it does on the poorest soil. It should be gathered when four or five inches above the ground and about the size of a man's thumb. Once cut, the plant grows back quickly, often an inch a day, and provides, on the average, generous cuttings once a week.

Wild greens and poke

Gather wild poke when it first comes through the ground; parboil thoroughly and pour off the water. Repeat. Then add narrow dock, lamb's quarters, dandelion, wild mustard and plantain, if tender, together with a piece of hog jowl or fat meat. Cook until well done. Serve with vinegar and corn bread.

Wilted "sallet"

Watercress is plentiful in the spring branches and many a mountain family goes traipsing with tin pail and garden rake to gather it. At meal time it is served wilted with bacon grease and vinegar; perhaps with slices of hardboiled egg to give variety.

A bean-stringing party

Beans rather than potatoes are the solid staple of the Highlands' menu.

In Summer, when the bean vines are heavy with long waxy pods and the crop is far more plentiful than the jars in which to lay it away for the Winter, members of a family will gather the "snaps" and invite in the neighbors for a "bean stringing." The girls come equipped with needle and thread, and during the evening the pods are strung through the middle after which they are dried and carefully stored away.

These are called "shuck beans" or "leather breeches" and many a mountain family has weathered a long lean Winter simply because it had an abundant supply of dried string beans hanging along kitchen walls and rafters.

"Leather Breeches"

Pick snap beans and break into regularsized lengths. Then, using a needle and coarse thread, string each length separately and place in sun to dry, a procedure which normally requires a week or longer. After this the beans should be hung from the rafters of an old smoke house or else stored in some dry place.

To make ready for use, strip the beans from the string and soak over night in tepid water. Add ham or salt pork, boil from two and one-half to three hours, salt to taste and serve.

Buttermilk Land

Because they have no ice, mountain people churn daily. The by-product of their churns is lighter and blander than that of commercial dairies; you drink unlimited amounts of it. When you ask for milk anywhere in the hills you get buttermilk as a matter of course; if you want sweet milk you have to say so. Many mountain people in fact will not drink sweet milk at all.

People who think of "mountain corn" as being the typical beverage delude (Continued on page 73)

HIGHLANDS COOKERY

(Continued from page 72)

themselves: this is Buttermilk Land.

Preparations for Winter

Fruits and vegetables dried in the sun constitute an important item in mountain diet. Almost any house you pass during late September or early October will disclose the hot sun beating down upon peaches, apples, beans, corn or peppers. The fruits are used for fried pies, the peppers for seasoning.

Mountain housewives have always known the art of preserving food. Hillside cornfields yield tons of yellow pumpkins which will not keep through the Winter. Consequently they are cut into rings and dried before the fireplace, or else strung on stout cords over the porch. Later the rings are stacked in the kitchen and soaked in water just before cooking in order to restore their juicy consistency.

Apple-cutting frolic

Apples are also cut into pieces, packed into earthen crocks and saturated with the fumes from sulphur candles. This process of food preservation, known as 'sulphuring" provides many a riotous merrymaking at apple-cutting time.

The young folk come for the evening, cut apples and pack them into crocks and barrels, winding up their work with a square dance. Thus the family gathers a Winter's supply of semi-fresh apples, packed away, and the young folk have a splendid excuse for a frolic.

These apples reappear in the form of pie and other desserts. You are often offered "three kinds" of pie by your hostess-"kivered, unkivered and crossbarred-all apple-'

At another meal you may be served two kinds of pie, side by side upon the same plate, followed by cake and peaches, blueberries, cherries or some other variety of fruit. When the mountain hostess entertains she certainly serves dessert.

Sorghum pie

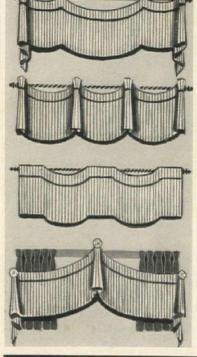
Soften 1/2 cup butter, add one cup of white sugar, yolks of 4 eggs, 1 cup sorghum (or molasses), whites of 2 eggs lightly beaten, 1 teaspoon of nutmeg. Beat together well.

Make a pastry shell and bake this mixture in it. Enough for two pies.

Hill people say when a visitor leaves the mountains, "You'll be coming back." Quite possibly you will. Part of the agreeable memory which may draw you is the old-fashioned, Pepysian idea of hospitality with its background of hearty food and gastronomic plenty.

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new homes these days but, my, how many homes are being made new again with Wood Venetians. What other home investment can do as much? You'll be so happy with Wood Venetians that Daddy and all of us will not laugh at an emotional tear or so. Be sure to insist on Wood Venetians blinds, for only wood blends with wood.

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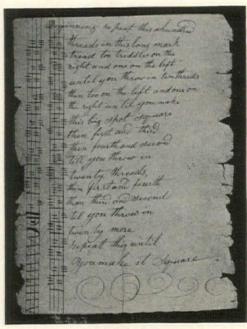
LOOK BACK TO A PIONEER DAY

The story of John and Easter Adams shows a cross-section of early mountain life

JEAN ADAMS, a seventeen-year-old Frenchman, fought all through the Revolution as a drummer boy. After the war when the French troops were to return, he hid in a sugar barrel and stayed behind—to enjoy the liberty he had fought for.

Wandering to Philadelphia, he apprenticed himself to a cabinet-maker for seven years. Then, restless, he took ship to North Carolina. Here in the lowlands he heard explorers' tales of the rich land to the West around Meat Camp (now Watauga County), and set out down the Yadkin River to find it. En route he married Easter Hawkins, an English girl.

The dynasty they founded in the hills of east Tennessee, near Watauga, at Russellville still survives in their descendants the Doughertys, and their great-granddaughters still carry on the weaving. Below, some of their family heirlooms.



ORIGINAL COVERLET DRAFT, titled "Young Man's Fancy", copied on April 16th, 1833, from an older document. It belongs to the great-granddaughters of John and Easter Adams at Russellville, Tenn., where weaving has been carried on for generations in John's original house. Their group is the Shuttle-Crafters run by Sarah Dougherty.



CONTRACT FOR FURNITURE: "When called upon I promise to make William Johnson two chests, one table and a knifebox in a workmanlike manner. The chests . . . to be made the same as William Johnson brought to this country. The other to be made a leaf top. . . . John Adams"

HIGHLANDS NOTES

House & Garden wishes to thank:

Cleveland, Tenn.'s Mrs. Charles Itzel for the mammy bench, hutch cupboard and sugar chest; Mrs. A. J. Fletcher for the Sweetwater hope chest; Mrs. Fred Carter of Sweetwater, Tenn., for the high-daddy; Mrs. Alma Webb of Shelby, N. C., for the lazy Susan and the Carolina sugar chest; Mrs. Clyde R. Hoey, wife of ex-Governor Hoey, for the corner cabinet by James Young; Mr. E. Dupuy of Black Mountain, N. C., for the hunt board; all on pages 28 and 29.

Mrs. S. C. Beard of Big Stone Gap, Va., for the quilts; Mrs. Z. C. Patten of Chattanooga for some of the coverlets bordering pages 26 and 27. Mr. and Mrs. Robert Porterfield and Mrs. Porterfield, Sr.; Rev. J. A. Bays; Mr. Bascom C. Slemp for the originals from his Janie C. Slemp Memorial Museum Mr. Allen Eaton of the Russell Sage Foundation—and all of the many others who have helped so materially to assemble this issue.

NOTEWORTHY BOOKS

HANDICRAFTS OF THE SOUTHERN HIGH-LANDS, by Allen H. Eaton. Russell Sage Foundation.

The definitive work on this enormously complex and interesting subject. Traces the growth of handicrafts from earliest times; chapters on spinning, weaving, dyeing, quilting and

patchwork, furniture, baskets, whittling, musical instruments, pottery and many other handicrafts.

The growth of the guilds, museums and collections and the function of handicrafts in adult education.

Profusely illustrated with splendid photographs from the collection of the Doris Ulmann Foundation, some of which may be seen on pages 20 through 23, courtesy of the Russell Sage Foundation.

An article on the life and handicrafts of the Highlands by the author of this book will be found on page 32.

OUR SOUTHERN HIGHLANDER AND HIS HOMELAND, by John C. Campbell. Russell Sage Foundation, N. Y. C.

A sociological study of the Highlands people, loaded with statistics and meaty reading. Written by the husband of Olive D. Campbell, head of the John C. Campbell Folk School in Brasstown, North Carolina.

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BE SMART SIMPLY

The following accessories were used in the groups shown on pages 54 and 55.

Chinese Modern: Gould bird print in mirror frame, tall ivory pottery vase, B. Altman. Princeton china cigarette box, matching ashtray, Gimbels.

Georgian: Composition figure lamp in green and white with matching shade, Modernage.

Victorian morning room: Twotier wire plant stand on rollers, Macy's Gift Shop. Flowers, Constance Spry. Victorian milk glass lamp and shade, Lucerne Art Studios, Red Bank, N. J. Rose and butterfly prints in antique wood frames, at Bloomingdale's. Princeton ivory china cigarette box and ashtray, Gimbels. Ronson Crown lighter, Lord & Taylor.

Provincial setting: Franciscan pot-

tery, from B. Altman. Wheelbarrow Wanamaker's. Pottery centerpiece, Wanamaker's. Pottery hens, The Waldrons. Tea caddy, Jas. McCreery. Tôle trays, wooden plates, Macy's. Wood trays used as pictures, Stern's. Carved wooden figures, Altman & Kuhne, New York City.

Modern and traditional: Threefold Venetian blind screen, Chelton, Inc. Assorted shells, from B. Altman.

Bachelor's bed-sitting room: Column lamps and shades, B. Altman. Pigskin and crystal cigarette box and matching ashtrays, McCreery's. Ronson red, white and blue lighter, Macy's. Schenley Import Corp.'s regimental prints, framed by J. Pocker, New York

COOPERATING STORES

The following stores will cooperate with House & Garden by displaying merchandise similar to that shown in the article "Be smart simply—with new slipcovers" (pages 54-55) during the month of June.

> L. S. Ayres & Co., Inc. Indianapolis, Ind.

Barker Bros. Los Angeles, Cal.

Bickel's

Beverly Hills, Cal.

The James Black D. G. Co. Waterloo, Iowa

Block & Kuhl Decatur, Ill.

Bon-Ton Dept. Store York, Pa.

Bowman & Co. Harrisburg, Pa.

Carlisle-Allen Co.

Ashtabula, Ohio Castle Furn. Co.

N. Bergen, N. J. A. Choate & Co. Winona, Minn.

The John R. Coppin Co., Inc. Covington, Ky.

The Dayton Co. Minneapolis, Minn.

Denholm & McKay Co. Worcester, Mass.

Dickson-Ives Orlando, Fla.

Ellsworth's So. Bend, Ind.

England Bros. Pittsfield, Mass.

Fair Dept. Store Anderson, Ind.

The Famous Braddock, Pa.

The Famous McKeesport, Pa.

Fligelman's Helena, Mont.

Flint & Kent

Buffalo, N. Y.

G. Fox & Co. Hartford, Conn.

Frederick & Nelson Seattle, Wash.

Halbach-Schroeder Co. Quincy, Ill.

Heer's Inc. Springfield, Mo.

S. H. Heironimus Co., Inc. Roanoke, Va.

Herpolsheimer's Grand Rapids, Mich.

Houghton & Simonds Brattleboro, Vt.

J. B. Ivey & Co.

Robert Keith Kansas City, Mo.

The Lamson Bros. Co. Toledo, Ohio

Levy Bros. Elizabeth, N. J.

Harry S. Manchester

Madison Wis. McAtee, Lyddane & Ray

Owensboro, Ky. McBratney's

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McNeany's Beloit, Wis.

Meier & Frank Co., Inc. Portland, Ore.

Metzger-Wright Co.

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Meyers Arnold Greenville, S. C.

Harry C. Moore Co. Nevada, Mo.

The Mulwitz Co.

Port Chester, N. Y. H. G. Munger & Co., Inc.

Herkimer, N. Y.

O'Connor, Moffatt & Co. San Francisco, Cal. (Continued on page 88)

FURRINERS' GUIDE

(Continued from page 42)

is a mighty interesting place to stay in, and the Kentuckian Hotel dispenses real Southern hospitality. Harrodsburg, first permanent white settlement in Kentucky, has a charming little inn, the Beaumont, right on Governor Shelby's route.

For a unique experience, try the Boone Tavern at Berea, about forty miles south of Lexington. All work at the Tavern is done by students from Berea College (no tipping, please). The college is the oldest and one of the best known of the mountain schools. A shop on the grounds has student-made articles for sale. For more mountain products visit the Hillcrafters' Guild on Christmas Ridge, Berea.

Andy Jackson's country

South through the Cumberland Gap lies the mountain region of Tennessee. Early settlers coming over the mountains from North Carolina showed their impatience with the home government by declaring, in 1784, the independent State of Franklin under the governorship of John Sevier.

Short-lived though it was, the State of Franklin left its mark (as any visitor interested in the past can discover) and started the political career of a certain hot-tempered young lawyer—Andrew Jackson. Follow Jackson's trail, from the log cabin in Johnson City to the old Maxwell House near Nashville, and you cover the early history of the State of Tennessee. There are attractive hotels at both places.

For mountain background and scenery Gatlinburg makes a fine center. (Bus service from Knoxville.) The headquarters of the Great Smoky National Park are here, and here the prospective camper, hiker and sportsman can get information on trails, camps and lodges, guide service, horses for hire, good fishing streams and so forth. Sixty gorgeous miles of the Appalachian Trail run through the Park.

Three good hotels, the Riverside, the New Catlinburg Inn and the Mountain View (at the Park entrance), are usually filled to capacity during the Summer, so make reservations well in advance.

The Mountaineer Museum at Gatlinburg contains a large collection of articles made and used by the early settlers, including an old log cabin complete with old-time furnishings. Look for Aunt Lydia Whaley's shoe last. Aunt Lydia made one last do for both feet and wearers of her shoes used to switch frequently so that the shoes would remain interchangeable.

Mountain products

At Gatlinburg, too, is the Pi Beta Phi Settlement School where visitors can see the mountain products being made and buy a hand-woven coverlet or sturdy basket to take home. Each June the Settlement runs an Old Timers' Day. Mountain folk come from miles around and enjoy a lively program of "calling" contests (for wives and husbands as well as for hogs), ballad singing, fiddling, tale telling and shooting for prizes.

The drive through Newfound Gap

from Gatlinburg to Cherokee on the North Carolina side of the National Park is one of those experiences you never forget. Except for the road itself there is no sign of man or man's works. The Great Smokies, mightiest mountains east of the Rockies, rise rank upon rank like waves on a giant sea, their bases foaming with azalea, rhododendron, mountain laurel and dogwood as in the days when William Bartram wandered there in search of new specimens for his garden, their rounded crests now revealed, now veiled by the mists which give the region its name.

Drive, or hike, to the top of Clingman's Dome to see a panorama that will (even if temporarily) make human worries seem small indeed. But take a warm coat or the worries may yet intrude! The last time I was there it was 70° at the base of the mountain and snowing on top.

The North Carolina side

Asheville, N. C. makes a good center for either the Smokies or the Blue Ridge Mountains. As this is written the famous Grove Park Inn has been taken over by the Government and is not open to the public. But the popular Battery Park and George Vanderbilt hotels can take care of those who prefer to stay in the city. Stay overnight anyway, if only to visit the Spinning Wheel, showroom for handicrafters, and Allanstand, marketing center of the Southern Highland Handicraft Guild, where products from a number of handicraft centers are on display.

Mountain women from isolated districts gather here to learn the age-old secrets of the "blue pot" and to weave the dyed wool into coverlets. The Southern Handicraft Guild and its fellow cooperative, Southern Highlanders, Inc., are doing much to encourage the revival of mountain crafts and to provide outlets for marketing the products.

During the second or third week in June Asheville celebrates its rhododendron festival, and during the first week of August its annual Mountain Folk Music and Dance Festival.

Resorts in the sky

There are any number of fascinating mountain resorts easily reached from Asheville. Right at the edge of the Smokies is the Fryemont Inn, at Bryson City, N. C. It's a delightful place; rustic, simple, furnished largely with old or new handicraft treasures and boasting a view from its porch that would give anyone a lift.

For a place in the sun on top of the world try the Cliff Dwellers Inn at Chimney Rock (3,500 ft.), the Chalet or Lake Lure Inn at Lake Lure (4,000 ft.), or the delightful old favorite, Mayview Manor at Blowing Rock (4,300 ft.). These are all near Asheville. Further away, deep in the heart of the Pisgah National Forest, are the Tricemont Terrace and the King's Inn at Highlands and the High Hampton Inn at Cashiers. These are only a few of the outstanding resorts in the North Carolina Highlands, for the region has long been a vacation land par excellence.

THE HOMESTEAD IN 1942

VIRGINIA HOT SPRINGS

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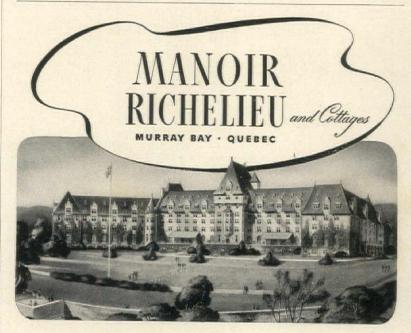


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HOUSE86AR



A directory of

If you want further information about the hotels or resorts listed here, write House & Garden's Travelog, 420 Lexington Ave., New York City.

A Patriotic Vacation

"ALL work and no play makes Jack a dull boy"-and there is no room, in this summer of 1942, for dull Jacks. Every Jack, and Jill, too, needs to think clearly, make right decisions that lead in one direction-to victory. Doubled work during the day makes this doubly important and doubly difficult. For this reason, health programs have sprung up all over the country, have been incorporated in the government's program. Sunny vacation spots have a new patriotic reason for being. Dr. Thomas Parran, Surgeon General of the United States Public Health Service, counsels, "A nation at war must see to it that its people-all of its people-get good food, healthful recreation, diversion and relaxation to promote health and morale." So, consider-before you cross off all vacation money in a spirit of self-sacrifice—that you may not be as patriotic as you think. The country needs your brains and peak working power. Cut down on other expenses, but not on health.

If your work lets you get away for a complete change, take it—as the best rest cure. Choose a completely different locale, blot out thinking for two weeks-unless you must decide whether it will be golf or tennis for the afternoon!-relax, vegetate, become a sun-worshipper. (You buy bottled sunshine in vitamin tablets-it's better to get it thoroughly, first-hand.)

NEW HAMPSHIRE

SQUAM LAKE-HOLDERNESS

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WHITE MOUNTAINS-BRETTON WOODS



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The Mount Washington

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WHITE MOUNTAINS-DIXVILLE NOTCH



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WHITE MOUNTAINS-WHITEFIELD



The Mountain View House

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fine hotels and resorts

If you revel in the taste of the sea, you might choose Baltimore or Ocean City, Maryland, for its continuous vachting events during June. Or the "Rose Festival" in Portland, Oregon, for its beauty, or the rip-roarin' "Helldorado" Carnival in Las Vegas, Nevada, for its local colour and nerve relaxing climate.

If your work demands that you be within easy calling distance, or you find that you must scatter your vacation days over long week-ends, try someplace close at hand. (A gracious relief for tender tires, too.) Montauk Beach, Long Island, is specially preparing for extra visitors taking short-jump vacations. They will open officially on June 20th, with beach, tennis, golf, and horse-back riding on their sports program. Montauk Manor will have a fleet of bicycles for easy transportation.

Memorial Day at Atlantic City will be a week-end worth taking-off for the golf-lover, for one hundred and twenty of the nation's best professional golfers will gather here to match their mightiest drives and subtlest putts in their National Championship Tournament-the only one of this year. And challenging them are greens specially planned to bring out real skill and spectacular play. The practise rounds start on May 23, the semi-finals will run May 30, the finals May 31.

Perhaps your favorite vacation spots are no longer accessible to you, perhaps a new tempo in your lives demands a change in your long-standing vacation plans. House & GARDEN'S Travelog is ready to help you make new plans this summer. Write us your vacation problem and hopes, let us suggest ways to reconcile a patriotic conscience and muchneeded relaxation, to help make you a "bright" Jack or Jill.

NEW JERSEY

ATLANTIC CITY

Marlborough-Blenheim. Two central blocks on the oardwalk. Open decks. Exclusive beach—bathing com rooms. Josiah White & Sons Co.

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The Essex & Sussex. A complete and restricted resort hotel. Away from the crowd. Private Beach, 90 minutes from New York or Phila. C. S. Krom, Mgr.

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NEW YORK

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HOTEL MANAGERS

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NEW YORK

LONG ISLAND-MONTAUK BEACH



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Allerton House for Women, 57th St. and Lexington Ave. New York's most select hotel for women. Friendly atmosphere. Rates: wkly. \$10.50 up, daily \$2.

The Barbizon, Lexington Ave., 63rd St. New York's most exclusive hotel for young women, Cultural environment, Weekly \$12 up. Daily \$2. Booklet "HG".

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Beekman Tower—19th St. at East River Drive, Over-looking River. Smart location, 400 outside rooms. Near thops, theatres, business. From \$2.50. Booklet "HG".

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NEW YORK

NEW YORK CITY



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VERMONT

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CANADA

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CANADA

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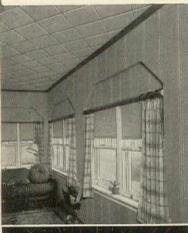
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A NEW

PROVINCIAL STYLE

(Continued from page 47)

and flower pattern with graceful, trailing effect. It is often combined with TEARDROP inlay to form a delicate ornamental keyhole. Quilt and Coverlet patterns, such as the CAT-TRACK-AND-SNAIL-TRAIL, an intricate geometric; DOUBLE WEDDING RING, an interlocking circle that gives a petal effect; ROSE OF SHARON, a prim stylized flower motif which has been repeated and readapted into many mediums. SPENCE-RIAN SCROLLS combined with DIAMONDS. TOODALONG BIRDS (see p. 37, sketch, p. 47). And don't forget the gay stripes and calicoes against soft gray backgrounds.

Look for this new furniture

Now you know the motifs, you'll have no trouble spotting Southern Highlands furniture. You'll find whole groups done around a single motif as well as a combination of designs. And you'll see adaptations of typical Highlands furniture such as a LAZY SUSAN TABLE, a MAMMY BENCH, a ROCKING CHURN (now used as a cocktail shaker), a SUCAR CHEST that doubles as a bar and many other new pieces with a fascinating history.

One manufacturer has executed a complete group of meticulous copies of the finest pieces to be found in a tour of Valley homes and antique shops. Such collectors as Alma Webb in Shelby, Judd Brumley in Greenville, N. C.; and Mrs. Charles Itzel in Cleveland, Tenn., have helped in the research to uncover the best work of early crafts-

This manufacturer, located in the Highlands region, envisioned the decorative possibilities of the regional motifs and developed bedroom and dining room furniture made of native walnut with delicate inlay of ROPE AND TAS-SEL, 8-POINTED STAR, BELLFLOWER and other typical motifs. The effect is fresh and distinctive; see pages 45 and 46.

Another furniture manufacturer, working with maple, a favorite wood of the Southern Highlands, and with the soft pigments of Highland colors, created living room furniture decorated with motifs which earmark these pieces as born of the Appalachian region.

Look for these fabrics

Just as furniture manufacturers found new inspiration in the countless motifs of the Highlands, so fabric and curtain manufacturers have turned to the designs of quilts and coverlets and even to inlay patterns for new drapery, upholstery and curtain effects.

Among the delightful new printed fabrics, you'll find sister patterns of floral bouquets and floral stripes translated from an antique quilt and worked in Highlands colors. You'll find mountain berries sprouting on chintz, and trellises of vines blooming on sturdy corded cotton.

The Rose of Sharon is tidy and gay in new lace curtains from one manufacturer and the Cat-Track-and-Snail-Trail motif makes a handsome geometric design from the same firm. See page 68.

There's an enormous selection to be had in woven cottons, woven right





No need to discard those old, faded awnings. Setfast Awning Paint will make them look as good as new. A This remarkable product does not stiffen the fabric - will not crack. It can also be used to dress up and preserve Window Shades, Beach Umbrellas, Tents, Truck Covers, and all kinds of outdoor canvas. Setfast is sun-resistant, water-repellent and retards rot and mildew. ☆ Brush or spray it on. Seven attractive colors - also black and white. For Dealer's name and Folder with actual Setfast-painted swatches mail coupon.

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in the region by one of the leading manufacturers of the Southern Highlands. Here you'll find geometric sampler effects, 8-Pointed Star motifs reduced to miniature scale and used in an allover weave; two-tone basket-weaves taken from homespun cloth.

Look for these Bedspreads

The bedspreads, adapted or reproduced from old quilts and coverlets, present an amazing and vast array of Southern Highlands motifs. You'll find them in snowy white or in soft multicolor, in geometric or in floral designs, in candlewick, punchwork or chenille.

Typical names, such as "Highlands Gardens", "Tester Coverlet", "Martha Washington", "Suspension Bridge" or "Democratic Victory" are your cue to the styles.

Look for these backgrounds

Wallpapers and rugs play an important rôle in setting the mood of the Southern Highlands style. They have been cleverly keyed to other furnishings so that whole rooms can be assembled around a single group of motifs.

Look particularly for the Rope and Tassel paper in which the typical motif used on the furniture described above is repeated to form a frame for a handsome floral. And be sure to look for the Patchwork Quilt paper that adapts an old quilting motif in a fresh new way. There's a vine lattice and Toodalong Bird paper from the same manufacturer created especially to tiein with the drapery material which you see on the cover of this section.

Look for these floor coverings

Puncheon floors in Highlands cabins are warmed with home-made scatter rugs. A northern manufacturer has made six different types of cotton rugs in the Highlands colors which recapture this handicraft feeling. Some are in solid tones, fringed or plain, round, oval or rectangular. Some have the "Balmoral" stripes of the legendary woven Highlands skirt.

Another group contains two hooked carpets: one with a large flower on plain ground: the other with the much used "Star" motif on a dotted field.

In addition there are hand-hooked rugs, made in the region in the Highlands colorings.

An old quilt design, the "Lady's Puzzle", has been faithfully copied in a fine inlaid linoleum in Linsey-Woolsey Gray, Dyeflower Yellow and Madder Red.

Look for these lamps

Again the motif names, Rose of Sharon, Rope and Tassel, Bellflower, and others, are your clue to lamp designs in the Highlands feeling. Some are of decorated pottery; some of tôle painted in Highlands designs and colors. Another group is of turned wood, so reminiscent of the handicrafts of the region.

Still another has been made from the typical "little brown cider jug" translated into cranberry, green or crystal

A lovely old hanging lantern has been reproduced in pewter and iron. You will see it on the cover of this section.

(Continued on page 81)

A NEW

PROVINCIAL STYLE

(Continued from page 80)

Look for these table linens

Weaving and dyeing are old Highlands skills which lend themselves admirably to development in table linens.

You will find the ever-popular Rose of Sharon on a luncheon set made to match exactly a complete china service.

You will find an old "Summer and Winter" coverlet design (indigo blue with white design on the "Winter" side; the reverse on the "Summer" one) developed as a luncheon set with Snowball and Pine Tree motifs.

Look for basket weave mats actually made in the Highlands; hand-carded homespun mats, doilies, runners and napkins; "stick" mats with wooden dowels and borders of striped oilcloth.

Look for this china and pottery

Next to weaving, pottery is the most important handicraft in Appalachia, so it is natural that a wealth of material in this medium should be available.

Sturdy pottery plates, cups, saucers, bowls, jars, jugs, in plain colors or delectable overglazes; thin pottery in Highlands colors: ramekins, platters, bowls, plates, tumblers, mugs, salts and peppers.

Cumbow lusterware in the Rose of Sharon motif, especially designed for House & Garden, is made in a complete dinner service. Other Southern Highlands lusterware patterns are available too.

Look for this glass and wood ware

Glasses, tumblers, off-hand jugs, buttermilk pitchers of glass are made in colorings to harmonize with the pottery and china.

Trays, salad bowls, sugar bowls and pitchers, salad servers, all made of the fine hardwoods of the region are fashioned with care.

Look for these accessories

Accessories run the gamut from powder boxes to crystal vases, from toasting forks to hanging shelves. They are developed in every sort of medium: tôle, pottery, wood, glass, paper, iron.

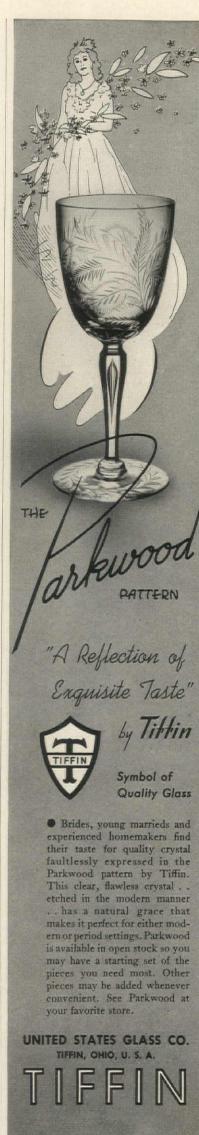
Look for the punched paper pictures, full of provincial charm, which were inspired by the punched tin designs on the doors of old kitchen pie safes; for a Lazy Susan tray copied from an authentic old table; for candle holders and hurricane lamps of all kinds; for vases, cigarette holders, ashtrays, flower baskets, tie backs, hearth brooms, pieces of occasional furniture such as the engaging mahogany "pig" foot warmer for the hearth.

Blankets, sheets, shower curtains, guest towels, all appear in Highlands colors.

And for fun and fashion

You can wear a Balmoral play skirt or a quilting percale play dress, carry a hand-woven handbag or knitting bag, and use a Highlands color lipstick.

You can shelter from the sun beneath a piqué version of the splint bonnet and hang carved wood and ceramic jewelry on your lapel.



GUILDS OF THE HIGHLANDS

(See page 82)

Organization of handicrafts

The revival of handicrafts in the Highlands, and the high standard of craftsmanship are largely due to the efforts of the Southern Highlands Handicraft Guild, with its marketing center at Asheville. A cooperative corporation, the Southern Highlanders, Inc., formed only a few years ago, has done much to make the products of the Highlands available throughout the country through its shops in New York City and Norris Dam, Tenn.

Following is a complete list of handicraft organizations belonging to both groups. Homeplace, Ary, Ky. Berea College Cottage Weavers, Berea College Student Industries, Berea, Ky. Hillcrafters' Guild, Christmas Ridge, Berea, Ky. Hindman Settlement School, Hindman, Ky. Pine Mountain Settlement School, Pine Mountain, Ky. Penland Pewter, Arden, N. C. Allanstand Cottage Industries, Asheville, N. C. The Spinning Wheel, Asheville, N. C. The John C. Campbell Folk School, Brasstown, N. C. John and Mary R. Markle Handicraft School, Higgins, N. C. Penland Weavers and Potters, Penland, N. C.

Apison Craft Center, Apison, Tenn. Pi Beta Phi Settlement School (Arrow Craft Shop), Woodcrafters and Carvers, Gatlinburg, Tenn. Pleasant Hill Academy Crafts, Pleasant Hill, Tenn. The Shuttle-Crafters, Russell-ville, Tenn. Blue Ridge Industrial School, Bris, Va. Handicraft Guild of the Diocese of S. W. Virginia, Dante, Va. Mountain Neighbors, Kimball, Va. Cornelison Pottery, Bybee, Ky. Weave Shop, Saluda, N. C. Stuart Nye, Asheville, N. C.

Additional members of the Handicraft Guild: Asheville College, Asheville, N. C. Associate Arts, Swannanoa, N. C. Cherokee Indian School, Cherokee, N. C. Dorland Bell School, Hot Springs, N. C. Mountain Cabin Quilters, Cashiers, N. C. Throckmorton Pottery, Candler, N. C.

Other guild members

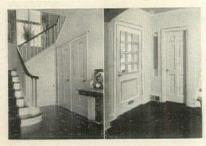
Additional members of the Southern Highlanders Inc.: Alpine Community Crafts, Alpine, Tenn. Anderson Crafters, Clinton, Tenn. Artisans Shop, Biltmore, N. C. Arthurdale Association, Morgantown, West Virginia. Churchill Weavers, Berea, Kentucky. Crossnore School, Crossnore, N. C. Dodge Silver, Biltmore, N. C. Hawkins County Marketing Association, Mooresburg, Tenn. Highland Needleworkers Club, Wilder, Tenn. Handcraft Shop, Bristol, Va. Jugtown Pottery, Steeds, N. C. Maple Springs Woodworking Shop, Sylva, N. C. Small Gifts Workshop, Black Mountain, N. C. Tennessee Farm Women's Market Group, Knoxville, Tenn. Tennessee Vocational School for Girls, Tullahoma, Tenn. Tryon Toy-Makers and Wood-Carvers, Tryon, N. C. Union County Marketing Association, Maynardville, Tenn. Waco Pottery, Waco, Kentucky.

Many other fine institutions, like the Berry Schools, Rome, Georgia, keep alive interest in handicrafts throughout the Highlands.





Better use of space in the home! That's the key to happy, efficient living in these war-time days. The new FREE book "Open House" shows how doors and windows of Ponderosa Pine can make space more usable. It's a mine of useful ideas for remodeling or new defense home construction. Here are examples:



BETTER USE OF HALLWAYS

Pur the halls of your home to work with doors and windows of Ponderosa Pineprovide needed closet space. Windows of Ponderosa Pine add cheer and charm! "Ponderosa" is always low in cost.

DOUBLE-DUTY ROOMS

Ponderosa Pine doors close off unused rooms, thus saving fuel. You can have a bigger house with the same floor spaceusing windows, doors and frames of Ponderosa Pine (bay windows, for instance).



WORK-SAVING KITCHENS

With Ponderosa Pine, you can create a work-saving kitchen. Ponderosa Pine doors windows-cabinets-are available as stock units to meet every requirement.

FREE "IDEA BOOK"

Let the new edition of "Open House" stimulate your thinking and planning in creating a home that's abreast of the times. Ask your local lumber dealer for a free copy—or mail the coupon today.

Ponderosa Pine Woodwork Dept. XHG-6, 111 W. Washington St., Chicago, Illinois Please send me a free copy of "Open House."
Name
Address
CityState
Ponderosa Pine
WOODWORK

COME VISIT MOUNTAIN FOLK

(Continued from page 32)

My companion and I were given candles and directed to the ladder-like stairway leading to the loft. Never have I spent a night in such surroundings of simple beauty. Our beds with their comfortable witch hazel mattresses were covered with patchwork quilts. The loft was lined with quilts. Quilts completely covered the floor.

When I thought my companion was sound asleep I lighted my candle again and spent a quiet hour examining by its yellow glow the old and original patterns, and the hundreds of color combinations.

An early start next day brought us well over the mountain ridge by sun up. We reached the end of the wagon road and could see Andrew's tiny little mountain farm in the sunshine two miles beyond us.

An old-time skill

Soon I was witnessing for the first time an old-time skill, the process of hand spinning which a century and a half ago was a part of the task in every country household. The newly cleansed wool was carded on combs. As I watched Mrs. Wilson and her daughters, I thought spinning one of the most graceful and rhythmical work processes ever invented.

Around the fireplace at the Campbell Folk School a few evenings later, boys and girls from the farm and school were whittling miniature animals. No other region of America has such a wealth of hardwoods-apple, walnut, maple, cherry, holly. I believe that the pioneer whittling done at the Campbell Folk School has been the greatest single influence in the development of artistic whittling among our rural people.

Whittling as an art

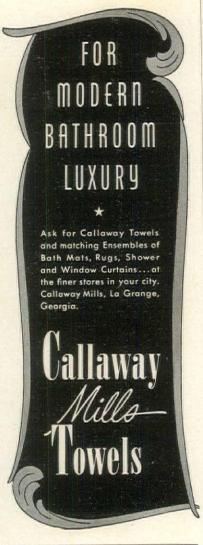
Great credit must go to Mrs. Campbell who first saw the possibility of turning mountain folk from whittling just for fun, to whittling with a purpose. These men and boys, girls and women, thought out ideas of their own, adding variety and vitality to whittled things which now find their way into city markets.

A pioneer neighbor, William J. Martin, whittled himself a wild turkey. This was a perfect record of that beautiful American game bird.

One evening when we were visiting Mr. Martin and I was questioning him about his close observation of details, he said, "I like to study nature. When I was out in the pasture the other day, I spied an old mother skunk on a log with three kittens. When she saw me she switched her kittens off the log. I watched them until they all vanished from sight in the woods.

I asked, "Do you think, Mr. Martin, you could whittle me out that skunk family?"

His eyes twinkled and he said, "I never did think of a whittlin' like that." Then his face became very sober as he studied the matter, and finally he said, "I'll turn it over in my mind." In about two weeks I received my skunk group,





paired permanently, quickly with PLAS-TIC WOOD! Resets loose drawer pulls and casters, too. In cans or tubes at Paint, Hardware and 10¢ Stores.



HANDLES LIKE PUTTY-HARDENS LIKE WOOD

arranged in family parade with extraordinary artistry.

A more casual technique

A type of whittling in the softer woods in which the cuttings are chips rather than shavings, a quick and spontaneous technique, has been developed in Tennessee through the encouragement of Miss Margaret Campbell at the Pleasant Hill Academy. In these whittlings local scenes and local characters have been portrayed with remarkable expression. Tom Brown, one of the boys at Pleasant Hill, has shown great talent in whittling out men and women at farm work, boys with dogs, the mountain preacher, village characters and scenes at the annual revival meetings.

None of the neighbors are immune when these mountain artists get to work. Even such a potter as Mrs. Clara Hilton of Marion, N. C., whose Madonna is shown on page 35, comes down to earth sometimes and makes the likeness of a neighbor. Mr. Hilton says of his wife, "She just starts moulding a man or woman without thinkin' who it's going to be, and pretty soon it comes out one of the neighbors.

The Hilton family has been making pottery for a long time. The husband learned from his father up in the northern part of North Carolina. And his father learned from his father in Virginia. No one remembers the family history very exactly before that. But E. A. Hilton, his wife, and their children all do something nice with the native clay, sometimes using broken pop bottles for special glazes.

A variety of potteries

Every pottery in the mountains and in the adjoining Piedmont section has its distinctive quality. Processes are both very ancient and very modern. Since we are sticking close to Highlands handicrafts here, I will refer to one more of these mountain products for a quality that would give it distinction anywhere-Pisgah Forest Pottery made by W. B. Stephen at his kiln near Mt. Pisgah. His friend, the late O. L. Bachelder of the Omar Khayyam Art Pottery at Candler, nearby, was also a distinguished potter.

Weaving was the form of handwork that had most to do with the beginning of the revival of handicrafts in the Southern Highlands near the turn of the century. It had never disappeared entirely from this vast mountain area.

A mountain woman gave a "doublebow-knot" pattern coverlet, dyed with walnut hulls, to Miss Frances Goodrich of Allanstand, back in 1895. That started Miss Goodrich on the work of reviving the native crafts in North Carolina, a work which still continues through the Southern Highlands Handicraft Guild, Miss Goodrich and her pioneer associate gave them the widely known Allanstand salesroom and shop at Ashe-

Crafts at Berea College

About the same time that Miss Goodrich began her work in the Highlands of North Carolina, young William Goodell Frost assumed the presidency of Berea College in Kentucky. Pushing back into the mountains of Kentucky, Tennessee, and Georgia for scholars, he found many families weaving the cloth for their clothing and their bed-

(Continued on page 83)

COME VISIT MOUNTAIN FOLK

(Continued from page 82)

clothes. The new president made the old mountain coverlet a medium of exchange for tuition at Berea College. When he had collected quite a number he took them to Boston, and found a ready market among people familiar with the same patterns and techniques from New England a hundred years before. Out of this activity grew a weaving department called "Fireside Industries" by Dr. Frost. Women from the mountains were brought in to teach.

Now Berea College has departments of weaving, woodworking, sewing, metalwork, dairying, baking, and candy making. More than ninety percent of the young people are able to earn their way through college.

Penland weavers

At Penland, North Carolina, we visited The Weavers Cabin, a community house for weavers, built by themselves. Here at Penland, there is also the Edward Worst Craft House, the center of activities for the Weaving Institute held every summer and attended by people from all over the country.

Mr. Worst has contributed his experience and service. The weaving and other handicraft departments have been developed under the leadership of Miss Lucy Morgan. She shares the credit with her mountain neighbors, who keep up an old mountain custom of making a brand new patchwork quilt for every bride of the neighborhood.

Tennessee weavers

There is time here to tell of our visit to only a weaving center or two in the mountain sections of Tennessee. There is not time to get up into the hills near Trade, Tennessee, to watch Taft Greer weave on his favorite coverlets, "The Walls of Jericho", "Sunrise on the Walls of Troy", or "Road to California and Back", from yarn which his grandmother spun in her hundredth year.

But we must get over to Sarah Dougherty's place, to find a most complete record of weaving in one family. Sarah Dougherty directs the Shuttle-Crafters, rural industries developed by the family in whose line weaving has never had an interruption. If present prospects continue they never will have. For Mrs. Leah Adams Dougherty, mother of Sarah, knows all the textile arts, spinning, weaving, dyeing. She is having the satisfaction of seeing several of her grandchildren weave on the old family looms.

At the Dougherty home one may see coverlets and other textiles made by five generations of Doughertys, reaching back to the seventeen hundreds.

We could not leave Tennessee without visiting the Pi Beta Phi Settlement School which is building on the character and skills of some of the oldest pioneer families. Pi Beta Phi has developed one of the fine chapters in American weaving. During the deepest days of depression they found markets to keep ninety-two weaving families off relief.

Miss Charlotte Yale and Miss Eleanor Vance of Tryon, N. C., began years ago making beautiful furniture and





teaching wood carving and cabinet making to the boys and girls of the mountains. If we had time to visit the wood-working department of Berea College, the more recent shops of The Hillcrafters, directed by Ed Davis on Christmas Ridge in the outskirts of Berea, or the Woodcrafters and Carvers at Gatlinburg, directed by O. J. Mattil, we would see furniture and other woodwork of the highest quality and finished Highland woods at their best.

Mountain chair-makers

But the student of woodcarving would be keen to get farther back into the mountains. There the old-time ways of making furniture are still used, especially by chair-makers who use methods dating back at least to the 15th Century, before the invention of nails, or screws, or glue. Then, as now, they used the expanding and shrinking qualities of the wood to hold their "settin' chairs" together.

Hundreds of families throughout the Highlands are still making baskets from native materials, splints from oak, ash, and hickory, and withes from the honeysuckle vine. At Hindman, Aunt Cord Ritchie first taught herself basket making, then taught others around the county until Hindman Settlement School is the outlet for many of the best baskets in the Highlands.

While we are still in Kentucky maybe we should turn to the last and most precious of the many wood products we can mention here, the mountain "dulcimore."

A native instrument

Dulcimers are made in every mountain state and in many forms, oftenest with three strings, by men who often make fiddles, banjos, guitars. One dulcimer maker, Uncle Eddie Thomas, lived and worked for eighty-three years in the mountains near Hindman, Letcher County. He made "the purtiest dulcimore airy man ever made". He taught his skill to Jethro Amburgey, the little grandson of one of his neighbors.

Jethro is a descendant of Ambrose Amburgey, who came from Clinch River, Virginia, and in 1842 settled in what is now known as Knott County, Kentucky, where he bought 10,000 acres at the rate of six cents an acre on Carr Creek. Jethro makes dulcimers as near as he can like Uncle Eddie, and plays them fine, sometimes singing the old ballads too. For the ballads there is no music that can match this plaintive little instrument.

Uncle Eddie is said to have numbered all his instruments after a certain date. The one belonging to Clementine Douglas of Asheville, pictured on page 36, is numbered 1316. I know it was done several years before he "tapered off on makin' 'em." The beautiful form of his instrument was undoubtedly his own creation. Hearts were his favorite design for the holes in the body.

There is no record showing what disposition was made of all his instruments. He claimed "they went to all lands everywhere". Most of them, he is reported to have said, were sold in New York because "there were more people there than anywhere else."

Editor's note: For a complete listing of the various handicraft guilds and organizations of the Southern Highlands, please turn to page 81.



Really fine sterling (solid silver) ... is designed to merit the traditions of Family Sterling. It is judged by its clarity of design, delicate balance ... substantial weight and perfection of finish. Ask your jeweler to show you the Alvin Sterling Patterns ... and judge for yourself their excellent qualities.

We will be pleased to send complete descriptive price lists of our patterns. Check those desired and mail with name and address.

CHASED ROMANTIQUE BRIDAL BOUQUET BRIGGLES BOUGUET SHOULD BRIDAL BOUQUET

MAYTIME MASTERCRAFT

MARYLAND
DELLA ROSSIA
ROMANTIQUE
GAINSBORDUGE

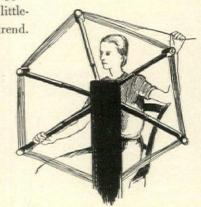
THE ALVIN SILVERS MITHS
Makers of Exclusive Silver Designs for Fifty Years
PROVIDENCE - RHODE ISLAND

NEW DECORATING TREND

Leading stores are offering exciting new homefurnishings in the Southern Highlands style

In this issue, the Editors of House & Garden bring you an entirely new and different American Provincial style-the Southern Highlands. They show you, in exclusive photographs, the life and folk art of Appalachian America. Out of the sturdy Anglo-Saxon traditions of this littleknown section of the country comes a fine, fresh new decorating trend.

HOUSE & GARDEN shows you how outstanding homefurnishings manufacturers have interpreted this new trend. But no one magazine could do justice to all the interesting fabrics, wallpapers, furniture and accessories that have been designed to tie in with this issue of the magazine. The nationally-known stores listed below present a wide selection of this new merchandise. Go to one of them if convenient. If not, write the store nearest you or write to House & Garden for further information.



Preliminary List of Southern Highlands Stores at Time of Going to Press

AT.ARAMA

BIRMINGHAM

F. G. Calder Furn. Co.

MONTGOMERY

Bishop Parker Furn. Co.

ARKANSAS

LITTLE ROCK

Arkansas Cpt. & Furn. Co.

CALIFORNIA

Los Angeles

Barker Bros.

OAKLAND

H. C. Capwell's

SACRAMENTO

Breuner's

SAN FRANCISCO

W. & J. Sloane

CONNECTICUT

BRIDGEPORT

D. M. Read Co.

DANBURY

Henry Dick & Son, Inc.

HARTFORD

G. Fox & Co.

NEW HAVEN

Chamberlain's

DISTRICT OF COLUMBIA

WASHINGTON

Woodward & Lothrop

GEORGIA

ATLANTA

Rich's, Inc.

AUGUSTA

Saxon-Cullum, Inc.

ILLINOIS

CHICAGO

Carson Pirie Scott & Co.

INDIANA

SOUTH BEND

Ellsworth's

KANSAS

WICHITA The Geo. Innes Co.

KENTUCKY

COVINGTON

John R. Coppin Co., Inc.

LOUISVILLE

The Stewart D. G. Co.

LOUISIANA

NEW ORLEANS

Maison Blanche, Ltd.

SHREVEPORT

Booth Furn. Co.

MARYLAND

BALTIMORE

Stewart & Co.

CUMBERLAND

E. V. Covle Furn. Co.

HAGERSTOWN

Chas. H. Eyerly Dept. Store

MASSACHUSETTS

BOSTON

Paine's

FALL RIVER

Mason Furn. Co.

NEW BEDFORD

Mason Furn. Co.

SPRINGFIELD

Forbes & Wallace

WORCESTER

Sawyer Furn. House

MICHIGAN

DETROIT

Crowley, Milner & Co.

MINNESOTA

MINNEAPOLIS

Boutell's

ST. PAUL

Schuneman's, Inc.

MISSISSIPPI

HATTIESBURG

Pioneer Furn. Co.

R. E. Kennington & Co.

MERIDIAN

F. A. Hulett Co.

MISSOURI

KANSAS CITY

Robert Keith

ST. LOUIS

Craig Furn. Co.

NEW TERSEY

NEWARK

Hahne & Co.

NEW BRUNSWICK Middlesex Furn. Co.

NEW YORK

ALBANY Mayfair Shops

BROOKLYN

Frederick Loeser & Co., Inc.

BUFFALO

Gardner Furn. Co.

GLENS FALLS

Fowler's, Inc.

NEW YORK

W. & I. Sloane

J. B. Wells & Son Co.

NORTH CAROLINA

CHARLOTTE Belk Bros. Co.

GREENSBORO

Morrison-Neese Furn. Co.

оню

AKRON

The M. O'Neil Co.

CLEVELAND

Wm. Taylor Son & Co.

DAYTON

L. E. Mudd Co.

TOLEDO

The Lamson Bros. Co.

Youngstown

Strouss-Hirshberg Co.

OKLAHOMA

OKLAHOMA CITY

Harbour-Longmire OREGON

PORTLAND

Meier & Frank Co.

PENNSYLVANIA

PHILADELPHIA Gimbel Bros.

PITTSBURGH

Joseph Horne Co.

SCRANTON

Stoehr & Fister

UNIONTOWN The People's Furn. Co.

WILKES-BARRE Fowler, Dick & Walker

RHODE ISLAND

PROVIDENCE

Joseph Marcus

TENNESSEE

KNOXVILLE Miller's

MEMPHIS

Lowenstein's

TEXAS

DALLAS

Sanger Bros.

SAN ANTONIO W. R. Dallas Furn, Studio

VIRGINIA

LYNCHBURG

J. R. Millner Co. NEWPORT NEWS

J. H. Bell Furn. Co. NORFOLK

Willis Furn. Co.

RICHMOND Miller & Rhoads

ROANOKE

Thurman & Boone WEST VIRGINIA

CHARLESTON

Woodrum Home Outfitting Co. CLARKSBURG

Palace Furn. Co.,

HUNTINGTON

Anderson-Newcomb Co.

WHEELING Earl Rogers Furn. Co.

WISCONSIN

LA CROSSE Wm. Doerflinger Co.

MILWAUKEE

Cungelmann & Esser

A brief guide to current events that are taking place in the House & Garden fields

SHOPS

ARDLEA COURT

ARDLEA COURT

170 East 51st Street, New York City.
Without realizing it you might easily pass by one of the most whimsical and picturesque antique centers in New York, for the two small entrances hardly reveal the fact there's a paved courtyard lined with more than a dozen shops. They specialize in everything from antique buttons and soup tureens to fine reproductions of Hepple-white sideboards.

Once mews, the old stalls have been converted into individual shops, each one with its own distinct personality. One shop features cabinet hardware, another handmade silver and repair; still another, fine 18th century English furniture. One window sign reads, "diamonds set while you wait"! You can have parchment lamp shades made to order or find a rare assortment of imported maple frames for your hunting prints, so just look around for yourself.

THE WHOLE WORLD SHOP, INC.

THE WHOLE WORLD SHOP, INC.

104 East 56th Street, New York City.
Many a traveler from the seven seas has crossed these portals, for here is a New York shop which seems to encompass just a little of the whole world! Packages of fruit crystals and concentrated food to be sent to soldiers abroad are one specialty, and supplying books and afternoon tea to foreign sailors in this port is another.

Books, gifts and unusual foods of foreign flavor are also featured, for here you'll find Indian chutney, Chinese tea, Mexican tinned mangos, and various honeys and fragrant herbs.

tinned mangos, and various noneys and fragrant herbs.
You'll feel like the proverbial Alice when you step through the door of the giant grandfather clock into a tiny room complete with concealed electric stove, then on to another room where the walls are covered with muslin murals of nursery rhyme scenes.

MODEL ROOMS

LORD & TAYLOR

Fifth Avenue and 38th Street, N. Y. C. Live at home and like it is the magic theme of the eleven delightful new rooms designed to show how easy it is to travel, play and garden at home, if you plan for it.

The "travel" room is a library built around a huge world map which is set in a built-in cupboard with double doors, where armchair strategists can follow military and naval movements. The inside of the doors have been provided with racks for magazines and space to pin clippings, memoranda and photographs.

Room #4 illustrates how a formal dining room may be transformed into a gay summer room with built-in window boxes of growing herbs, removable panels of green vegetable patterned paper pinned on the walls. There's a weekend cottage room, too, with Swedish fireplace, painted Dutch chairs and fresh country chintz that's a tonic for anyone's morale. So many imaginative ideas, you'll linger long!

GARDENS

THE NEW YORK BOTANICAL GARDEN
East of 200th St. and Webster Ave.,
Bronx Park, N. Y. Conservatories and
buildings open daily, 10-4. Gardens 8 tol
dusk. You can easily add luster to a dull
day by visiting the beautiful rock garden
with its hundreds of rock plants and wild
flowers. It is a perennial June favorite and
may even recall nostalgic memories of all
the lovely gardens you've seen on holiday
trips both here and abroad.

The backyard-size vegetable garden is
also attracting great attention as the vegetables are labeled, sowing dates given and
directions on their culture included.
Worthy, too, is the new two-day course on
disease and pest control scheduled for
June 2 and 3 from 10 a.m. to 12 noon and
1:30 to 4:45 p.m. Fee \$10.

BROOKLYN BOTANIC GARDEN

BROOKLYN BOTANIC GARDEN

1000 Washington Ave., Brooklyn, N. Y.
Conservatories and buildings open daily,
10-4. Gardens 8 to dusk, Spare just a little
time from all your wartime activities to
visit the glorious rose garden. Planted in
fragrant masses, there are 650 different
species and varieties of climbers, ramblers,
tree roses, dwarf, hybrid teas and perpetuals—over an acre of them! Hundreds
of pink, red, white and yellow peonies in
proud array will bloom about the first week
in June, and later on you'll find yellow and
blue Japanese iris flourishing along the
damp edge of the brook.

Official tours of the gardens are scheduled
for May 26, June 2 and 8 at 4 p.m., and
are free to the public.

MUSEUMS

MUSEUM OF MODERN ART

MUSEUM OF MODERN ART

11 West 53rd Street, New York City.
Daily 10-6, Wednesdays, 10-10 p.m., Sundays, 12-6. Fee 25c. The timely exhibition of anti-hoarding pictures, cartoons, paintings and posters done by school children of greater New York will be on until May 25.

The major Wartime Housing exhibition of photographs and plans will remain until the middle of July. Country wide defense housing projects, prefabricated demountable houses and every phase of speedy production and construction is there to be seen.

METROPOLITAN MUSEUM OF ART
Fifth Avenue at 82nd St., N. Y. C. Daily
10-5, Sundays, 1-6. Free. One of the most
unique fashion shows of the season opened
April 22 and will continue through June.
Modern clothes—almost thirty original creations designed by leading couturiers—are
displayed in the Great Hall. New fabrics
created by textile manufacturers for this
costume display may also be seen.
This exhibition is an exciting demonstration of the abundant sources of design
which the Museum's collections of textiles,
ceramics, paintings, metalwork and costumes have to offer to the American designer today.



Sushman COLONIAL Creations H. T. CUSHMAN MFG. COMPANY - Box 138, North Bennington, Vermont



A charming rope design embellishes the genuine mahogany frame on this Nurre easel mirror.

Don't let him crowd you from your dressing table get him a Nurre Easel Mirror of his own. You will like these convenient easel mirrors, too—they are made of polished plate glass with a variety of lovely frames, perfect for dressing table or chest. And they cost so little!

You can gratify that desire to own a fine mirror at a very modest cost. Ask to see genuine Nurre Mirrors at your dealers.





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Decorators Would Use Mirrors In Your Home." MAIL COUPON FOR YOUR COPY

The Nurre Companies, Inc. Dept. HGJ - Bloomington, Ind. Please Send me Free Book.

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A Convenience in Every Home

"I am installing this lift in my home for the convenience of our guests and convalescent members of the family—not because of present needs."

INCLIN-ATOR

can be used on any straight stairway without interfering with the customary use of stairs. Finished to harmonize with the woodwork.

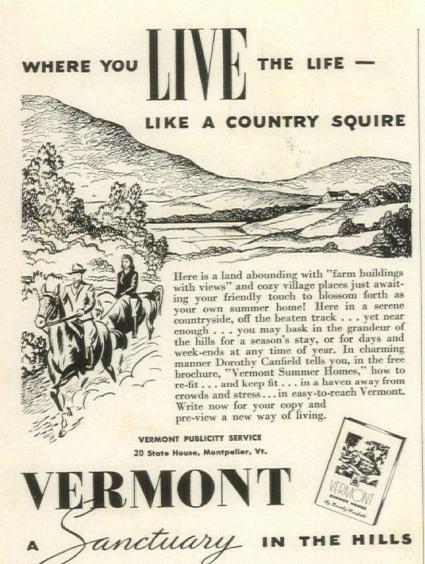
"Elevette"

Installed in stairwell, hall, closet, or corner of any room. No overhead machinery; with or without shaft enclosure. Cars any shape or size up enclosure. Cars any sha to wheelchair capacity,

Descriptive Booklet giving full information and ame of nearest representative n

INCLINATOR COMPANY OF AMERICA 307 So. Cameron St., Harrisburg, Penna., U.S.A.

Originators and Manufacturers of Simplified Passenger lifts for the Home





WRITE FOR THESE K



reviewed by House & Garden

Just write to the addresses given for any of these and other interesting booklets in the Special Section, page 30. Free unless otherwise specified.

HOMEFURNISHINGS

WALNUT AND GRACIOUS LIVING

is a brochure of distinguished rooms, many of them shown in full color, interpreted by a decorator. There is also a chart of the leading decorative periods, and full information about the beauty and quality of walnut. The American Walnut Mfrs. Assn., Dept. HG-6, 616 South Michigan Ave., Chicago, Illinois.

AUTHENTIC REPRODUCTIONS

A find for people with a taste for antiques, whose budgets run to reproductions. It picwhose budgets run to reproductions. It pre-tures more than two score pieces—clocks, chests and secretaries, chairs and tables of many sizes and periods—copied by permis-sion from old pieces in the Edison Institute Museum. Send 10c. Colonial Manufacturing Co., Dept. HG-6, Zeeland, Michigan.

DECORATING A COLONIAL HOME

Here's a valuable 32-page booklet that's chock full of advice to help you identify, select and take care of fine furniture. Especially selected examples of Cushman Colonial creations are illustrated. Send 10c to H. T. Cushman Mfg. Co., Box 138, North Bennington, Vermont.

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THE WALL-TEX PORTFOLIO

shows patterns, colors and textures for the decoration and protection of walls and ceilings. It is an extremely handy file for important decorating information. Write Columbus Coated Fabrics Corp., Dept. HG-42, Columbus, Ohio.

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Furniture of the 18th Century" 1s a 48page book, illustrating over 100 pieces of
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10 Milling Road, Holland, Michigan.

"COLOR CLUES TO HOME BEAUTY"

tells the story of color coordination. It illustrates how seven basic colors of rugs and carpets can harmonize with other home-furnishings. Included are several interesting color charts. Bigelow Weavers, Inc., Dept. 642 HG, 140 Madison Ave., New York City.

NEEDLETUFTED BEDSPREADS

"The Fine American Art of Needletufting" is a generously illustrated folder which describes how this historic handcraft has become a fashionable decorating medium. You'll find real craft photos, also illustrations of Needletufted Bedspread suitable for every type of bedspread decoration. Cabin Crafts, Dept. HG-6, Dalton, Ga.

"MODERN ORIGINALS

Customed for the Discriminating" describes a line of furniture of enchanting variety and flexibility. All the best qualities of modern design have been incorporated into graceful, adaptable tables, chairs, bureaus, and beds. The Widdicomb Furniture Co., Dept. HG-6, Grand Rapids, Mich.

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Authoritative suggestions as to backgrounds, grouping, lighting, and the selection of individual and two-purpose pieces make this booklet a helpful decorating guide to the use of American Colonial furniture in homes of today. The section on color is well considered and timely. Send 10c. W. F. Whitney Co., Inc., Dept. G-642, South Ashburnham, Massachusetts.

"YOUR OWN HOME-

And Drexel Furniture" is a helpful illustrated booklet advocating your selection of fine individual pieces not necessarily of the same period. On display are Drexel creations inspired by the 18th century styles of the Colonial South, Old New England and France. Send 10c to Drexel Furniture Co., Dept. SH, Drexel, North Carolina.

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LATEST IDEAS ON REDECORATING, a new 40-page booklet of model rooms in full color, includes many novel and inexpensive suggestions. It shows how old rugs, carpets and clothing may be remade into new, modern rugs suitable for every decorating scheme. Among the 61 patterns illustrated are early American, oriental, modern, texture and leaf designs, solid colors, homespun blends and ovals. Olson Rug Co., E-56, 2800 North Crawford Ave., Chicago, Illinois.

OLD COLONY FURNITURE

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wallpapers by Asam, are shown in their natural color and beauty. This sample book contains 15 patterns suitable for all kinds of rooms. Asam Brothers, Inc., Dept. HG-6, 917 Arch Street, Philadelphia, Pa.

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one of Canada's finest stores, offers a catalog illustrating exclusive patterns of English Bone China and English Semi-porcelain dinnerware. Also included is some valuable information on Canadian customs regulations for visitors from the United States. Henry Birks & Sons, Dept. HG-6, Montreal, Canada.

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is a fascinating brochure on the origins of this heirloom china of the past—and the future. It pictures many of the old patterns that are enjoying a revival today. Copeland & Thompson, 206 Fifth Ave., N. Y. C.

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You will be fascinated by this beautifully prepared picture-story of Maine—its charming old houses, cool woods, rustic bridges and snug harbors. There are letters from a few of the many people in public life who have found ideal vacation spots in Maine. Maine Development Commission, Dept. 674, State House, Augusta, Maine.

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An illustrated folder contains nineteen models of both electric and keywound clocks designed for all occasions by this famous manufacturer. Write to Seth Thomas Clocks, Dept. HG-6, Thomaston, Connecticut.

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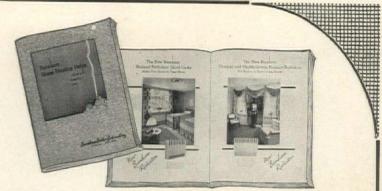
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SUCCESSFUL ENTERTAINING AT HOME.

a fascinating booklet for party-planners, contains a flock of new and interesting ways to make evenings at home thoroughly enjoyable. You'll find suggestions for games, decorations, accessories, etc., for just about every occasion. Home Game Equipment Co., Dept. HG-6, 360 North Michigan Blvd., Chicago, Illinois.

GIFT SUGGESTIONS

24 pages show a complete line of copperware and kitchen equipment—from casseroles and chafing dishes to plate warmers and outdoor grills. You'll find many culinary novelties which will make interesting gifts for yourself and your friends. Bazar Français, Dept. HG-6, 666 Sixth Ave., New York, N. Y.



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(Continued from page 76)

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The Warner Co. Warren, O.

J. B. Wells & Son Co. Utica, N. Y.

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"CIRCLE LEFT AND SASHIATE"

(Continued from page 58)

music in the following albums, although all of it is not of Highlands origin. But any gay, lilting square dance tune can be adapted to this purpose. These albums are at the Liberty Music Shops.

Decca has put out a Running Set Album (#A-274) of authentic Appalachian Mountain dances, including "Sourwood Mountain" (see page 39).

Play-Party Games are well represented in Decca's album of that name (#A-278), containing "Weevily Wheat".

"Mississippi Sawyer" is given in Decca's Album of Old Time Fiddlin' Pieces (#66), along with other typically American folk dance music.

That old favorite, "Billy Boy", is found in Decca's Square Dance Album (#229).

Victor has put out an Album of Square Dances (#C36) containing the "Blackberry Quadrille" and "Captain Jinks".

For directions how to do both the running set and play-party games, Circle Left! by Marion Holcomb Skean, Homeplace, Ary, Kentucky, is an invaluable aid. Words and music for various play-party games are given, as well as complete directions for dancing a running set, with the traditional calls.

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